

أسئلة تمرير المسنين ترم أول فرقة رابعة



تمريض المسنين



Zagazig University
College: Faculty of Nursing
Fourth Year Exam.
Department: Gerontological Nursing Department
Date: 13 / 1 / 2016
First Semester 2015/ 2016

Final Theoretical Exam
Subject: Gerontological Nursing
Time: 3 hours
Total Score: 60 marks
Number of questions: 6
Number of papers: 3 (sided papers)

Answers all the following questions:

I- Choose the correct answer: (15 Marks/ 1 for each)

- 1- An 88-year-old woman is admitted to the hospital with a diagnosis of pneumonia. She has a history of hypertension and congestive heart failure and is on 5 medications. A priority nursing intervention for this client is to:
 - A. Perform a fall assessment
 - B. Keep all of the side rails up on the client's bed at nighttime
 - C. Place the client on bed rest so that she does not fall
 - D. Assess the client's dietary intake for calcium adequacy
- 2- Which of the following are correct about ageism?
 - A. The elders become independent and acceptable.
 - B. Ageism can increase the self-esteem of elders.
 - C. Lead to a variety of abusive behaviors about elders.
 - D. All of the above are correct.
- 3- A 66-year-old woman had fallen in the bathroom, your advices for promoting her musculoskeletal health, all the following are correct answers Except:
 - A. Increase Fluoride supplements
 - B. High phosphorous diet.
 - C. Vitamin D and Ca supplements are given.
 - D. Encourage a regular exercise program.
- 4- Age-related changes in which two organs most affect an older adult's reaction to medication?
 - A. Heart and lungs
 - B. Intestines and spleen
 - C. Liver and kidneys
 - D. Pancreas and gall bladder
- 5- Why are frail elderly people more likely to be abused?
 - A. They are not able to defend themselves
 - B. They are weak and independent
 - C. They are able to report the abuse
 - D. Both A and B

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- 6- Subfields of gerontology include the following except:**
 A. Geriatrics B. Pathophysiology C. Social Gerontology D. Geropharmacology
- 7- Which type of fracture has the highest morbidity and mortality in the older adult?**
 A. Ankle fracture B. Hip fracture C. Shoulder fracture D. Vertebral fracture
- 8- When you communicate with elderly Person with, allow the person to take your arm for guidance.**
 A. Deafness B. Impaired hearing C. Impaired vision D. Alzheimer disease
- 9-is helpful when gerontological nurse needs to obtain specific information from an elderly.**
 A. Informing B. Direct questioning C. Active listening D. Reporting
- 10- Sensory factors for fall include:**
 A. Glare intolerance
 B. Loss of vibratory sensation
 C. Deterioration of cartilage
 D. A, B
- 11- Causes of demographic transition include all the following except:-**
 A. Decrease in fertility rate.
 B. Advances in medical knowledge and technology.
 C. Medical practice directed toward curative care rather than preventive care.
 D. Decrease in mortality rate
- 12- Gait changes in older people include all the following except:**
 A. Decrease normal arm swing
 B. Hip and knee turning
 C. Shorter step distance
 D. Wide step width.
- 13- Which determinant of health that within control of individuals?**
 A. Social conditions.
 B. Economic conditions.
 C. Individual health behaviors.
 D. Environmental conditions.
- 14- Which of the following is considered financial abuse?**
 A. Billing the person for medications or care that they did not receive
 B. Not allowing the person to use their own money or property
 C. Both A and B
 D. None of the above
- 15- What is "ABC" of attitudes refers to:**
 A. Feeling, actions and thoughts.
 B. Feeling, actions and reactions.
 C. Awareness, beliefs and culture.
 D. Both A and B

II- Read the following sentences and put (T) OR (F) (10 Marks/ 1 for each)

1	Falls are not an inevitable part of getting older.	
2	A professional gerontological nurse does not promote or sanction any form of discrimination.	
3	The aging process is a highly individualized process and result from interaction between genetic and inherited factors.	
4	Serious vision impairments such as cataracts, glaucoma, and blindness affect between 20% and 35% of older adults.	
5	Elderly needs can include economic security needs, maintaining dependence and intellectual needs.	
6	Behavioral Component of attitude Refers to the belief we have about an object, person, group, event or issue.	
7	Informal care giving is generally understood to mean unpaid care.	
8	Elderly should get a booster dose of D&T every 5 years.	
9	Gerontological nurse must reduce or eliminate back ground noise as much as possible when she communicates with deaf elderly person.	
10	Most home fire and at least one-third of all falls in the elderly involves environmental hazards at home.	

III- Matching: (8 Marks/ 1 for each)

Answer	Sentences	Term
1	Should be done annually.	A. Cessation of smoking
2	Leaving an older person alone for extended periods of time.	B. Cholesterol level
3	Is one of the major factors controlling aging process.	C. financial abuse
4	Improves cerebral blood flow& ↑ pulmonary function.	D. Fecal occult blood.
5	Done at least once every 1-2 years.	E. Emotional Neglect
6	Decreases risk of falling.	F. Exercises
7	Family member forces an elderly person to change their will.	G. Eating habit
8	Is influenced by expected life span, economic conditions, social expectations, media, and arts	H. glaucoma screening
		I. Attitude toward elderly
		J. Elder abuse

IV- Write the Scientific Term: (3 Marks/ 0.5 for each)

	Statements	Scientific Term
1	Allows the sender to remain in control situation and the receiver remains passive.	
2	Serve the person who has some limitations that interfere with totally independent life 24 hours per day.	
3	Is a continuous, complex, and dynamic process that begins with birth and ends with death.	
4	Is the practice and philosophy of the integral aspects of mental, emotional and overall wellbeing.	
5	Was developed to guide the gerontological nurse to be mindful of, to understand, and to adhere to the highest ethical principles.	
6	Nonconsensual intimate contact or any similar activity with an elderly.	

V- List the following: (6 Marks/ 0.5 for each point)

1- In Nonverbal communication people use their: (0.5 for each)

- 1-
- 2-
- 3-
- 4-

2- The majority of fatal fires occur while the residents are (0.5 Mark)

3- Factors serve as barriers to report elder abuse include: (0.25 for each)

- 1-
- 2-
- 3-
- 4-

4- The formation of attitudes is broadly classified into: (0.5 for each)

- 1-
- 2-

5- Facilitating maximum independence of an elderly person include: (0.5 for each)

- 1-
- 2-
- 3-

VI – Situation: (18 Marks)

A neighbored family composed of husband and wife live in your village. The husband is an 81 year-old man and was diagnosed as Alzheimer disease 3 years ago. Also he complains from bed sores and loss of weight. Unfortunately yesterday, he fell in the bathroom. The wife is a 62 year-old female and complains from being sad and exhausted.

1- From the complaints of husband, what is the problem facing him? (2.5 Marks)

2- What are the risk factors of his problem? (4 Marks)

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3- From the complaints of the wife, what is the problem facing her? (2.5 Marks)

4- As a gerontological nurse, how to prevent this problem? (3 Marks)

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5- As a gerontological nurse, how to communicate with the husband?

(3 Marks)

Dotted lines for writing.

6- Measures to prevent falls at the bathroom?

(3 Marks)

Dotted lines for writing.

Handwritten signature in Arabic: *د. نوال*

Best Wishes.

Prof. Dr. Eman Shokry Abd Allah

Handwritten signature in Arabic: *عبد الله*