

Course Specifications

Pediatric Nursing

Master Program

1- Basic information

Title: Child Psychology

Code: 430

Level: 3rd Semester

Theoretical : 30

Practical :-----

Program(s) on which the course is given

: Pediatric Nursing

Major or minor element of program

: Major

Department offering the program

: Pediatric Nursing

Department offering the course

: Pediatric Nursing

Date of specification approval

: 16/2/2016

Academic year

: 2019/2020

2- Overall aim of Course: The aim of this course is to equip the student of child psychology that can provide insight into both the nature of childhood generally as well as the distinctive characteristics of individual children. The focus is on social, emotional, cognitive, moral and spiritual development during the early periods of life from infancy and childhood through adolescence.

3- Intended Learning Outcomes of Course (ILOs)

a- Knowledge and Understanding :

By the completion of this course the student should be able to

A1- Define developmental psychology.

A2-State the importance and function of developmental theories.

A3-Describe the major theories of child's development, learning and behavior

A4-Describe attachment theory.

A.5. Define self-concept and identify its component

A6-Explain the consequences of negative body image.

A.7. Recognize the common developmental and behavioral problems as well as anxiety disorders in children.

A8-Identify the characteristics of attention defect hyperactivity disorder.

A9-Recognize the most common types of eating disorders in children.

A10-Identify the characteristics of autism.

b- Intellectual Skills

By the completion of this course the student should be able to

B1- Critically analyze psychosexual, cognitive, psychosocial, moral and spiritual theories.

B.2. Differentiate between the developmental tasks of infancy, early, middle and later childhood with particular emphasis on the cognitive and psychosocial aspects of development.

- B.3. Locate the strength and limitation of each developmental theory.
 B4- Critically assess the concepts derived from developmental, learning and behavioral theories in identifying health deviation problems in children.
 B.5. Distinguish the signs and symptoms of different eating disorders.
 B6- Illustrate the impact of sociocultural norms on the development of eating disorders.
 B.7. Compare between different projective techniques.

c- Professional and practical skills

Not applicable

d- General and transferable skills

By the completion of the course the student should be able to

- D-1 Adopt self-learning and continuous self-evaluation
 D.2 Utilize interpersonal skills to communicate effectively.
 D.3 Motivate self-learning and continuous self-evaluation
 D.4 Demonstrate leadership ability in conducting and managing the scientific seminars.
 D.5 Use computer skills to implement course requirements

e- Attitude

By the completion of this course the student should be able to

Not applicable

4- Course Contents:

| Week | Topic | No. of hours | |
|------|---|--------------|-----------|
| | | Lecture | practical |
| 1 | Unit (1): Developmental theories 1. Introduction and perspectives of child psychology 2. Importance of developmental theories 3. Psychosexual developmental theory(Freud theory) 4. Psychosocial developmental theory (Erickson theory) 5. cognitive developmental theory(Piaget) 6. Moral developmental theory(Kohlberg) 7. Spiritual developmental theory(Fowler) 8. Attachment theory. | 10 | |

| | | | |
|---|---|---|--|
| 2 | Unit (2) Social-learning theory (Sears) | 2 | |
| 3 | Unit (3): Behavioral theories 1. Separation individuation | 2 | |
| 4 | Unit (4): Self concept | 2 | |
| 5 | Unit (5): personality assessment 1. Projective techniques | 2 | |
| 6 | Unit (6): Behavior disorders 1. Eating disorder. 2. Elimination disorder. Attention defect hyperactivity disorder | 6 | |
| 7 | Unit (7):Developmental and learning disorders 1. Autism 2. Different types of learning disorders | 4 | |
| 8 | Unit (8):Anxiety disorders Separation anxiety disorder. | 2 | |

Teaching and learning methods:

- **5.1** Group discussion
- **5.2** Interactive lectures
- **5.3** Self- learning
- **5.4** Electronic –learning

- Student Assessment :

A- Assessment Method

- Written examination.
- Oral examination.

B- Time Schedule

At the end of the course

C- Grading system

| | score | % |
|---------------|-------|----|
| Final written | 60 | 60 |
| Oral exam | 40 | 40 |

7- List of References

A - Course Note: Not applicable

B - Required Books (Text Books)

- Boyd MA.(2012): Psychiatric Nursing Contemporary Practice, 5th Ed. Wolter kluwer, Lippincott Williams and Wilkins Co., London.
- Hillard R.& Zitek B. (2004): Emergency psychiatry. The McGraw-Hill Co., USA.
- Hokenberry MJ & Wilson D (2003): Wong's Nursing Care of Infants and Children, 7th ed. Mosby Elsevier Co., Baltimore.
- Hokenberry MJ & Wilson D (2001): Wong's Essentials of Pediatric Nursing, 8th ed., Mosby Elsevier Co., Baltimore.

C - Recommended Books

- Sigelman CK and Rider EA (2012): Life-Span Human Development, 7th ed. Cengage Learning Co., USA.
- Zastrow C, Kay K and Ashman K (2010): Understanding Human Behavior and the Social Environment. Cengage Learning Co., USA.
- Kail RV and Cavanaugh JC (2010): Human Development: A Life-Span View. Cengage Learning Co., USA.
- Shaffer DR (2009): Social and Personality Development. Cengage Learning Co., USA.
- Shaffer DR and Kipp K (2007): Developmental Psychology: Childhood and Adolescence. Cengage Learning Co., USA.

D - Periodicals, Web Sites, ...etc

1. emedicine - medscape pediatrics: -
http://emedicine.medscape.com/pediatrics_general
2. Nursing Children and Young People: -
<http://nursingchildrenandyoungpeople.rcnpublishing.co.uk/>
3. Society of Pediatric Nurses: - <http://www.pedsnurses.org/>
4. American Academy of Pediatrics www.aap.org
5. Children First for Health www.childrenfirst.nhs.uk/

8- Facilities required for teaching and learning

Course Coordinator: Prof. Dr. Amal Mohammed EL-Da khakhny

Head of Department: Prof. Dr. Amal Mohammed EL-Da khakhny

Date: / /

University: Zagazig University

Faculty/Institute: Faculty of Nursing

Department: Pediatric Nursing Department

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|-------------|------------------|
| Course name | Child psychology |
| Course code | 430 |

| Content of Course | Knowledge | Intellectual Skills | Professional skills | General skills | Attitude |
|--|----------------|---------------------|---------------------|--------------------|----------|
| Unit (1): Developmental theories | A1, A2, A3, A4 | B1, B2, B3, B4 | ----- | D1, D2, D3, D4, D5 | ----- |
| Unit (2): Social-learning theory (Sears) | A3 | B3, B4 | ----- | D1, D2, D3, D4, D5 | ----- |
| Unit (3): Behavioral theories | A3 | B2, B3, B4 | ----- | D1, D2, D3, D4, D5 | ----- |
| Unit (4): Self concept | A5, A6 | | ----- | D1, D2, D3, D4, D5 | ----- |
| Unit (5): personality assessment | | B7 | ----- | D1, D2, D3, D4, D5 | ----- |
| Unit (6): Behavior disorder | A7, A8, A9 | B5, B6 | ----- | D1, D2, D3, D4, D5 | ----- |
| Unit (7): Developm ental and learning disorder | A7, A10 | ----- | ----- | D1, D2, D3, D4, D5 | ----- |

| | | | | | |
|---------------------------------|----|-------|-------|-----------------------|-------|
| Unit (8):Anxiety disorder | A7 | ----- | ----- | D1, D2, D3, D4, D5 | ----- |
|---------------------------------|----|-------|-------|-----------------------|-------|

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