

Curriculum Vitae

✍ PERSONAL DATA

- **Name :** Reda Abdel Rahman Ahmed
- **Nationality:** Egyptian.
- **Religion :** Muslim
- **Date of birth :** 31/3/1990
- **Marital Status:** Married.
- **Address:** Hehia - Sharkia Governorate - Egypt.
- **MOBIL :** 01141660259
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* **Occupation:**

- ✍ Demonstrator at Gerontological Nursing, Faculty of Nursing, Zagazig University from 8/11/2011.
- ✍ Assistant lecturer at Gerontological Nursing, Faculty of Nursing, Zagazig University from 4/6/2017.

- * **Languages:** **Arabic:** Mother language
English: Good written & spoken

✍ PRACTICAL & SCIENTIFIC EXPERIENCES

- ✍ **Training year,** Completed the internship year, under supervision of the faculty of nursing, Zagazig University from 1/9/2010 to 31/8/2011.

✍ COMPUTER SKILLS

- ✍ **Computer course** (Windows- Microsoft- office, Internet-latex, SPSS win) 9/02/2013 to 27/3/2013 from Zagazig University-Faculty of Science Department of Mathematics.
- ✍ **Course** in (Windows 7, internet, word 2010, PowerPoint 2010, excel 2010, outlook 2010) from Ministry of Communication and Information Technology.

FACULTY AND LEADERSHIP DEVELOPMENT CENTRE
TRAINING COURSES (F.L.D.C., ZAGAZIG UNIVERSITY)

1. **" International publication of Scientific Research"** in the period from 22 \ 1 \ 2013 to 23 \ 1 \ 2013 in (F.L.D.C.)
2. **" Examination and evaluation systems of the students"** in the period from 29\ 1 \ 2013 to 30 \ 1 \ 2013 in (F.L.D.C.)
3. **"The behavior of the profession"** in the period from 5 \ 2 \ 2013 to 6 \ 2 \ 2013 in (F.L.D.C.)
4. **" Time and meetings management "** in the period from 7 \ 4\ 2013 to 8 \ 4 \ 2013 in (F.L.D.C.)
5. **" Credit hours "** in the period from 28 \ 4 \ 2013 to 29 \ 4 \ 2013 in (F.L.D.C.)

TRAINING COURSES

- ✎ Attendance of a Course entitled " Control your life" Tamkeen for Development and Training and the National Center for Human Development, 28-30/10/2013.
- ✎ Completion of a 60-hour TOEFL Review Course from 2/2/2016 to 16/2/2016 and passed an a cademic test issued in 18/2/2016 with a general score 570 from Zagazig University, Community Service and Environment Development Sector, English for Specific Purposes Center.
- ✎ Attendance of Training Course entitled" Education Programs and Courses Specifications and Evaluation of Learning Outcomes for H.E. Institutes" from the National Authority for Quality Assurance and Accreditation of Education during the period of 2/8-4/8/2016.

ACTIVITIES

- ✎ Participate in the preparation and organization of the ceremony titled "Celebrating the first annual Day of Barr for the elderly," the Social club for the elderly in Zagazig on 11/25/2013.
- ✎ Participate in the preparation and organization of the "Convey of nursing care for the elderly in the village of Shaybah" Hall of guest, Association of Baraka, Village of Shaybah, Zagazig, 30/03/2014.
- ✎ Participate in the preparation and organization of the " A convoy of health education for the elderly in the village of Shaybah " young's Center, Village of Shaybah, Zagazig, 19/4/2015

✎ CONFERENCES

- ✎ Attendance and Participation in the 10th Annual Conference of Hepatology & Gastroenterology in Collaboration with the Egyptian Society of Hepatology, Gastroenterology & Infectious Diseases in Sharkia, 2-7/12/2013.
- ✎ Attendance of 18th Pan Arab conference on diabetes, 25-27 March 2014, Cairo, Egypt.
- ✎ Attendance and Participation in the 6th International Scientific Nursing Conference of Faculty of Nursing, Helwan University (Advance in Professional Nursing Education & Practice) 6-7 April 2014.
- ✎ Attendance and Organization of the 8th Annual Scientific Conference of Faculty of Nursing Zagazig University (Nursing Challenges in Qualification and Professionalism) 10 November 2014.
- ✎ Attendance and Organization of the 9th Annual Scientific Conference of the Faculty of Nursing ,Zagazig University, March, 7th 2016 "Evidence Based Nursing "
- ✎ Attendance and Participation in the 2nd Annual Conference of general surgery department, zagazig university In Collaboration With ESS " Patient Safety in Surgery" Scientific Center, Surgery Hospital, Zagazig University, 9-10/3/2016.
- ✎ Attendance of 20th Pan Arab Conference on diabetes, 22-25 March 2016, Cairo, Egypt.
- ✎ Attendance and Participation in the First Annual Scientific Conference of infectious disease of tropical medicine department " Together to Fight Infection" Faculty of Medicine , zagazig University , July , 14th 2016.
- ✎ Attendance of the 10th Annual Scientific Conference of the Faculty of Nursing ,Zagazig University, April, 4th 2017 "Innovation In Nursing Education And Practice"
- ✎ Attendance and Active Participation in the Scientific meeting of medical oncology department " Updates In Colorectal Cancer" Faculty of Medicine , zagazig University, April, 6th 2017.
- ✎ Attendance and Participation in the Second Annual Conference of tropical medicine department " Gut, Liver And Infection: What Is Beyond The Scope...?" Faculty of Medicine, zagazig University, 19th -20th July, 2017.

- ✎ Organization of the first annual Scientific Conference of Gerontological Nursing Department " Toward Healthy Ageing" Faculty of nursing, Zagazig University, 17th October 2017.
- ✎ Attendance of the first annual Scientific Conference of Gerontological Nursing Department " Toward Healthy Ageing" Faculty of nursing, Zagazig University, 17th October 2017.
- ✎ Participation in the first annual Scientific Conference of Gerontological Nursing Department " Toward Healthy Ageing" Faculty of nursing, Zagazig University, 17th October 2017 with (Stress Appraisal And Perceived Coping Strategies Among Zagazig University Retired Employees).
- ✎ Attendance of 19th Annual Conference of Faculty of Medicine Zagazig University (Current Situation & Future Challenges in Education Research & Health Care) 25th-26th October 2017.
- ✎ Active participation and organizing the second annual Scientific Conference of Gerontological Nursing Department " Healthcare Challenges For The Elderly" Faculty of nursing, Zagazig University, 23rd October 2018.
- ✎ Attendance of the 1st Annual Scientific Conference of psychiatric and mental health nursing department of Faculty of Nursing, zagazig University "Youth and Mental Health: Challenges and Expectation" 25th February 2019.
- ✎ Attendance and organizing the first international (3rd) annual Scientific Conference of Gerontological nursing department, Faculty of Nursing, Zagazig University "Promoting Elderly Health And Independence" 22nd October 2019.
- ✎ Attendance of the 3rd international (14th annual conference) Faculty of Nursing, Zagazig University "Covid-19 as a Global Challenge for Sustainable Development: Nursing Vision" 25-26th May 2021.

✎ **WORKSHOPS**

- ✎ Preparation and Organization of " Exam paper specifications" Workshop, Faculty of Nursing, Zagazig University, 17/11/2013.
- ✎ Preparation and Organization of "Employing Educational Technology in Teaching" Workshop, Faculty of Nursing, Zagazig University, 15/12/2013.

- ✕ Preparation and Organization of " Strategic Planning" Workshop, Faculty of Nursing, Zagazig University, 25/2/2014.
- ✕ Preparation and Organization of "Self-study" Workshop, Faculty of Nursing, Zagazig University, 2/3/2014.
- ✕ Participation in " Leadership Skills and Team Building" Workshop, Faculty of Nursing, Zagazig University, 15/2/2015.
- ✕ Preparation and Organization of "Evidence Based Practices" Workshop, Faculty of Nursing, Zagazig University, 19/2/2015.
- ✕ Attendance of " Painful Neuropathy and Diabetic Foot" Workshop, Center for Diabetes Education In Collaboration With The Glasgow Caledonian University, Le Meridian Hotel Airport, Cairo, Egypt, 24/3/2015.
- ✕ Preparation and Organization of " Electronic Marking" Workshop, Faculty of Nursing, Zagazig University, 2/8/2015.
- ✕ Organization and Participation in " Student Evaluation" Workshop, Faculty of Nursing, Zagazig University, 9/11/2015.
- ✕ Organization and Participation in " Crises and Disaster Management" Workshop, Faculty of Nursing, Zagazig University, 30/3/2016.
- ✕ Organization and Participation in " Quality Terminology" Workshop, Faculty of Nursing, Zagazig University, 25/10/2016.
- ✕ Organization and Participation in " Self-Evaluation of Quality Standard" Workshop, Faculty of Nursing, Zagazig University, 25/10/2016.
- ✕ Organization and Participation in " End-Note Reference Manager" Workshop, Faculty of Nursing, Zagazig University, 19/11/2017.
- ✕ Organization and Participation in " **Funding Opportunities & Proposal Writing**" Workshop, Faculty of Nursing, Zagazig University, 28/11/2017.
- ✕ Organization and Participation in "**International Scientific Publication**" Workshop, Faculty of Nursing, Zagazig University, 25/3/2018.
- ✕ Organization and Participation in "**Writing Faculty Self Study**" Workshop, Faculty of Nursing, Zagazig University, 10/4/2019.
- ✕ Organization and Participation in "**Writing Faculty Self Study**" Workshop, Faculty of Nursing, Zagazig University, 27/10/2021.
- ✕ Active participation in "**How to deal with Microsoft Teams Program**" Workshop, Faculty of Nursing, Zagazig University, 2/11/2021.

✎ PUBLISHED PAPERS

- ✎ Eman Shokry Abd-Allah, **Reda Abdelrahman Ahmed**, Fatma Mohammed Ahmed. Stress Appraisal and Perceived Coping Strategies among Zagazig University Retired Employees. *IOSR Journal of Nursing and Health Science (IOSR-JNHS)*; 6(5)2017: 27–35.

- ✎ Eman Shokry Abd-Allah, **Reda Abdelrahman Ahmed**, Amany Rashad Abo El-Seoud, Hanaa Hamdy Ali El Zany. Daily living activities disability among elderly patients with Lumbar Herniated Disc. *Annals of the Romanian Society for Cell Biology*; 25(6) 2021: 18842–18849. Retrieved from <https://annalsofrscb.ro/index.php/journal/article/view/9461>