

امتحان تمرير صفة مجتمف ءرم ءانى رابفة



2016



Zagazig University/ College / faculty of nursing Band / fourth year Department / community health nursing Date / 14 / 5/ 2016 Second Semester	Theoretical exam Subject / community health nursing Time / 3 Hours Total Score / 120 Number of questions / 7 Questions Number of questions paper: 7
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Answer all of the following questions:

I. Choose THE BEST ANSWERS (25 Marks)

1. Which of the following statement is true regarding vaccination:
 - A. Vaccination is a method of active immunization
 - B. Vaccination is a method of passive immunization
 - C. Vaccination is a method of artificial passive immunization
 - D. Vaccination is a method of natural passive immunization
2. An appropriate teaching measure for the patient with diabetes mellitus related to care of the feet is to:
 - A. Use heat to increase blood supply
 - B. Avoid softening lotions and creams
 - C. Inspect all surfaces of the feet daily
 - D. Use iodine to disinfect cuts and abrasions
3. Child shouldn't get vaccine if:
 - A. He is taking antibiotics
 - B. He has a simple cold
 - C. He has a severe allergy after previous dose of vaccine
 - D. He has a diarrhea
4. A parent asks the nurse to tell her what cerebral palsy is. The best response of the nurse would be that it is a:
 - A. Motor disability caused by a non-progressive disturbance in brain development
 - B. Disorder of the brain that results in mental retardation
 - C. Complication of the birth process that causes brain damage
 - D. Brain disorder that involves seizures

5. For maintenance of family continuity over the generations, this function of the family is

- A. Psychological function
- B. Social and culture function
- C. Educational function
- D. Biological function

6. An exercise program is prescribed for the client with hypertension. Which intervention

Would be proper for maintaining an exercise program?

- A. Giving the client a written exercise program.
- B. Explaining the exercise program to the client's spouse.
- C. Reassuring the client that he or she can do the exercise program.
- D. Tailoring a program to the client's needs and ability

7. Long-term complications of diabetes include:

- A. Increased risk for high blood pressure and atherosclerosis
- B. Increased risk for kidney failure
- C. Impaired sensation in the hands and feet
- D. All the complications listed are correct

8. A 67-years-old client goes to live with her daughter, son-in law, and two grandchildren after the death of her husband. Currently the family has changed from

- A. Nuclear family to an extended family
- B. Extended to communal family
- C. Blended family to a nuclear
- D. Nuclear Dyad to extended

9. Which of the following is a characteristic of primary health care?

- A. Collaboration occurs among members of the health care team.
- B. The focus is on individual and families.
- C. Empowerment is a provider-assisted process.
- D. Community participation is client-directed

10. The distribution of nurses in "most needed" time of a nursing shortage is an example of:

- A. Utilitarianism theory
- B. Deontological theory
- C. Justice
- D. Beneficence

11. School health services include the following Except:

- A. Health appraisal
- B. Prevention and control of communicable diseases
- C. Socioeconomic assessment
- D. Care of handicapped children

12. What is the best referral of injured client during the working hours:

- A. Paramedical technologist
- B. Physical therapist
- C. Occupational therapist
- D. Psychotherapist

13. The primary risk factor for type 2 diabetes is:

- A. Being a member of a high risk population
- B. Viral infection
- C. Obesity
- D. Family history

14. The term beneficence means:

- A. Do no harm
- B. Fairness
- C. Doing good
- D. Personal liberty

15. Family includes grandparents, aunts, uncles and cousins, this family is considered

- A. Skip generation family
- B. Nuclear family
- C. Extended family
- D. Single parents family

16. The nurse is working with parents of a seriously ill newborn. Surgery has been proposed for the infant, but the chances of success are unclear. What is the first step the nurse should do:

- A. Exploring reasonable courses of action
- B. Collecting all available information about the situation
- C. Clarifying values related to the cause of the dilemma
- D. Identifying people who can solve the difficulty

17. The nurse is obligated to follow a physician's order unless:

- A. The order is a verbal order
- B. The physicians order is illegible
- C. The order has not been transcribed
- D. The order is an error, violates hospital policy, or would be detrimental to the client

18. The most important factor in providing nursing care to clients in a specific ethnic group is:

- A. Communication
- B. Time orientation
- C. Biological variation
- D. Environmental control

19. If the mother miss one or more of her child's sets of shots of vaccine , she will need to:

- A. Start all over
- B. Get an extra set as booster to make up for the ones she missed
- C. Get the missed shot as the next visit
- D. None of the above

20. Which of the following is assumed to nurse for the responsibilities of case manager?

- A. Managing an acute hospital stay
- B. Delegating activities to other nurses
- C. Evaluating performance of ancillary workers
- D. Identifying areas of client concern or problems

21. For prevention of hepatitis (A), you decided to conduct health education. Which of the following is not applicable?

- A. Use a sterile syringe and needle
- B. Safe food preparation
- C. Proper disposable excreta
- D. Immediate reporting of water pollution

22. All of the following are crucial needs of the dying client except:

- A. Control of pain
- B. Preservation of dignity and self-worth
- C. Love and belonging
- D. Freedom from decision making

23. Which of these factors can cause hepatitis?

- A. Viruses
- B. Drugs and alcohol
- C. Malfunctioning immune system
- D. All of the above

24. To prevent the spread of hepatitis A virus (HAV) infection the nurse is especially careful when:

- A. Disposing of food trays
- B. Emptying bed pans
- C. Taking an oral temperature
- D. Changing IV

25. Measures for prevention of communicable diseases include the following **Except**:

- A. Healthful environment
- B. Early detection of anemia
- C. Immunization
- D. Daily observation

II. Match each statement in the first column with the appropriate ones in the second column (10 Marks)

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| 1. Assessment | A- Children become adult and leave home. |
| 2. Collaborator | B- Listening to the clients and encourage them to explore problems |
| 3. Health appraisal | C- Working with other health providers. |
| 4. Launching family | D- Periodical medical examination. |
| 5. Counseling | E. Grandparents are raising their grandchildren. |
| 6. Skip generation | F. Monitoring and investigation of health issues. |
| 7. Curative services | G. Health services for management of diseases. |
| 8. Epidemiological model | H. Manpower of health team |
| 9. Diabetic neuropathy | I- Understanding the relationship between work and health |
| 10. Resource primary health care | j- Nerve Damage |

III. Explain the following questions (15 Marks)

- a) Factors that affect the health of any community
- b) Main components of community assessment
- c) Steps of ethical decision making

IV. Compare between sever and profound mental retardation (5 Marks)

V. Apply the three levels of prevention for the following problems:

- a) Cerebral palsy (30 Marks)
- b) Industrial work place hazards
- c) Diabetes mellitus

VI. Situation

(35 Marks)

Rubella (German measles) outbreak was reported last January at **primary school** in disadvantaged & densely populated village in Sharkia governorate.

Based on your study answer the following questions:

1. Define the problem in this situation.
2. Why it is important to pay attention for this problem? (list 4)
3. List four (4) factors in the school that could increase the spread of infection?
4. Mention Three (3) community sectors that must cooperate to solve this problem?
5. According to routine immunization programs, **at which ages** German measles vaccine should be given?
6. What is the most appropriate community assessment method to use? **Why?**
7. Select the most appropriate community health nurse roles to confront this problem in school?

Wishing good luck and success

Dr. /Amany sorour

