COURSE REPORT

Nutrition and

Anemia

2018-2019

Course report of Nutrition and anemia

University: Zaga	azig	Faculty: Pharm	macy	Departr	nent: Bio	ochen	nistry
A- Basic Inform	nation:						
1. Title and code	: Nutrition a	nd anemia (D10	007)				
2. Programme(s)	on which th	is course is giv	en: Clinical	Pharmac	ey diplon	na	
3. Year/ Level of	programme	: seı	mester: 2				
4. Units/Credit h	ours:						<u> </u>
Lectures 1		Tutorial/Practic	al 2		Total 2	,	
5. Names of lect	urers contrib	outing to the del	livery of the	course			
	i. <i>Pi</i>	rof. Mohamed I	Elseweidy				
	ii Pr	of. Sousou I Al	i				
	iii. A	ss. Prof. Nahla	Younis				
Course co	o-ordinator:	Prof. Sousou I	Ali				
External	evaluator: Pi	rof. Mamdouh	Elsheshtawy	– Manso	oura Univ	versit	y
B- Statistical In	formation:						
No. of stude	ents attendin	g the course:		No.	204	%	100
No. of stude	ents complet	ing the course:		No.	203	%	99.51
Results:					203		99.31
Passed:	No. 203	% 99.51	Failed:	No.	1	%	0.49
Grading of	successful st	udents:					
Excellent:	No. 38		Very Good		107	%	52.45
Good:	No. 55	% 26.96	Pass:	No.	3	%	1.47
	120 - 100 - 80 - 91 - 191 - 60 - 7 - 40 -						
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C- Professional Information:

1 - Course teaching

Topics actually taught	No. of hours	Lecturer
Principles of healthy Nutrition	1	Prof. Mohamed
Components of energy expenditure	1	Elseweidy
Macronutrients (carbohydrates, lipids and proteins)	1	
Micronutrients: Vitamins	1	
Micronutrients: Minerals	1	Ass. Prof. Nahla Younis
 Iron physiology, storage and requirement 	1	
Blood, RBCS and hemoglobin	1	
Erythropioesis and its regulation	1	
Anemia and its different types	1	Prof. Sousou I Ali
 Iron deficiency anemia (definition, causes, symptoms and diagnosis). Dietary sources of iron 	1	
Hematochromatosis symptoms and management of iron overload	1	
Megaloblastic anemia causes and dietary management	1	

management of iron overload	1	
 Megaloblastic anemia causes and dietary management 	1	
Topics taught as a percentage of the con	tent specified:	
>90%	<70%	
Reasons in detail for not teaching any to	pic	
If any topics were taught which are not s	specified, give reasons in deta	ail
2- Teaching and learning methods:		
Lectures		
Practical training/ laboratory:		
Seminar/Workshop:	-	
Class activity: Report and presentation	on	
Case Study:		

Other assignments/homework:

The students (teams of 10 students) were asked to write and represent a report about specific types of anemia (Sickle cell anemia, thalasemia, sports anemia).

If teaching and learning methods were used other than those specified, list and give reasons: -----

3- Student assessment:

Assessment method	Marks	Percentage
Final written exam	60	60%
Activity report and Practical	20	20%
exam		
Oral exam	20	20%
TOTAL	100	100%

Members of examination committee:

- Written exams preparation: *Prof.* Mohamed Elseweidy *Prof.* Sousou I Ali *Ass. Prof.* Nahla Younis

- Oral exam: Prof. Mohamed Elseweidy *Prof.* Sousou I Ali

Ass. Prof. Nahla Younis Prof. Hoda E Mohamed

Prof. Sahar Elsweify *Prof.* Mervat Asker

Prof. Mamdouh Elsheshtawy (Mansoura University)

4- Facilities and teaching materials:

Totally adequate - Adequate to some extent

Inadequate

List any inadequacies

5- Administrative constraints

List any difficulties encountered

6- Student evaluation of the course:

List any criticisms	Response of course team
Repeated contents in 2 parts of the course	To be revised
Anemia types and management to be discussed in more details	It was planned by course team to be modified in 2019/2020
Erythropioesis part of little importance	Erythropioesis is important to be studied to understand the different
Sample question as an exam training	types of anemia and their origin To be considered in 2019/2020

7- Comments from external evaluator(s):

Comment	Response of course team
Well designed course	
Well-structured student activities	

8- Course enhancement:

Progress on actions identified in the previous year's action plan:

Action State whether or not completed and give

reasons for any non-completion

Updating Students Notes Completed

9- Action plan for academic year 2019 - 2020

Actions required	Completion date	Person responsible
Revise repeated parts and update course accordingly	2019-2020	Course team
Discuss more types of anemia and their etiology and management	2019-2020	Course team
Training questions during revision	2019-2020	Course team

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Course Coordinator: Prof. Sousou I Ali

Signature:

Date: / /

تم اعتماد تقرير المقرر بمجلس قسم الكيمياء الحيوية بتاريخ 2019/9/ 23