

أسئلة تمريض صحة مجتمع ترم أول فرقة رابعة

تمريض صحة مجتمع ١٤٥



Zagazig University/ College / Faculty of Nursing Band / fourth year Department / community health nursing Date / 2 / 1/ 2016 First Semester	theoretical exam Subject / Community health nursing Time / 3 Hours Total Score / 120 Number of questions / 8 Questions Number of questions paper: Double-sided paper
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Answer all of the following questions:

I- Choose THE BEST ANSWERS (20 Marks)

1. Person, who is unconscious, not breathing, has a weak pulse, needs....

- A-CPR
- B- Heimlich maneuver.
- C- Rescue breathing.
- D- Back blows and chest thrusts.

2-Which of these factors can cause hepatitis?

- A-Viruses
- B- Drugs and alcohol
- C- Malfunctioning immune system
- D- All of the above

3-Vaccines have been developed to protect against which hepatitis viruses?

- A-A
- B-B
- C- D
- D- A and B

4. How often should a female who is above 40 years old, go for cancer detection examination?

- A- Daily
- B- Weekly
- C- Monthly
- D- Yearly

5. A patient with hepatitis B is being discharged in 2 days. In the discharge teaching plan the nurse should include instructions to:

- A- Avoid alcohol for the first 3 weeks
- B- use condoms during sexual intercourse
- C- Have family members get an injection of immunoglobulin
- D- Follow low protein, moderate fat diet"

6. for maintenance of family continuity over the generations, this function of the family is

- A- Psychological function
- B- Social and culture function
- C- Educational function
- D- Biological function

7. For prevention of hepatitis A, you decided to conduct health education. Which of the following is wrong?

- A- Use a sterile syringe and needles
- B- Safe food preparation
- C- Proper disposable excreta
- D- Immediate reporting of water pollution

8. An exercise program is prescribed for the client with hypertension. Which intervention would be proper for maintaining an exercise program?

- A- Giving the client a written exercise program.
- B- Explaining the exercise program to the client's spouse.
- C- Reassuring the client that he or she can do the exercise program.
- D- Tailoring a program to the client's needs and ability

9. The distribution of nurses in "most needed" time of a nursing shortage is an example of:

- A- Utilitarianism theory
- B- Deontological theory

- C- Justice
- D- Beneficence

10. School health services include the following Except:

- A- Health appraisal
- B-Prevention and control of communicable diseases
- C- Socioeconomic assessment
- D-care of handicapped children

11. Measures for prevention of communicable diseases include the following Except:

- A- Healthful environment
- B- Early detection of anemia
- C- Immunization
- D-Daily observation

12. The nurse is working with parents of a seriously ill newborn. Surgery has been proposed for the infant, but the chances of success are unclear. What is the first step the nurse should be done:

- A- Exploring reasonable courses of action
- B-Collecting all available information about the situation
- C-Clarifying values related to the cause of the dilemma
- D-Identifying people who can solve the difficulty

13. The average number of students in the healthful classroom should be:

- A- From 35 to 45 students
- B- From 35 to 50 students
- C- From 35 to 40 students
- D- From 30 to 50 students

14. The most important factor in providing nursing care to clients in a specific ethnic group is

- A-Communication
- B-Time orientation
- C- Biological variation
- D- Environmental control

15. What is the best referral of injured client during the working hours

- A- Paramedical technologist
- B- Physical therapist
- C- Occupational therapist
- D- Psychotherapist

16. The primary risk factor for type 2 diabetes is

- A- Being a member of a high risk population
- B- Viral infection
- C- Obesity
- D- Family history

17. To prevent the spread of hepatitis A virus (HAV) infection the nurse is especially careful when

- A- Disposing of food trays
- B- Emptying bed pans
- C- Taking an oral temperature
- D- Changing IV

18. What is the first step to develop a plan for quitting smoking?

- A- Review the negative effects of smoking on the body.
- B- Discuss the effects of passive smoking on environmental pollution.
- C- Establish the client's daily smoking pattern
- D- Explain how smoking worsens high blood pressure

19. The term beneficence means:

- A- Do no harm
- B- Fairness
- C- Doing good
- D- Personal liberty

20. A purpose of primary care is to:

- A- Provide long-term care
- B- Provide rehabilitative care
- C- Prevent diseases

D- Provide specialized services

II-CIRCLE (T) IF THE Statement is true and (F) if the statement is false (10 Mark)

- 21-Mothers put their newborns to sleep on their abdomen to reduce Sudden infant death syndrome. (T) (F)
- 22-Socio- economic standard relates to causes of certain diseases (T) (F)
- 23- Physical education is considered one of the main components of the traditional model of a school health program (T) (F)
- 24- The psychosocial environment is grounded in the behaviors of all who live and learn in school (T) (F)
- 25-Performing comprehensive and systematic health assessment is an important function of school nurse as a direct care provider (T) (F)
- 26-MMR is preferable for pregnant woman (T) (F)
- 27- Depo-Provera is an effective method of contraception which is progestin administered by injection (T) (F)
- 28- Condoms are highly protection against STDs that are transmitted mainly Through genital secretions (T) (F)
- 29-Another name for male sterilization is a prostatectomy (T) (F)
- 30-Providing anticipatory guidance is an important function of school nurse as a counselor (T) (F)

III- Match each statement in the first column with the appropriate ones in the second column (10 Marks)

1-Assessment	A- Children become adult and leave home
2-Collaborator	B-Chronic condition affects body movements
3-Health appraisal	C -Working with other health providers
4-Launching family	D-Periodical medical examination

5-Counseling	E-Listening to the clients and encourage them to explore problems
6-Cerebral Palsy	F-Monitoring health status in order to identify health problems
7-Lymphoma	G- Malignant tumors derived from connective tissues
8-Physical hazards include	H- Understand of the relationship between work and health
9-Sarcoma	I-Hematopoietic
10-Epidemiological triad used to	J- Asphyxiation and ionizing radiation

V-Complete the following statement: (20 Marks)

1- Components of health promotion in different occupational settings are:

A- B- C- D-

2- Common health problems in rural area are:

A- B- C- D-

3. Objectives of family health care nursing are:

A- B- C- D-

4. Characteristics of primary health care are:

A- B- C- D-

5. Pharmacological management of hypertension are:

A- B- C- D-

6. Family assessments may provide massive amounts of data when analyzing these data, the nurse might determine:

A- B- C- D-

7. Role of community health nurse in cancer prevention includes:

A- B- C- D-

8. Modifiable risk factors of Hypertension are:

A- B- C- D-

9. Characteristics of unhealthy family are:

A- B- C- D-

10. Prevention and control of communicable diseases in school include:

A- B- C- D-

VI -Explain the following questions (15Marks)

- A. Main components of community assessment
- B. Common health problems in rural communities
- C. School health programs

V. Apply the three levels of prevention on solid waste as environmental health problem: (15 Marks)

VI Compare between the following (15 Marks)

- 1-Hepatitis B and C
- 2- Typel and Type 2 Diabetes
- 3- Mild and sever of mental retardation

VII Situation (15 Marks)

Mr. Mohamed is a 45-year-old, has no previous history of hypertension. At a screening clinic, his blood pressure was found to be 120/180 mm Hg.

Father died from stroke at age 60

Mother is alive but has hypertension

Smokes on pack of cigarette daily

Believe that blood pressure medications will interferes with his life

- 1- What evidence of target organ damaged?
- 2- What areas would you focus on in teaching this patient about his illness?

(Total 120 Marks)

Wishing good luck and success

Prof. Dr. /Amany sorour

