



Zagazig University



Faculty of Nursing

Program and Courses specification of Psychiatric and Mental Health Nursing (Doctorate degree)

20١٩-2022

First-term Doctorate

Program Specification			
A- Basic Information			
1-	Program Title:	Program Specification of Psychiatric and Mental Health Nursing (Doctorate degree)	
2-	Program Type:	Single <input checked="" type="checkbox"/> Double <input type="checkbox"/> Multiple	
3-	Department(s):	Psychiatric and Mental Health Nursing Department	
4-	Coordinator:	Prof. Dr. Amal Mohamed Eldakhakhney Prof .Dr. Sorya Ramadan Dr . Nagda Mohamed El masry	
5-	External Evaluator :	Prof .Dr. Neveine mostafa	
6-	Last date of program specification approval:	2013	
B- Professional Information:			
1. Program Aims : Establishing continuous work on increasing the body of knowledge of student own specialty, implementing systematic, critical analysis in integrating her specialty with different knowledge related to psychiatric nursing, developing an in depth awareness of health problems, recent issues trends theories pertaining to psychiatric nursing, understanding mental health nursing skills ,practice and work collaboratively as a team to make appropriate decisions related to psychiatric nursing, showing perfection in utilization & conduction of scientific nursing research which are based on evidence and using information technology in away that serves professional practices.			
Intended Learning Outcomes (ILOs) •			
	a-	Knowledge and Understanding :	
		a1-	Discuss understanding of the theories and knowledge of basic sciences, evidence based practices related to psychiatric nursing in order to make professional judgment that will help in caring for patients' with mental health problems.

		a2-	Discuss appropriate knowledge that enhance, modify, support and promote the mental health of patients and their families in various environmental residences.
		a3-	Discuss the legal and ethical issues pertaining to psychiatric nursing.
		a4-	recognize of ethical and legal principles that support diagnostic and management decision of care
		A5-	Identify the principles of quality in the context of psychiatric nursing.
		A6-	Discuss the basic concept and application of each theories presented.
	b-	Intellectual Skills:	
		b1-	Analyze and assess information for obtaining induction and deduction reasoning pertaining to psychiatric nursing.
		b2-	Solve mental health problems according to available resources.
		b3-	Formulate nursing research studies and increase knowledge about the outcomes of psychiatric nursing.
		b4-	Estimate risks in the professional practices.
		b5-	Conduct planning for the development of professional skills in psychiatric mental health nursing.
		b6-	Take decision to make clinical judgment pertaining to mental health problems.
		b7-	Provide guidance and counseling which are based on evidence regarding the management of the health and illness condition.
		b8-	Evaluate mentally ill patients successfully by manipulating one or more theoretical approach.
	c-	Professional and practical skills:	
		c1-	Show perfection of basic and recent professional skills in psychiatric nursing.
		c2-	Write and assess professional reports
		c3-	Assess and develop methods and tools already utilized in psychiatric nursing.

		c4-	Utilize advanced technological ways for serving professional skills in own specialty.
		c5-	Plan for the development of professional practice and other skills.
	d-	General and transferable skills:	
		d1-	Relate effectively with different forms of communication
		d2-	Utilize information technological methods to serve, develop & enhance her professional practice.
		d3-	Manage effectively scientific meeting and show ability to manage time properly.
		d4-	Motivate others learning and assess their performance.
		d5-	Develop the ability to work in a team and lead team effectively.
		d6-	Reinforce self assessment and continuous education.

e-	Attitude skills By the completion of he course the student should be able to		
	E1-	Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information	
	E2-	E2-values her role as a model for less experienced nursing care providers and nursing students.	
	E3-	E3-E3-respects and encourages the patients participation in decision about health care services..	

3- Academic Standards

The faculty adopted National Academic Standard (NARS) for post graduate studies, which follow the national authority for quality assurance and accreditation of education, February / 2009.

4- The Benchmarks

Not applicable

5- The structure and contents of the program :

5.1. Program duration : **32 weeks**

5.2. Program structure: **2 semesters**

- Weekly hours :	Lectures	240	Practical		Total	240
- Credit hours:	Required		Extra		Elective	
- Credit hours of basic sciences courses :			No.		%	60
- Credit hours of social/humanities sciences courses:			No.		%	
- Credit hours of specialized courses :			No.		%	40
- Credit hours for other courses:			No.		%	

- Practical field training: maternity hospital at zagazig university hospitals
- Program levels (in credit hours system) :

5.3. Program levels (in credit hours system) :

Level 1 : Required to pass Unit as follow : •

Required Optional Elective

Level 2: Required to pass Unit as follow : •

Required Optional Elective

Level 3: Required to pass Unit as follow : •

Required Optional Elective

Level 4: Required to pass Unit as follow : •

Required Optional Elective
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6- Program Courses :

6.1. Level / in program

Semester:

a. Elective

Code	Course Title	Units	weekly hours		
			Lectures	Practical	Exercises
455	Issues & recent trends in nursing		3	-	
467	Nursing seminar in the area of <u>specific</u> specialty		3	-	
461	Nursing seminar in the area of <u>general</u> specialty		3	-	
473	Nursing seminar in the area of <u>general</u> specialty		2	-	
479	Nursing seminar in the area of <u>specific</u> specialty		4	-	

b- Extra

Code	Course Title	Units	weekly hours		
			Lectures	Practical	Exercises

c- Required

Code	Course Title	Units	weekly hours		
			Lectures	Practical	Exercises

* Repeat for all next levels / terms

7- Program admission Requirements for: (Regulations- Courses -)

The student should hold master degree in specialty course or related specialties from a university in the Arab Republic of Egypt at least a good grade or an equivalent degree from a college or a scientific institute last recognized by the Supreme Council of Universities.

Registration begins from first Jun to 1st august.

Pass an English language (TOEFL) with minim score of 500.

Full time students are allowed to be enrolled at least for one year after they had master degree.

8- Methods of the Assessment of the learning target output :

No.	Method	Learning target output
1	Written	Knowledge & understanding ,intellectual skills
2	Oral exam 40 %	Transferable & intellectual skills
3	Formative exam: Semester work (Seminars 20 % ,presentation 40 % ,clinical field work 20 %)in addition to thesis 40 %	Transferable ,professional & practical skills

9- Methods of the program evaluation:

No.	Evaluator	Method	Sample
1	1-Senior candidate	Questionnaire	70-100%
2	2-Alumni	Questionnaire	70-100%
3	3- Stakeholders	Questionnaire(Structured interview)	30-50%
4	4- External evaluator	Questionnaire	Not yet
5	5- Other methods		

Program Coordinator: Amal Mohamed Eldakhakhny**Signature:****Date:**

University / Academy: Zagazig
 Faculty / Institute: Nursing
 Department: Psychiatric Mental Health Nursing

Model (12)

Course specification for Doctorate Degree

1-Course Information		
Code : 461	Course name: Nursing seminars in the area of <u>general</u> psychiatric nursing	Doctorate Degree: First semester
Specialty: Doctorate degree of psychiatric and mental health nursing	Number of studied hours: Theory : 48hs practice -	

2-Course Aims	Aimed at acquiring advanced Knowledge concerning nursing care for patient with psychiatric disorders.
3- Intended Learning Outcomes of Course (ILOs)	
A-Knowledge and understanding	A.1.Discuss human response to CBT A.2. Enumerate the various theories that involved over the years to describe family therapy. A.3. Explain recent trends in CBT. A.4. Discuss different types of stress management. A.5.Describe recent trends in the management of psychiatric problems. A.6.Identify techniques of motivational interviewing. A.7.Describe appropriate management of holistic care.
B-Intellectual skills	B.1 Classify types of psychotherapy. B.2. Select the plan of management used in common psychiatric disorder. B.3. Analyze methods of solving psychiatric problems.
C-Professional skills	C. 1- show in presentation the recent modalities used in management of common psychiatric condition. C. 2- Demonstrate the ability to establish effective working relationships with others and observe and evaluate working practices. C.3 Analyze multidisciplinary planning and the implementation of nursing intervention related to stress.

	C.4 Provide psycho education for psychiatric patients.		
D-General skills	D.1. Manage changes and responds to changing demands. D.2. Enhance working with a team spirit. D.3. Demonstrate appropriate professional attitude and behavior in different health settings.		
E- Attitude skills	By the completion of the course the student should be able to E1- Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information E2- Values her role as a model for less experienced nursing care providers and nursing students. E3 -Respects and encourages the patients' participation in decision about health care services.		
4-Course content	1- Cognitive Behavior Therapy 2- Emotional intelligence 3- Family therapy 4- Holistic Approach in Care 5- Motivational Interviewing 6- Stress Management		
5-Teaching and learning methods	<ul style="list-style-type: none">- Group discussion- Seminar- Field study		
6-Teaching and learning methods of disables	Not applicable		
7- Student evaluation			
A-Methods of evaluation	Written examination Oral examination		
Time	at the end of the course		
Marks distribution		score	%
	Final written	60	60
	Oral exam	40	40
8-List of studied books and references			
A-Notes	Not applicable		
B-Required books	1- Beck JS. (2011): Cognitive Behavior Therapy: Basics and Beyond. 2nd ed. New York, NY: Guilford Press. 2- Wanda. K.M. (2015): Johnson’s Psychiatric Mental		

	<p>Health Nursing. 6th ed., Lippincott, Williams and Wilkins, New York.</p> <p>3- Boyd, M.A., & Nihart, M.A. (2016): Psychiatric Nursing. Philadelphia New York. Lippincott comp.</p>
C-Suggested books	1- Carlat DJ. (2011): The Psychiatric Interview. 3rd ed. Philadelphia, PA: Lippincott Williams & Wilkins.
D-Journals	<p>1- Lehman AF, et al. (2014). Practice guideline for the treatment of patients with schizophrenia, second edition. <u>American Journal of Psychiatry</u>, 161(2, Suppl): 1-56.</p> <p>2- American Nurses Association (ANA). (2011): Nursing world website. Online Health & Safety Survey.</p> <p>3- Hamilton, S., & Irving, P. (2013): Can counseling take place in acute clinical mental health?. <u>Nursing Times.net</u>.</p> <p>4- Harris, K.J., Kacmar, K.M., & Zivnuska, S. (2017): An investigation of abusive supervision as a predictor of performance and the meaning of work as a moderator of the relationship. <u>Leadership Quarterly</u>, 18, 252– 263.</p> <p>5- Gallagher, S. (2015): Stress management. <u>Vitality Magazine</u>, 27 June. <u>Located at: http://www.arthritis.org/</u></p>
E-Facilities for learning	<p>1-Computer.</p> <p>2-Data show.</p>

Professor of Course:
Prof. Dr/ Hanaa Hamdy

Head of Department :
Dr/ Hanaa Hamdy

University / Academy: Zagazig
 Faculty / Institute: Nursing
 Department :Psychiatric Mental Health Nursing

Course Name	Nursing seminars in the area of <u>general</u> psychiatric nursing 1 st term
Code Name	461

Model (12)

Knowledge and skills matrix benefiting from the Studied course

Course Content	Study weeks	Knowledge Home	Intellectual	Professional skills	Transferable and General skills	Attitude skills
1- Cognitive Behavior Therapy	1-3	A1,A3,A5	B1,B2,	C1,C2	D1,D2	E1 ,E2,E3
2- Emotional intelligence	4-6	A3, A5	B3	C2	D1, D3	E2, E3
3- Family therapy	7-9	A2	B1	C1, C2	D1, D2	E1,E2 ,E3
4- Holistic Approach in Care	10-12	A7	B3	C1, C2	D1,D3	E1, E2, E3
5- Motivational Interviewing	13-14	A6	B3	C1, C2	D2, D3	E1 ,E2,E3
6- Stress Management	15-16	A4	B2	C3, C4	D2, D1	E1 ,E2,E3

Professor of Course:
 Prof. Dr/ Hanaa Hamdy

Head of Department:
 Prof. Dr/ Hanaa Hamdy

Course Specifications

1- Basic information

Code : 467

Title : nursing seminars in the area of specific psychiatric medicine **Level :** 1st Doctorate degree

Credit hours :

Theoretical : 64hs

Practical :

Program(s) on which the course is given : psychiatric medicine

Major or minor element of program : Minor

Department offering the program : psychiatric medicine

Department offering the course : psychiatric medicine

Date of specification approval :

Academic year : 2018-2019

2- Overall Aims of Course This course aims to Providing the students with necessary knowledge and attitude concerning patient with psychiatric disorders and recent trends in treatment modalities.

3- Intended Learning Outcomes of Course (ILOs)

a- Knowledge and Understanding :

By the completion of this course the student should be able to

A1- Identify the different types of schizophrenic disorder.

A2- Describe advanced modalities in assessment of patient with schizophrenia.

A3- Discuss anxiety and ADHD disorders.

A4 Explain ADHD disorders, recognize its causes; categorize its types and treatment modalities.

b- Intellectual Skills

By the completion of this course the student should be able to

B1- Understand differential diagnosis in MOOD disorders and schizophrenic disorder .

B2- Classify types, causes anxiety disorders and schizophrenic disorder.

B3- Summarize recent modalities in management of ADHD

B4- Classify OCD disorder.

B5- Discuss trends in AUTISM treatment .

c- Professional and practical skills

By the completion of this course the student should be able to

- c1- The course has no practical hours; however, student could present algorithm in recent modality of assessment and management of some psychiatric disorders.
- c2- Determine advanced instruments or tools that are used in patient assessment.
- d- **General and transferable skills**
By the completion of the course the student should be able to
 - d1- Use of effective and different methods of Communication skill when dealing with patient with psychiatric disorders.
 - D2 Manage changes and responds to changing demands.
 - D3 Collaborate effectively with other colleagues in management of psychiatric disorders.
 - D4 Act as advocate for client, families and groups in psychiatric mental health setting.
- E- **Attitude skills**
By the completion of the course the student should be able to
 - E1 Appreciate and promotes patient rights to autonomy ,respect ,privacy dignity and access to information
 - E2 Values her role as a model for less experienced nursing care providers and nursing students.
 - E3 Respects and encourages the patients participation in decision about health care services.

4- Course Contents:

Week	Topic	No. of hours		Tutorial/Practical
		Lecture	practical	
1-3	SCHIZOPHRENIA	4 4 4		
4-6	ANXIETY DISORDERS	4 4 4		
7-9	AUTISM SPECTRUM DISORDER	4 4 4		
10-12	ADHD	4 4 4		
13-15	OCD	4 4 4		
16	MOOD DISORDERS	4		
	Oral-exam			
	Final Exam			

5- Teaching and learning methods :

- 5.1 Problem- based learning,
- 5.2 case- based seminars
- 5.3 Data show, films, assignments
- 5.4 Seminar

6- Student Assessment :

A- Assessment Method

- A.1 Semester work
- A.3 Final - term Examination

B- Time Schedule

Semester work	Week : through semester
Final - term Examination	Week : at the end of semester

C- Grading system

Final - term Examination	% 80
Semester work	% 20

7- List of References

A - Course Note

Not applicable

B - Required Books (Text Books)

- Varcarolis , M.E. (2008). Foundation of psychiatric Mental Health Nursing (3rd ed.) London : Saunders Comp .
- Fortinash, K.M. & Holoday-Worret, P.A., (2009). Psychiatric Mental Health Nursing. (2nd ed.), St. Louis, Boston, London, Tokyo: Mosby Comp

C - Recommended Books

- Tasman AG, Toldfinger C and Kaufmann D (2009): Review of psychiatry. American Psychiatric Press, Washington.
- Akil,H .,Owen, c.,Gutstein,H., Taylor,L., And Watson, S.(2006) .Overview and current issues.Drug Alcohol Depend . New York.
- Cardena E and Spiegel D (2009): Dissociative reactions. Oxford University Press.

D - Periodicals, Web Sites, ...etc

- www.psychiatricmedicine.com
[www. American Journal of psychiatry.com](http://www.AmericanJournalofpsychiatry.com)

8- Facilities required for teaching and learning

1. Computer.

2. Data show.

Course Coordinator: Dr/ Nelly Raafat - Dr/Amira Fouad

Head of Department

Dr: Eman Elsafy

Date: / /

University / Academy: Zagazig
 Faculty / Institute: Nursing
 Department :Psychiatric Mental Health Nursing

Course Name	nursing seminars in the area of specific psychiatric medicine 1 st term
Code Name	467

Model (12)

Knowledge and skills matrix benefiting from the Studied course

Course Content	Study weeks	Knowledge Home	Intellectual	Professional skills	Transferable and General skills	Attitude skills
SCHIZOPHREIA	1-3	A1,A2	B1,B2,	C1,C2	D1,D2, D4	E1 ,E3
ANXIETY DISORDERS	4-6	A3	B2,	C1, C2	D1, D3	E2, E3
AUTISM SPECTRUM DISORDER	7-9	A4	B5	C1, C2	D1, D2	E1, ,E3
ADHD	10-12	A3, A4	,B3	C1, C2	D1,D3	E1, E2, E3
OCD	13-15	A3	B4	C1, C2	D2, D4	E1 ,E3
MOOD DISORDERS	16	A2	B1	C1, C2	D2, D1	E2, E3

Professor of Course:

Head of Department:

Course Specifications

1- Basic information

Code : 455

Title : Issues & recent trends in nursing **Level :1st**

Credit hours :

Theoretical : 48 hrs

Practical :

Program(s) on which the course is given : Issues & recent trends in nursing

Major or minor element of program : Minor

Department offering the program : Several

Department offering the course : Psychiatric and mental health nursing.

Date of specification approval : 10/2014

Academic year : 2018-2019

2- Overall Aims of Course This course aims: Providing the students with necessary knowledge, skills & attitudes that enable them to provide quality nursing care and to be aware of the new trends in nursing education, practice, and research.

3- Intended Learning Outcomes of Course (ILOs)

a- Knowledge and Understanding :

By the completion of this course the student should be able to

A1- - Identify types of plagiarism.

A2- - Discuss principles of research ethics.

A3- Identify Stages of motivational interviewing.

A4- - Explain Health belief model and self concept.

A5- - Enumerate Steps in avoid plagiarism.

A6- - Discuss Principles of milieu therapy.

A7- - Explain importance of psychosocial rehabilitation and health belief model.

b- Intellectual Skills

By the completion of this course the student should be able to

B1- Differentiate between research ethics concepts

B2- Discuss self-concept and health belief model.

B3- Support the Uses for milieu therapy.

B4- Interpret Skills of psychosocial rehabilitation.

B5- Discuss hazards of plagiarism

c- Professional and practical skills

By the completion of this course the student should be able to

- C1- Formulate Holistic Approaches to Care and the Integration of Knowledge.
- C2- Demonstrate the Challenges of avoiding plagiarism.
- C3- Assist with the management of psychosocial rehabilitation for mentally ill patients
- C4- Interpret the health belief model in psychiatric nursing.
- C5- Apply Challenges of implementing research ethics.
- C6- Select and apply skills to rise of self-concept.

d- General and transferable skills

By the completion of the course the student should be able to

- D1- -Use of effective and different methods of communication skills in providing palliative care to dying patients.
- D2- -Enhance working with a team spirit and lead them effectively.
- D3 - Demonstrate Skills of motivational interviewing

E- Attitude skills

By the completion of the course the student should be able to

E1- Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information

E2-Acting as a role model and mentor for less experienced nursing care providers and nursing students.

E3-Communicate with patient respectfully regarding their different values, cultures, intellectual levels and emotional state.

4- Course Contents:

Week	Topic	No. of hours		Tutorial/Practical
		Lecture	practical	
1-3	Health belief model	3hrs 3hrs 3hrs		
4-6	Plagiarism	3hrs 3hrs 3hrs		
7-10	Psychosocial Rehabilitation	3hrs 3hrs 3hrs 3hrs		
11	Research Ethics	3hrs		
12-15	Self Concept	3hrs 3hrs 3hrs		
16	Milieu Therapy	3hrs 3hrs		
	Oral-exam			
	Final Exam			

5- Teaching and learning methods :

- 5.1 Lecture
- 5.2 Group discussion
- 5.3 Seminar
- 5.4 Interactive presentation.
- 5.5 Case study
- 5.6 Nursing care plan.

6- Student Assessment :

A- Assessment Method

- A.1 Clinical area evaluation through – written work tools (nursing care plan. Case studies about different psychiatric patients)
- A.3 Final - term Examination

B- Time Schedule

Clinical area evaluation through – written work tools (nursing care plan. Case studies about different psychiatric patients)	Week : -
Final - term Examination	Week : 16

C- Grading system

Final - term Examination	80%
Semester work	20%
Total	100%

7- List of References

A - Course Note

B - Required Books (Text Books)

1-Townsend, M.C. (2017): Psychiatric mental health nursing- concepts of care. (7th ed.). Philadelphia: F.A Davis Company.

2- LoBiondo-Wood, G., & Haber, J. (2017): **Nursing research:** Methods and Critical Appraisal for Evidence-Based Practice (9th ed.). Philadelphia: Mosby

3-Buppert, C. (2012): Nurse Practitioner's Business Practice and Legal Guide. 4th ed. Sudbury, MA: Jones & Bartlett Publishers.

C - Recommended Books

1- Sadock B J(2009): Concise textbook of clinical psychiatry. Cambridge university, united state of America. 3rd ed. (2) 698-700.

2- Dossey BM. 2013: Nursing: integral, integrative, and holistic—local to global. In: Dossey BM, Keegan L, eds. Holistic Nursing: A Handbook for Practice. 6th ed.

D – Journals

1- Miller, W.R. & Rollnick, S. (2009). Ten things that Motivational Interviewing is not. Behavioral and Cognitive Psychotherapy, 37, 129-- - 140.

2- Cavazotte, F., Moreno, V., & Hickmann, M. (2012). Effects of leader intelligence, personality and emotional intelligence on transformational leadership and managerial performance. The Leadership Quarterly, 23, 443-455.

8- Facilities required for teaching and learning:

Course Coordinator: prof. Dr /Hanaa Hamdy Ali – Dr/ Hanem Ahmed

Head of Department

Prof. Dr /Hanaa Hamdy ali

Date: / /

University / Academy: Zagazig
 Faculty / Institute: Nursing
 Department :Psychiatric Mental Health Nursing

Course Name	Issues & recent trends in nursing 1 st term
Code Name	455

Model (12)
Knowledge and skills matrix benefiting from the Studied course

Course Content	Study weeks	Knowledge Home	Intellectual	Professional skills	Transferable and General skills	Attitude skills
Health belief model	1-3	A7	B2,	C4	D1,D2, D3	E1 ,E3
Plagiarism	4-6	A1, A5	B5	C2	D1, D3	E2, E3
Psychosocial Rehabilitation	7-10	A7	B4	C3	D1, D2	E1, ,E3
Research Ethics	11	A2	,B1	C5	D1,D3	E1, E2, E3
Self-Concept	12-15	A4	B2	C6	D2, D3	E1 ,E3
Milieu Therapy	16	A6	B3	C1	D2, D1	E2, E3

Professor of Course:
 Dr /Hanaa Hamdy ali – Dr/

Head of Department:
 Dr /Hanaa Hamdy ali

Second-term Doctorate

University / Academy: Zagazig
Faculty / Institute: Nursing
Department :Psychiatric Mental Health Nursing

Model (12)

Course specification for Doctorate Degree

1-Course Information		
Code : 473	Course name: Nursing seminars in the area of <u>general</u> psychiatric nursing	Doctorate Degree: Second semester
Specialty: Doctorate degree of psychiatric and mental health nursing	Number of studied hours: Theory : 48hs practice -	

2-Course Aims	Aimed at acquiring advanced Knowledge concerning nursing care for patient with psychiatric disorders.
3- Intended Learning Outcomes of Course (ILOs)	
A-Knowledge and understanding	<p>A.1.Discuss human response to crisis</p> <p>A.2. Enumerate the various theories that involved over the years to describe different psychiatric disorders.</p> <p>A.3. Discuss different types of personality disorders.</p> <p>A.4.Describe recent trends in the management of aggression.</p> <p>A.5.Identify orem's theory.</p> <p>A.6.Describe appropriate management for personality disorders.</p>
B-Intellectual skills	<p>B.1 Classify types, causes and measures of assessment of aggressive behavior among psychiatric patients</p> <p>B.2. Select the plan of management used for patients with Personality disorders and crisis</p> <p>B.3. Analyze psychiatric problems identification, solving and behave wisdom in urgent situation.</p>
C-Professional skills	<p>C. 1 show in presentation the recent modalities used in Crisis.</p> <p>C. 2 Demonstrate the ability to establish effective working relationships with others and observe and evaluate working practices.</p> <p>C.3 Apply nursing theories in care of mentally ill patients,</p>

	C.4 Provide psycho education for patients with Personality disorders.									
D-General skills	D.1. Manage changes and responds to changing demands. D.2. Enhance working with a team spirit. D.3. Demonstrate appropriate professional attitude and behavior in different health settings.									
E- Attitude skills	By the completion of the course the student should be able to E1- Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information E2- Values her role as a model for less experienced nursing care providers and nursing students. E3 -Respects and encourages the patients' participation in decision about health care services.									
4-Course content	7- assertiveness 8- aggression 9- Crisis intervention 10- Orem theory 11- Peplau's theory 12- Personality disorders									
5-Teaching and learning methods	- Group discussion - Seminar - Field study									
6-Teaching and learning methods of disables	Not applicable									
7- Student evaluation										
A-Methods of evaluation	Written examination Oral examination									
Time	at the end of the course									
Marks distribution	<table><tr><td></td><td>score</td><td>%</td></tr><tr><td>Final written</td><td>60</td><td>60</td></tr><tr><td>Oral exam</td><td>40</td><td>40</td></tr></table>		score	%	Final written	60	60	Oral exam	40	40
	score	%								
Final written	60	60								
Oral exam	40	40								
8-List of studied books and references										
A-Notes	Not applicable									
B-Required books	1-Beck JS. (2011): Cognitive Behavior Therapy: Basics and Beyond. 2nd ed. New York, NY: Guilford Press. 2- Wanda. K.M. (2015): Johnson’s Psychiatric Mental Health Nursing. 6th ed., Lippincott, Williams and									

	<p>Wilkins, New York.</p> <p>3- Boyd, M.A., & Nihart, M.A. (2014): Psychiatric Nursing. Philadelphia New York. Lippincott comp.</p>
C-Suggested books	1- Carlat DJ. (2016): The Psychiatric Interview. 3rd ed. Philadelphia, PA: Lippincott Williams & Wilkins.
D-Journals	<p>1- Lehman AF, et al. (2014). Practice guideline for the treatment of patients with schizophrenia, second edition. <u>American Journal of Psychiatry</u>, 161(2, Suppl): 1-56.</p> <p>2- American Nurses Association (ANA). (2011): Nursing world website. Online Health & Safety Survey.</p> <p>3- Hamilton, S., & Irving, P. (2013): Can counseling take place in acute clinical mental health?. Nursing Times.net.</p> <p>4- Harris, K.J., Kacmar, K.M., & Zivnuska, S. (2017): An investigation of abusive supervision as a predictor of performance and the meaning of work as a moderator of the relationship. <u>Leadership Quarterly</u>, 18, 252– 263.</p> <p>5- Gallagher, S. (2015): Stress management. <u>Vitality Magazine</u>, 27 June. <u>Located at: http://www.arthritis.org/</u></p>
E-Facilities for learning	<p>1-Computer.</p> <p>2-Data show.</p>

Professor of Course:

Pof. Dr/ Hanaa Hamdy - Dr/Hanem Ahmed

Head of Department :

prof. Dr/ Hanaa Hamdy

University / Academy: Zagazig
 Faculty / Institute: Nursing
 Department :Psychiatric Mental Health Nursing

Course Name	Nursing seminars in the area of <u>general</u> psychiatric nursing 2 nd term
Code Name	473

Model (12)
Knowledge and skills matrix benefiting from the Studied course

Course Content	Study weeks	Knowledge Home	Intellectual	Professional skills	Transferable and General skills	Attitude skills
1- assertiveness	1-3	A2,A5	B3	C2	D1, D2, D3	E1 ,E2,E3
2- aggression	4-6	A4	B1	C2	D1, D2, D3	E2, E3
3- Crisis intervention	7-9	A1	B2	C1, C2	D1, D2, D3	E1,E2 ,E3
4- Orem theory	10-12	A2	B3	C2, C3	D2, D3	E1, E2, E3
5- Peplau's theory	13-14	A2	B3	C2, C3	D2, D3	E1 ,E3
6- Personality disorders	15-16	A3,A6	B2	C4	D1, D2, D3	E1 ,E2,E3

Professor of Course:

Head of Department:

Course Specifications

1- Basic information

Code : 479

Title : nursing seminars in the area of specific psychiatric medicine **Level :** 2nd Doctorate degree

Credit hours :

Theoretical : 64hs

Practical :

Program(s) on which the course is given : psychiatric medicine

Major or minor element of program : Minor

Department offering the program : psychiatric medicine

Department offering the course : psychiatric medicine

Date of specification approval :

Academic year : 2018-2019

2- Overall Aims of Course This course aims to Providing the students with necessary knowledge and attitude concerning patient with psychiatric disorders and recent trends in treatment modalities.

3- Intended Learning Outcomes of Course (ILOs)

a- Knowledge and Understanding :

By the completion of this course the student should be able to

A1- Identify the different cognitive disorders in old age.

A2- Describe advanced modalities in assessment of patient with common eating disorders.

A3- Discuss amnestic disorders.

A4 Explain impulse control disorders, recognize its causes; categorize its types and treatment modalities.

A5 Describe assessment, diagnosis and treatment of complex mental disorders uniquely occurring in late life.

b- Intellectual Skills

By the completion of this course the student should be able to

B1- Understand differential diagnosis in amnestic disorders.

B2- Classify types, causes cognitive disorders.

B3- Summarize recent modalities in management of common eating disorders

B4- Classify different psycho geriatric and impulse control disorders

B5- Discuss trends in geriatric psychiatry .

c- Professional and practical skills

By the completion of this course the student should be able to

- C1- The course has no practical hours; however, student could present algorithm in recent modality of assessment and management of some psychiatric disorders.
- C2- Determine advanced instruments or tools that are used in patient assessment.

d- General and transferable skills

By the completion of he course the student should be able to

- D1- Use of effective and different methods of Communication skill when dealing with patient with psychiatric disorders.
- D2 Manage changes and responds to changing demands.
- D3 Collaborate effectively with other colleagues in management of psychiatric disorders.
- D4 Act as advocate for client, families and groups in psychiatric mental health setting.

E Attitude skills

By the completion of he course the student should be able to

- E1 Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information
- E2 Values her role as a model for less experienced nursing care providers and nursing students.
- E3 Respects and encourages the patients participation in decision about health care services.

4- Course Contents:

Week	Topic	Number of hours		Tutorial/Practical
		Lecture	Practical	
1-3	Cognitive disorders	4		
		4		
		4		
4-6	Amnestic disorders	4		
		4		
		4		

7-10	Eating disorders	4		
		4		
		4		
11-13	Geriatric psychiatry	4		
		4		
		4		
14-16	Impulse control disorders	4		
		4		
		4		
	Final Exam			

5- Teaching and learning methods :

- 5.1 Problem- based learning,
- 5.2 case- based seminars
- 5.3 Data show, films, assignments
- 5.4 Seminar

6- Student Assessment :

A- Assessment Method

- A.1 Semester work
- A2 Oral Examination
- A.3 Final - term Examination

B- Time Schedule

Semester work	Week : through semester
Final - term Examination	Week : at the end of semester

C- Grading system

- Final - term Examination % 80
- Semester work % 20

7- List of References

A - Course Note

Not applicable

B - Required Books (Text Books)

- Sadock, B. J., Sadock, V. A., & Ruiz, P. (2015). Kaplan & Sadock's synopsis of psychiatry: Behavioral sciences/clinical psychiatry (Eleventh edition.). Philadelphia: Wolters Kluwer.

- Fortinash, K.M. & Holoday-Worret, P.A., (2011). Psychiatric Mental Health Nursing. (5th ed.), St. Louis, Boston, London, Tokyo: Mosby Comp

C - Recommended Books

- Tasman AG, Toldfinger C and Kaufmann D (2009): Review of psychiatry. American Psychiatric Press, Washington.
- Akil, H., Owen, C., Gutstein, H., Taylor, L., And Watson, S. (2006). Overview and current issues. Drug Alcohol Depend. New York.
- Cardena E and Spiegel D (2009): Dissociative reactions. Oxford University Press.

D - Periodicals, Web Sites, ...etc

- [www.psychiatric medicine.com](http://www.psychiatricmedicine.com)
- [www. American Journal of psychiatry.com](http://www.AmericanJournalofpsychiatry.com)

8- Facilities required for teaching and learning

1. Computer.

2. Data show.

Course Coordinator: Dr/ Nelly Raafat - Dr/Amira Fouad

Head of Department

Dr: Eman elsafy

Date: / /

University / Academy: Zagazig
Faculty / Institute: Nursing
Department :Psychiatric Mental Health Nursing

Course Name	nursing seminars in the area of specific psychiatric medicine 2nd term
Code Name	479

Model (12)
Knowledge and skills matrix benefiting from the Studied course

Course Content	Study weeks	Knowledge Home	Intellectual	Professional skills	Transferable and General skills	Attitude skills
Cognitive disorders	1-3	A1	B2,	C1,C2	D1,D2, D4	E1 ,E3
Amnestic disorders	4-6	A3	B1,	C1, C2	D1, D3	E2, E3
Eating disorders	7-10	A2	B3	C1, C2	D1, D2	E1, ,E3
Geriatric psychiatry	11-13	A5	,B4, B5	C1, C2	D1,D3	E1, E2, E3
Impulse control disorders	14-16	A4	B4	C1, C2	D2, D4	E1 ,E3

Professor of Course:
Dr/ Nelly Raafat - Dr/Amira Fouad

Head of Department:
Dr: Eman elsafy