



Zagazig University



Faculty of Nursing

# **Program and Courses specification of Psychiatric and Mental Health Nursing (Master degree)**

**2019-2022**

# **First-term Master**

# Program Specification

## A- Basic Information

- 1- **Program Title:** **Course Specification of Psychiatric and Mental Health Nursing (Master degree)**
- 2- **Program Type:** Single ☐ Double ☐ Multiple ☒
- 3- **Department(s):** **Psychiatric and Mental Health Nursing department**
- 4- **Coordinator:** **Prof .Dr. Amal Mohamed Eldakhakhny**  
**Prof .Dr. Sorya Ramadan**  
**Dr/ Nagda Mohamed Elmasry**  
**Dr/Mohamed Ahmed El hady**
- 5- **External Evaluator :** **Prof .Dr. Neveine mostafa**
- 6- **Last date of program specification approval:** **2013**

## B- Professional Information:

### 1- Program Aims :

To equip the student with knowledge ,skills and attitudes to provide holistic care for patients with psychiatric problems

### 2- Intended Learning Outcomes (ILOs):

#### a- Knowledge and Understanding :

- a1- Identify and understand the essential concept regarding psychiatric nursing.
- a2- Identify outcomes that accurately measure clients' achievable behaviors based on their nursing diagnosis.
- a3- List the principles and techniques when providing a comprehensive care for psychiatric patients based on research ethics.
- a4- Explain the principles of therapeutic communication.
- a5- Explain the principles and concepts of quality assurance in professional practices.

#### b- Intellectual Skills :

- b1- Formulate priority based nursing care to psychiatric patients through independent and collaborative application of the nursing process.
- b2- Evaluate outcomes that effectively measure client progress within an appropriate time frame.
- b3- analyze nursing theories to deliver appropriate nursing care for patients with mental illness.
- b4- Select professional decisions in different professional contexts.

**c- Professional and practical skills :**

- c1- Demonstrate cognitive, affective and psychomotor nursing skills when delivering patient care.
- c2- Collaborate effectively with multidiscipline teams to provide quality care to mentally ill patients.
- c3- Implements plan of care within legal, ethical and regulatory framework of nursing practice .
- c4- Apply the nursing process (assessment, diagnosis, planning, implementation and evaluation) for clients with mental illness.

**d- General and transferable skills :**

- d1- Use recognized professional standards of practice.
- d2- Develop a range of transferable skills and techniques, personal qualities and attitudes essential for successful performance in working life.
- d3- Use information technology in a way that serves professional practices.
- d4- Utilize different resources to obtain information and knowledge.

	<b>e- Attitude skills</b> <b>By the completion of the course the student should be able to</b>
	E1- Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information
	E2- E2-values her role as a model for less experienced nursing care providers and nursing students.
	E3- E3-respects and encourages the patients participation in decision about health care services.

### 3- Academic Standards

- 3.1. The faculty adopted National Academic Standard (NARS) for post graduate studies
- 3.2. Follow the national authority for quality assurance and accreditation of education. \2\ 2009
- 3.3. ....

### 4- The Benchmarks: Not applicable.

- 4.1. ....
- 4.2. ....
- 4.3. ....

## 5- The structure and contents of the program :

5.1. Program duration : 53 weeks

5.2. Program structure : 1<sup>st</sup> semester- 2<sup>nd</sup> semester-3<sup>rd</sup> semester

- Weekly hours :	Lectures	<input type="text" value="480"/>	Practical	<input type="text" value="360"/>	Total	<input type="text" value="840"/>
- Credit hours:	Required	<input type="text" value="√"/>	Extra	<input type="text"/>	Elective	<input type="text"/>
- Credit hours of basic sciences courses :			No.	<input type="text" value="9"/>	%	<input type="text" value="60"/>
- Credit hours of social/humanities sciences courses:			No.	<input type="text" value="2"/>	%	<input type="text" value="13.3"/>
- Credit hours of specialized courses :			No.	<input type="text" value="4"/>	%	<input type="text" value="26.7"/>
- Credit hours for other courses:			No.	<input type="text" value="—"/>	%	<input type="text" value="—"/>

- Practical field training: practical training in psychiatric department in psychiatric hospital

- Program levels (in credit hours system) : **Not applicable**

5.3. Program levels (in credit hours system) :

- Level 1 : Required to pass distributed Unit as follow :

Required .....Optional ..... Elective .....

- Level 2 : Required to pass distributed Unit as follow :

Required .....Optional ..... Elective .....

- Level 3 : Required to pass distributed Unit as follow :

Required .....Optional ..... Elective .....

## 6- Program Courses :

6.1. Level / in program ....master degree.....

Semester : ..first.....

### a. Required

Code	Course Title	Units	weekly hours		
			Lectures	Practical	Exercises
403	<b>Biostatic</b>		2	-	-
406	<b>Research Methodology</b>		2	-	-
408	<b>Teaching methodology</b>		2	-	-
407	<b>Curriculum development</b>		2	-	-
405	<b>Human relation &amp; Group dynamics</b>		2	-	-
404	<b>Culture &amp; Anthropology</b>		2	-	-

### b- Extra

Code	Course Title	Units	weekly hours		
			Lectures	Practical	Exercises
	NA				
	NA				
	NA				
	NA				

### c- Elective

Code	Course Title	Units	weekly hours		
			Lectures	Practical	Exercises
	NA				
	NA				
	NA				
	NA				

6.2. Level / in program ....master degree.....

Semester : ..Second.....

### a. Required

Code	Course Title	Units	weekly hours		
			Lectures	Practical	Exercises
429	<b>Seminars Psychiatric and Mental Health Nursing</b>		2	-	-
427	<b>psychological physiology</b>		2	6	-
428	<b>Research and Psychological problems in Egypt</b>		4	6	-
414	<b>English language</b>		2	-	-

### b- Extra

Code	Course Title	Units	weekly hours		
			Lectures	Practical	Exercises
	NA				
	NA				
	NA				
	NA				

c- Elective

Code	Course Title	Units	weekly hours		
			Lectures	Practical	Exercises
	NA				
	NA				
	NA				
	NA				

6.3. Level / in program ....master degree.....

Semester : ..Third.....

a. Required

Code	Course Title	Units	weekly hours		
			Lectures	Practical	Exercises
449	<b>Seminars Psychiatric and Mental Health Nursing</b>		2	-	-
447	<b>psychological physiology</b>		4	6	
448	<b>Research and Psychological problems in Egypt</b>		2	6	
432	<b>English</b>		2	-	-

b- Extra

Code	Course Title	Units	weekly hours		
			Lectures	Practical	Exercises
	NA				
	NA				
	NA				
	NA				

c- Elective

Code	Course Title	Units	weekly hours		
			Lectures	Practical	Exercises
	NA				
	NA				
	NA				
	NA				

## 7- Program admission Requirements for : (Regulations- Courses - ....)

a-obtaining the approval of the relevant department

b-complete all the required documents from the Department of Ali college studies..

c- paying tuition fees before the start of the study were excluded from this requirement Repeaters, teachers, assistants and students scholarships.

## 8- Methods of the Assessment of the learning target output :

No.	Method	Learning target output
1	Written Exam	Knowledge & understanding ,intellectual skills
2	Oral Exam	Transferable & intellectual skills
3	Formative exam: Semester work(Seminars, presentation ,clinical field work )in addition to thesis	Transferable ,professional & practical skills

## 9- Methods of the program evaluation:

No.	Evaluator	Method	Sample
1	1-Senior candidate	Questionnaire	70-100%
2	2-Alumni	Questionnaire	70-100%
3	3- Stakeholder	Questionnaire(Structured interview)	30-50%
4	4- External evaluator	Questionnaire	Not yet



# 10- Array of knowledge and skills of the education program:

Courses	Knowledge	Intellectual Skills	Professional skills	General skills	Attitude skills
<b><u>Master degree 2<sup>nd</sup> term:</u></b> - seminars in psychiatric and mental health nursing	A1,A3,A4	B3,B1,B2	C4,C1,C2	D1,D4, D2	E1-E2-E3
- psychological physiology	A1,A2,A3	B1,B4,B3,B 2	C1,C3,C2	D2,D4, D1	E1-E2-E3
--research and psychological problems in Egypt	A1,A5,A3 ,A2	B4,B1,B3,B 2	C4,C1,C3,C2	D2.D1, D3,D4	E1-E2-E3
--English Language	A2,A1,A3	B2	C1	D2,D3, D4	E1-E2-E3
<b><u>Master degree 3rd term:</u></b> - seminars in psychiatric and mental health nursing	A1,A4,A3 ,A5	B4,B3B1,B 3	C4,C3	D2,D1, D4	E1-E2-E3
- psychological physiology	A1,A2,A3	B1,B4,B3,B 2	C1,C3,C2	D2,D4, D1	E1-E2-E3
-research and psychological problems in Egypt	A1,A5,A2 ,A3	B1,B3	C1,C3,C2	D2,D4, D1	E1-E2-E3
-English Language	A2,A1,A3	B2	C1	D2,D3, D4	E1-E2-E3

**Program Coordinator : Dr. Amal Mohamed Eldakhakhny**

**Signature :**

**Date :**

## Course Specifications

### 1- Basic information

**Code :** 429

**Title :** nursing seminars in the area of specific psychiatric nursing

**Master degree :** 2nd semester

**Credit hours :** --

**Theoretical :** 60 hrs

**Practical :** 180 hrs

**Program(s) on which the course is given :** Master degree of psychiatric and mental health nursing

**Major or minor element of program :** Major

**Department offering the program :** Psychiatric and mental health nursing department

**Department offering the course :** Psychiatric and mental health nursing staff

**Date of specification approval :** 2019

**Academic year :** 2018/2019

**2- Overall Aims of Course** This course aims to acquire the knowledge , attitude and skills of psychiatric nursing to provide high quality care to psychiatric patients .

### 3- Intended Learning Outcomes of Course (ILOs)

#### A- Knowledge and Understanding :

**By the completion of this course the student should be able to**

A1- Discuss concept of schizophrenia, signs and symptoms, and positive and negative symptoms.

A2- Identify nursing intervention for dissociative disorders.

A3 - Describe different psychiatric treatment modalities for mental illness

A4 -Identify cause and different type of anxiety disorders.

A5 - Define different types of somatoform disorders.

A6- Clarify causes of Alzheimer disease.

A7- Explain Legal issues of psychiatric nursing.

#### B- Intellectual Skills

**By the completion of this course the student should be able to**

B1- Utilize knowledge from nursing and related sciences to identify, prioritize health needs of patients with psychiatric illness.

B2- Synthesize the different tools of assessment to collect and interpret data that would benefit in caring of schizophrenic patient during the course of illness.

- B3- Interpret critical thinking to provide innovative evidence based nursing intervention of Alzheimer disease.
- B4- Differentiate between different types of schizophrenia.
- B5- Analyze different types of anxiety disorders.
- B6- Utilize mental health laws.

**C- Professional and practical skills**

**By the completion of this course the student should be able to**

- C1- Apply nursing process in care of psychiatric patients.
- C2- Document and report the outcome of nursing intervention.
- C3- Counsel patients about Somatoform disorders.
- C4- Employ nursing process to clients experiencing negative and positive symptoms of schizophrenia.
- C5- Demonstrate increasing effectiveness in using therapeutic relationship skills to produce therapeutic out-come.
- C6- Apply nursing process in caring of anxiety disorders.
- C7-Apply legal and ethical concepts in the therapeutic milieu.

**D- General and transferable skills**

**By the completion of this course the student should be able to**

- D1- Values communication with others successfully.
- D2- Appreciate team working.
- D3- Develop patient education plan to enhance social skills.
- D4- Use informed and formal methods of teaching appropriate to patient learning ability.

	<b>e-</b>	<b>Attitude skills</b> <b>By the completion of he course the student should be able to</b>	
		E1-	Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information
		E2-	values her role as a model for less experienced nursing care providers and nursing students.
		E3-	respects and encourages the patients participation in decision about health care services.

**4- Course Contents:**

Week	Topic	No. of hours	Tutorial/Practical
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		<b>Lecture 60hrs</b>	<b>Practical 180hrs</b>	
1 , 2 ,3	<b>1-Schizophrenia</b> - Positive and negative symptoms - types of schizophrenia - nursing care and treatment	4 hrs 4 hrs 4 hrs	12 hrs 12 hrs 12 hrs	---
4 , 5 , 6	<b>2-alzheimer disease</b> - definition - causes - management	4 hrs 4 hrs 4 hrs	12 hrs 12 hrs 12 hrs	---
7 , 8 , 9	<b>3-Anxiety disorders</b> - generalize anxiety disorder - phobia - post traumatic stress disorder	4 hrs 4 hrs 4 hrs	12 hrs 12 hrs 12 hrs	---
10 , 11	<b>4-Somatoform disorders</b> - types of somatoform - nursing care plan and treatment	4 hrs 4 hrs	12 hrs 12 hrs	---
12 , 13	<b>5-Dissociative disorders</b> - types of dissociative - nursing care plane and treatment	4 hrs 4 hrs	12 hrs 12 hrs	---
14 , 15	<b>6-Legal issues of psychiatric nursing</b> -legal and ethical concept - mental health laws - issues of legal competence	4 hrs 4 hrs	12 hrs 12 hrs	---
	Oral exam			
	Final exam			

### 5- Teaching and learning methods :

- Lectures
- Group discussion
- Interactive presentations
- Brainstorming
- Clinical practice

- Seminar
- Internet search in digital library
- Case study
- Nursing care plan
- Field study

## 6- Student Assessment :

### A- Assessment Method

- Written examination.
- Oral examination.
- Formative assessment: Clinical area evaluation through - Written work tools (nursing care plans, case studies about different psychiatric patients).

### B- Time Schedule

Oral Examination	At the end of the semester
Final - term Examination	

### C- Grading system

Final - term Examination	60%
Oral Examination	40%
Total	100%

## 7- List of References

<b>A-Notes</b>	Not applicable
<b>B-Required books</b>	1-Kaplan & Sadock's(2015): Pocket hand book of clinical psychiatry fourth edition Philadelphia, Lippincott Williams & Wikins. 2- Balzer-Riley J. (2014): Communication in nursing. 5 <sup>th</sup> ed., St. Louis: Mosby.
<b>C-Suggested books</b>	1- Boyd M.A. (2018): Psychiatric Nursing: Contemporary Practice. 4 <sup>th</sup> ed., New York: Wolters Kluwer Health, Williams & Wilkins, pp. 276- 323.. 2- Billing D.M., and Halstead J.A. (1998): Teaching in Nursing. London: W.B. Saunders Co, pp. 250- 260.
<b>D-Journals</b>	1. Arnetz J.E., and Arnetz B.B. Implementation and evaluation of a practical intervention programme for dealing with violence toward health care workers. Journal of Advanced Nursing.2000; 31(3): 668-680.  2. Berkowitz R., and Heintz P. The management of schizophrenic patients: the nurses view. Journal of Advanced Nursing.1984; 9: 23- 33.  3. Berod A.C., Klay M., Santos-Eggimann B., and Paccaud F.

	<p>Anxiety, depressive, or cognitive disorders in rehabilitation patients: Effect on length of stay. American Journal of Physical Medicine &amp; Rehabilitation. 2010; 79(3): 266– 273.</p> <p>4.Blair D.T., and Romanes V.AEducation as psychiatric intervention: The cognitive-behavioral context. Journal of Psychosocial Nursing.1997; 35(11): 29-36.</p> <p>5.Childress C.A. Ethical issues in providing psychotherapeutic interventions. Journal of Medical Internet Research. 2010; 2: E5.</p>
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## **8- Facilities required for teaching and learning**

Computer

Data show

**Course coordinator: Prof. dr/ Hanaa Hamdy Ali**

**Head of department: Prof .dr/ Hanaa Hamdy Ali**

**Date: 10/7/2019**

**Department: Psychiatric Mental Health Nursing**

Course Name	<b>Nursing Seminars in area of specific psychiatric nursing (2) 2020-2019</b>
Code Name	429

Model (12)

**Knowledge and skills matrix benefiting from the Studied course**

Course Content	Study Week	Knowledge	Intellectual Skills	Professional skills	Transferable and General skills	Attitudes skills
<b>1-Schizophrenia</b>	1-2-3	A.1, A3	B1,B2, ,B4	C1,C2,C4,C5	D1,D2,D3,D4	E1-E2
<b>2- Alzheimer disease</b>	4-5-6	A3,A6	B1, B3	C1,C2, C5	D1,D2,D4	E1-E2-E3
<b>3- Anxiety disorder</b>	7-8-9	A3,A4	B1,B5	C1,C2,C5,C6	D1,D2	E1-E2-E3
<b>4- somatoform disorder</b>	10-11	A3,A5	B1	C1,C2,C5	D1,D2	E1-E2-E3
<b>5- Dissociative disorder</b>	12-13	A2,A3	B1	C1,C2,C5	D1,D2,D4	E1-E2-E3
<b>6- Legal issues of psychiatric nursing</b>	14-15	A7	B6	C5,C7	D1,D2	E1 -E3

**Professor of Course:**  
**Prof .dr/ Hanaa Hamdy Ali**

**Head of Department:**  
**Prof. dr/ Hanaa Hamdy Ali**

## Course Specifications

### 1- Basic information

Code : 428	Title : research and psychological problems in Semester Egypt	Level : 2 <sup>nd</sup> master
Credit hours : ---	Theoretical : 30 hrs	Practical : ---
Program(s) on which the course is given	: Master degree in psychiatric and mental health nursing	
Major or minor element of program	: Major	
Department offering the program	: Psychiatric and mental health medicine department	
Department offering the course	: Psychiatric and mental health medicine staff	
Date of specification approval	: 2019	
Academic year	: 2018-2019	

- 2- **Overall Aims of Course** This course aims to enable students to keep with international update standards of patients care of psychiatric disorders by mastering high levels of clinical skills, bedside patient care skills, in addition to update nursing knowledge as well as clinical experience and competence in the area of common, infrequent, and rare psychiatric disorders. Common, infrequent, and rare psychological problems in Egypt.
- Introducing the student to the basics of scientific nursing research.

### 3- Intended Learning Outcomes of Course (ILOs)

#### a- Knowledge and Understanding :

**By the completion of this course the student should be able to**

- a1- Discuss types of schizophrenia
- a2- Be aware of signs and symptoms of schizophrenia.
- a3- Describe causes and managements of dissociative disorders.
- a4- Explain causes and path physiology of somatoform disorders.
- a5- Recognize the causes, assessment and managements of anxiety disorders.
- a6- Describe causes and managements of Alzheimer disease.

#### b- Intellectual Skills

**By the completion of this course the student should be able to**

- b1- Analyze differential diagnosis concerning schizophrenia and dissociative disorders..



- b2- Show in an algorithm the protocols of managements in some psychiatric problems.
- b3- Utilize knowledge from nursing and related sciences to identify, prioritize health needs of patients with psychiatric illness.
- b4- employ critical thinking to provide innovative evidence based nursing intervention during the course illness

**c- Professional and practical skills**

**By the completion of this course the student should be able to**

- c1- The course has no practical hours.

**d- General and transferable skills**

**By the completion of he course the student should be able to**

- d1- Value self learning and continues self evaluation.
- d2- Appreciate working with a team spirit and lead effectively.
- d3- Use informed and formal methods of teaching appropriate to patient learning ability.
- d4- Manage effectively time, resources and set priorities.
- d5- Develop patient education plan to enhance social skills.

	<b>e- Attitude skills</b> <b>By the completion of he course the student should be able to</b>	
	E1-	Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information
	E2-	values her role as a model for less experienced nursing care providers and nursing students.
	E3-	respects and encourages the patients participation in decision about health care services.

**4- Course Contents:**

Week	Topic	No. of hours		Tutorial/Practical
		Lecture 30hrs	Practical --	
1-2-3	<b>Unit1 : Schizophrenia.</b> – Types – Signs and symptoms – Treatment	2 hrs 2 hrs 2 hrs	-	---
4-5-6	<b>Unit2 : Alzheimer disease</b> – definition – causes – management	2 hrs 2 hrs 2 hrs	-	---

7-8-9	<b>Unit3: Anxiety disorders.</b> – Definition and types – Signs and symptoms – Treatment	2 hrs 2 hrs 2 hrs	-	---
10-11-12	<b>Unit4: Somatoform disorders.</b> - Types and Prevalence - Treatment	3 hrs 3 hrs	-	---
13-14-15	<b>Unit 5: Dissociative disorders.</b> - Signs and symptoms - Treatment	3 hrs 3 hrs	-	---
	Oral Exam			
	Final exam			

## 5- Teaching and learning methods :

5.1 Lecture

## 6- Student Assessment :

### A- Assessment Method

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A.1 Oral Examination

A.2 Final - term Examination

### B- Time Schedule

Oral Examination	At the end of semester
Final - term Examination	At the end of semester

### C- Grading system

Final - term Examination 60%

Oral Examination 40%

Total 100%

## 7- List of References:

**A** - Boyd M.A. (2018): Psychiatric Nursing: Contemporary Practice. 4<sup>th</sup> ed., New York: Wolters Kluwer Health, Williams & 'W

**B** - Kaplan & Sadock's (2015): Pocket hand book of clinical psychiatry fourth edition Philadelphia, Lippincott Williams & Wikins.

### C - Recommended Books

- Balzer-Riley J. (2014): Communication in nursing. 5<sup>th</sup> ed., St. Louis: Mosby.

**D - Periodicals, Web Sites, ..etc**

- Berod A.C., Klay M., Santos-Eggimann B., and Paccaud F. Anxiety, depressive, or cognitive disorders in rehabilitation patients: Effect on length of stay. American Journal of Physical Medicine & Rehabilitation. 2010; 79(3): 266– 273.

**Course Coordinator:**

**Dr/ yomna khalil**

**Head of Department**

**Prof .Dr/ Hanaa Hamdy Ali**

**Date: 10 / 7 /2019**

### Model (12)

Course Name	research and psychological problems in Egypt 2(2020-2019)
Code Name	428

Department : Psychiatric Mental Health Nursing

### Model (12)

### Knowledge and skills matrix benefiting from the Studied course

Course Content	Study Week	Knowledge	Intellectual skills	Professional skills	General skills	Attitudes skills
<b>Unit1 : Schizophrenia.</b> – Types – Signs and symptoms Treatment	1-2-3	A1,A2	B1,B2	C1	D1,D2,D3,D4	E1-E2-E3
<b>Unit2 : Alzheimer disease</b> – definition – causes management	4-5-6	A6	B2	C1	D1,D2,D3,D4	E1-E2
<b>Unit3: Anxiety disorders.</b> – Definition and types – Signs and symptoms Treatment	7-8-9	A5	B3	C1	D1,D2,D3,D4	E1-E2-E3
<b>Unit4: Somatoform disorders.</b> - Types and Prevalence Treatment	10-11,12	A4	B2,B3	C1	D1,D2,D3	E2-E3
<b>Unit 5: Dissociative disorders.</b> - Signs and symptoms Treatment	13-14-15	A3	B1,B3,B4	C1	D1,D2,D4	E1-E2

**Professor of Course:**  
**Dr: Yomna Khalil**

**Head of Department :**  
**Dr: Hanaa Hamdy Ali**

## Course Specifications

### 1- Basic information

Code : 427

Title : Psychological physiology

Level : 2<sup>nd</sup> master degree

Credit hours : --

Theoretical : 30hrs

practical :--

Program(s) on which the course is given : Master degree of psychiatric and mental health nursing

Major or minor element of program : Major

Department offering the program : Psychiatric and mental health medicine department

Department offering the course : Psychiatric and mental health medicine staff

Date of specification approval : 2019

Academic year : 2018/2019

2- **Overall Aims of Course** This course aims: at the end of the course, the student will be able to deal with essence of psychophysiology and the cognitive and the affective aspects of human behavior.

### 3- Intended Learning Outcomes of Course (ILOs)

#### a- Knowledge and Understanding :

**By the completion of this course the student should be able to**

A1- Discuss the component of cognitive, affective and psychomotor aspects of human behavior and integration among them.

A2- Describe Theory of motivation.

A3- Clarify the meaning of intelligence.

A4- Mention factors that affect attention.

A5- Explain Types of thinking

A6- Define attention process.

A7- Explain forms of thought disorders.

#### B- Intellectual Skills

**By the completion of this course the student should be able to**

B1- Differentiate between Drives & instincts

B2- Utilize different methods for measuring intelligence.

B3- Show causes that disturb attention.

B4- Analyze Thinking & language

B5- Differentiate between different types of thought disorders.

B6- Analyze types of intelligence

B7- Show different classification of motivation.

- C- Professional and practical skills**  
**By the completion of this course the student should be able to**  
 C1- Develop appropriate professional skills to enhance process of attention.  
 C2- Assess patients having different psychological disorders.  
 C3- Demonstrate cognitive, affective and psychomotor nursing skills when delivering patient care.  
 C4- Perform specialist assessment of patients with thought disorder.  
 C5- Use creative thinking effectively.  
 C6- Display neutral attitude toward patients behaviors, feelings and actions.
- D- General and transferable skills**  
**By the completion of the course the student should be able to**  
 D1- Manage effectively time, resources and set priorities.  
 D2- Value self-learning and continues self-evaluation.  
 D3- Appreciate working with a team spirit.  
 D4- Values communication with others successfully.

	<b>E-</b>	<b>Attitude skills</b> <b>By the completion of the course the student should be able to</b>	
		E1-	Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information
		E2-	Values her role as a model for less experienced nursing care providers and nursing students.
		E3-	Respects and encourages the patients' participation in decision about health care services.

#### 4- Course Contents:

Week	Topic	No. of hours		Tutorial/Practical
		Lecture 30 hrs	Practical --	
1 , 2 , 3,4,5	1- intelligence			
	– Definition	2hrs		
	– types	2hrs	--	---
	– measuring intelligence	2hrs		
		2hrs		
6,7,8,9	2- attention			
	– definition	2hrs	--	---
		2hrs		

	<ul style="list-style-type: none"> <li>– factors affect attention</li> <li>– disturbance of attention</li> </ul>	2hrs		
10,11,12	<b>3- Motivation</b> <ul style="list-style-type: none"> <li>– Drives &amp; instincts</li> <li>– Theory of motivation</li> <li>– Classification of motivation</li> </ul>	2hrs 2hrs 2hrs	--	---
13,14,15	<b>4- Thinking (thought disorders)</b> <ul style="list-style-type: none"> <li>– Definition of thinking</li> <li>– Type of thinking</li> <li>– Thinking disorder</li> <li>– Thinking &amp; language</li> </ul>	1.5 hrs 1.5 hrs 1.5 hrs 1.5 hrs	--	---
	Oral-exam			
	Final Exam			

## 5- Teaching and learning methods :

5.1 Lecture

5.2 Group discussion

5.3 Seminar

## 6- Student Assessment :

### A- Assessment Method

A.1 Written Examination

A.2 Oral Examination

### B- Time Schedule

Written Examination	At the end of semester
Oral Examination	

### C- Grading system

Written Examination	60%
Oral Examination	40%
Total	100%

## 7- List of References

### A - Course Note

### B - Required Books (Text Books)

1- Sadock B.J., and Sadock V.A. (2015): eds. Kaplan & Sadock' s Comprehensive Textbook of Psychiatry. 8th ed. Philadelphia, Pa: Lippincott Williams & Wilkins.

2-Guyton textbook of physiology. Guyton AC, Hall JE: Textbook of medical physiology, 11<sup>th</sup> ed. Saunders, 2016.

### C - Recommended Books

1- Mohr W.K. (2015): Psychiatric Mental Health Nursing, Fifth Edition, Lippincott comp. Philadelphia New York.

### D – Journals

- American Journal of Physiology.  
- Journal of applied Physiology.

**Course Coordinator:**

**Dr/ Heba Abdelsalam**

**Head of Department**

**Prof . Dr/Hanaa Hamdy Ali**

**Date: 10 / 7/2019**



Course Name	<b>Psychological physiology 2 (2020-2019)</b>
Code Name	<b>: 427</b>

**Department :Psychiatric Mental Health Nursing**

**Model (12)**

**Knowledge and skills matrix benefiting from the Studied course**

<b>Course Content</b>	<b>Study Week</b>	<b>Knowledge</b>	<b>Intellectual Skills</b>	<b>Professional skills</b>	<b>Transferable and General skills</b>	<b>Attitudes skills</b>
<b>1- intelligence</b>	1-2-3-4-5	A.1, A3	B2,B6	C3,C5	D1,D2	E1,E2,E3
<b>2- attention</b>	6-7-8-9	A.1,A4,A6	B3	C1,C2	D1,D2	E1,E2,E3
<b>3- Motivation</b>	10-11-12	A1,A2	B1,B7	C3,C6	D1,D2	E1,E2,E3
<b>4- Thinking (thought disorder</b>	13-14-15	A1, A5,A7	B4,B5	C2,C3,C4,C5,C6	D1,D2,D3.D4	E1,E2
<b>5-Feeling and emotions</b>	16-17-18	A.1,A3,A6	B1,B3	C2,C3,C4	D3.D4	E2,E3

**Professor of Course:  
Dr.Heba Abdelsalam**

**Head of Department :  
Prof . Dr/Hanaa Hamdy Ali**

## Course Specifications of English Language

1-Basic information		
<b>Level :</b> 2 <sup>nd</sup> Master degree	<b>Title:</b> English Language	<b>Code:</b> 414
<b>Theoretical :</b> 30	<b>Practical :-</b>	
<b>Major or minor element of program</b>	Minor	
<b>Department offering the program</b>	several	
<b>Department offering the course</b>	general	
<b>Date of specification approval</b>	۲۰۱۹	
<b>Academic year</b>	۲۰۱۹-۲۰۱۸	

<p>This course Provides the candidate with theoretical knowledge &amp; skills in catering for the language demands of their major study, advanced Course assignments include writing, speaking, reading tasks for academic and communication purposes, &amp; emphasis is on basic nursing word structure, prefixes, suffixes, combining forms, and pronunciation. Students learn standard nursing vocabulary and nursing abbreviations.</p>	<b>2-Overall Aims of Course</b>
<p><b>3-Intended Learning Outcomes of Course (ILOs)</b> by the end of this course the graduate will be able to:</p> <p>A1- Describe students' proficiency in English.</p> <p>A2- Describe students' skills in using English,</p> <p>A3- Provide tomorrow's nursing staff with a plethora of pharmacy glossary and abbreviations.</p> <p>A4- Discuss the students to surf the internet to gain more information about the course topics.</p> <p>A5- Describe radiation safety.</p>	<b>a- Knowledge and Understanding</b>

<p>B1- Analyze students' confidence in speaking, reading and writing in correct English sentences.</p> <p>B2- Utilize critical thinking.</p> <p>B3- Utilize knowledge from nursing and related sciences to identify, prioritize health needs in emergency nursing</p> <p>B4- Increasing students' cultural awareness</p>	<p><b>b- Intellectual Skills</b></p>
<p>C1- Exercise students abilities in the use of the English language in their own specialization</p> <p>C2 -Apply nursing process in emergency nursing</p> <p>C3-Demonstrate increasing effectiveness in using therapeutic relationship skills to produce therapeutic out- come.</p> <p>C4-Document and report the outcome of nursing intervention.</p>	<p><b>c- Professional and practical skills</b></p>

<p>D1- Design an E-portfolio that contains all the students works during the semester.</p> <p>D2- Implement communication skills, the use of the internet and e-mail for peer evaluation.</p> <p>D3- Utilize team working.</p> <p>D4-Demonstrate cognitive, affective and psychomotor nursing skills for teaching as active learning and reflective teaching</p>	<b>d- General and transferable skills</b>
<p><b>E1-</b> Appreciates and promotes patient \ client rights to autonomy, respect, Privacy, dignity, and access to information.</p> <p><b>E2-</b> Values her role as a model for less experienced nursing care Providers and nursing students.</p> <p><b>E3-</b> respects and encourages the patients participation in decision about health care and services.</p>	<b>E- Attitude</b>

#### 4- Course Contents:

weeks	Topic	Theory	practical	Total No. of hours	Methods of teaching
1, 2	<b>Unit one:</b> The Growth of Men in Nursing	4	-	4	Group discussion
3 , 4	<b>Unit two:</b> Responsibilities of a Circulating & Scrub Nurse	4	-	4	lecture
5 , 6	<b>Unit three:</b> Emergency nursing	4	-	4	Group discussion
7 , 8	<b>Unit four:</b> Rural nurses	4	-	4	lecture
9 ,10	<b>Unit five:</b> Radiation safety	4	-	4	lecture

11 , 12	<b>Unit six:</b> Nursing Glossary	4	-	4	Group discussion
13 , 14 ,15	<b>Unit seven:</b> English Grammar (Tenses, Active and Passive, Direct and indirect speech, Types of sentences)	6	-	6	Group discussion
	<b>Total</b>	<b>30</b>	<b>-</b>	<b>30</b>	

<p>-A combination of delivery methods are used to facilitate learner and faculty communication including:</p> <p><b>Internet</b> Internet resources are used as an integral part of the instruction.</p> <p><b>Electronic Mail</b> Allows learners to freely interact on an individual or group level with other learners and the instructor.</p>	<b>5-Teaching and learning methods :</b>
Not applicable	<b>6-learning methods for special needs</b>
	<b>7-Student Assessment</b>
<ul style="list-style-type: none"> <li>- Attendance</li> <li>- Participation</li> <li>- Seminars</li> <li>-Oral examination</li> <li>-Written examination</li> </ul>	<b>a-Assessment Method</b>
<p>First assessment : oral examination (16 week)</p> <p>Second assessment: at the end of the course (17 week)</p>	<b>b- Time Schedule</b>
- oral examination 40	<b>c- Grading</b>

- Final write exam	60	system
Total	100	
✓ <a href="http://www.netplaces.com/new-nurse/why-become-a-nurse/the-nursing-shortage.htm">http://www.netplaces.com/new-nurse/why-become-a-nurse/the-nursing-shortage.htm</a> ✓ <a href="http://www.ehow.com/about_6657303_rural-nursing-theory.html#ixzz1aP3p5c9L">http://www.ehow.com/about_6657303_rural-nursing-theory.html#ixzz1aP3p5c9L</a> ✓ <a href="http://www.ehow.com/about_6657303_rural-nursing-theory.html#ixzz1aP3p5c9L">http://www.ehow.com/about_6657303_rural-nursing-theory.html#ixzz1aP3p5c9L</a> ✓ <a href="http://www2.ivcc.edu/rambo/eng1001/sentences.htm">http://www2.ivcc.edu/rambo/eng1001/sentences.htm</a> ✓ <a href="http://www.englishpage.com/verbpage/activepassive.htmlhttp://english-zone.com/grammar/questions2.htm">http://www.englishpage.com/verbpage/activepassive.htmlhttp://english-zone.com/grammar/questions2.htm</a> ✓ <a href="http://www.netplaces.com/new-nurse/why-become-a-nurse/the-nursing-shortage.htm">http://www.netplaces.com/new-nurse/why-become-a-nurse/the-nursing-shortage.htm</a> ✓ <a href="http://www.englishclub.com/vocabulary/wh-question-words.htm">http://www.englishclub.com/vocabulary/wh-question-words.htm</a> ✓ <a href="http://www.eslgo.com/quizzes/raiderspassive.html">http://www.eslgo.com/quizzes/raiderspassive.html</a>		8- List of References
Handouts for all prepared contents by the candidate master degree of the course.		A - Course Note
		B- Required Books (Text Books)
		C - Recommended Books
		D - Periodicals, Web Sites, ..etc

Prof. Dr /Mohamed Ahmed

Head of Department;  
Assistant professor: dr Hanaa Hamdy Ali

Date 10 / 7 /2019

## Model (12)

**Department: Psychiatric Mental Health Nursing**

### Knowledge and skills matrix benefiting from the Studied course

Course Name	English Language 2
Code Name	414

Course contents	Study Week	Knowledge	Intellectual skills	Professional skills	General skills	Attitudes skills
<b>Unit one:</b> The Growth of Men in Nursing	1-2	A1,A4	B2	C1	D1,D4	E1,E3
<b>Unit two:</b> Responsibilities of a Circulating & Scrub Nurse	3-4	A1,A3	B1,B2	C1	D1,D3,D4	E2,E3
<b>Unit three:</b> Emergency nursing	5-6	A3,A4	B2,B3	C2	D2,D3,D4	E2-E3
<b>Unit four:</b> Rural nurses	7-8	A3,A4	B2,B3	C3,C4	D2,D3,D4	E1,E2-E3
<b>Unit five:</b> Radiation safety	9-10	A4,A5	B2,B3	C3,c4	D2,D3,D4	E1-E2
<b>Unit six:</b> Nursing Glossary	11-12	A1,A2,A3,A4	B2,B4	C1	D1,D2,D3,D4	E1,E2
<b>Unit seven:</b> English Grammar (Tenses, Active and Passive, Direct and indirect speech, Types of sentences)	13-14-15	A1,A2,A4	B1,B2	C1	D1,D2,D3,D4	E1-E2

**Professor of Course:**

**Head of Department**



# **Second-term Master**

## Course Specifications

### 1- Basic information

<b>Code:</b> 449	<b>Title :</b> Nursing seminars in the area of specific psychiatric nursing	<b>Master degree :</b> 3 semester
<b>Credit hours :</b> --	<b>Theoretical :</b> 60 hrs	<b>Practical :</b> 180 hrs
<b>Program(s) on which the course is given</b>	: Master degree of psychiatric and mental health nursing	
<b>Major or minor element of program</b>	: Major	
<b>Department offering the program</b>	: Psychiatric and mental health nursing department	
<b>Department offering the course</b>	: Psychiatric and mental health nursing staff	
<b>Date of specification approval</b>	: 2019	
<b>Academic year</b>	: 2019-2020	

**2- Overall Aims of Course** This course aims to acquire knowledge , attitude and skills of psychiatric nursing to provide high quality care to psychiatric patients .

### 3- Intended Learning Outcomes of Course (ILOs)

#### a- Knowledge and Understanding :

**By the completion of this course the student should be able to**

A1- Discuss concept of eating disorders .

A2- Discuss different psychiatric treatment modalities for mental illness

A3- Identify cause and different type of substance and mood disorders.

A4- Describe psychoanalytic and psychosocial theory .

A5 Identify components of nursing process appropriate to psychiatric patients.

#### b- Intellectual Skills

**By the completion of this course the student should be able to**

B1- Analyze knowledge from nursing and related sciences to identify and prioritize health needs of patients with psychiatric illness.

B2- - Formulate different tools of assessment to collect and interpret data that would benefit in caring of patient during the course of illness.

B3- Utilize critical thinking to provide innovative evidence based nursing intervention during the course illness

#### c- Professional and practical skills

**By the completion of this course the student should be able to**

- C1- Apply nursing process in care of psychiatric patients
- C2 Accurately document and report the outcome of nursing and other intervention.
- C3- Counsel patients about psychotherapy modalities.
- C4- Implement nursing intervention to clients experiencing sleep disorder.
- C5- Demonstrate increasing effectiveness in using therapeutic relationship skills to produce therapeutic out- come.
- C6- Apply nursing process in caring for with cognitive disorders.

**d- General and transferable skills**

**By the completion of he course the student should be able to**

- D1- Communicates patient values preferences and expressed needs to other members of health care team
- D2- Seeks information from appropriate sources on behalf of patient

**e- Attitude skills**

**By the completion of he course the student should be able to**

- E1- Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information
- E2- E2-values her role as a model for less experienced nursing care providers and nursing students.
- E3- E3-respects and encourages the patients participation in decision about health care services .

**4- Course Contents:**

Week	Topic	No. of hours	Tutorial/Practical
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		<b>Lecture 60 hrs</b>	<b>Practical 180 hrs</b>	
1 , 2 ,3	1. Mood disorders	4 hrs 4 hrs 4 hrs	12 hrs 12 hrs 12 hrs	---
4 , 5 , 6	2. Substance abuse	4 hrs 4 hrs 4 hrs	12 hrs 12 hrs 12 hrs	---
7 , 8 , 9	3. Sleeping disorders	4 hrs 4 hrs 4 hrs	12 hrs 12 hrs 12 hrs	---
10 , 11	4. Eating disorders	4 hrs 4 hrs	12 hrs 12 hrs	---
12 , 13	5. Cognitive impairment	4 hrs 4 hrs	12 hrs 12 hrs	---
14 , 15	6. Amnestic disorders	4 hrs 4 hrs	12 hrs 12 hrs	---
	Oral Exam			
	Final Exam			

### 5- Teaching and learning methods :

- Lectures
- Group discussion
- Interactive presentations
- Brainstorming

- Clinical practice
- Seminar
- Internet search in digital library
- Case study
- Nursing care plan
- Field study

## 6- Student Assessment :

### A- Assessment Method

- Written examination.
- Oral examination.
- Formative assessment: Clinical area evaluation through - Written work tools (nursing care plans, case studies about different psychiatric patients).

### B- Time Schedule

Oral Examination	At the end of the semester
Final - term Examination	

### C- Grading system

Final - term Examination	% 60
Oral Examination	%40
Total	%100

## 7- List of References

<b>A-Notes</b>	Not applicable
<b>B-Required books</b>	1-Kaplan & Sadock's(2015): Pocket hand book of clinical psychiatry fourth edition Philadelphia, Lippincott Williams &Wilkins. 2- Balzer-Riley J. (2014): Communication in nursing. 5 <sup>th</sup> ed., St. Louis: Mosby.
<b>C-Suggested books</b>	1- Boyd M.A. (2018): Psychiatric Nursing: Contemporary Practice. 4 <sup>th</sup> ed., New York: Wolters Kluwer Health,Williams & Wilkins, pp. 276- 323.. 2- Billing D.M., and Halstead J.A. (1998):Teaching in Nursing. London: W.B. Saunders Co, pp. 250- 260.
<b>D-Journals</b>	1. Arnetz J.E., and Arnetz B.B. Implementation and evaluation

	<p>of a practical intervention programme for dealing with violence toward health care workers. Journal of Advanced Nursing.2000; 31(3): 668-680.</p> <p>2. Berkowitz R., and Heintz P. The management of schizophrenic patients: the nurses view. Journal of Advanced Nursing.1984; 9: 23– 33.</p> <p>3.Berod A.C., Klay M., Santos-Eggimann B., and Paccaud F. Anxiety, depressive, or cognitive disorders in rehabilitation patients: Effect on length of stay. American Journal of Physical Medicine &amp; Rehabilitation. 2000; 79(3): 266– 273.</p> <p>4.Blair D.T., and Romanes V.AEducation as psychiatric intervention: The cognitive-behavioral context. Journal of Psychosocial Nursing.1997; 35(11): 29-36.</p> <p>5.Childress C.A. Ethical issues in providing psychotherapeutic interventions. Journal of Medical Internet Research. 2000; 2: E5.</p>
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## **8- Facilities required for teaching and learning**

Computer

Data show

**Course coordinator: Prof. dr/ Hanaa Hamdy**

**Head of department: Prof . dr/ Hanaa Hamdy**

**Date:**

**Department: Psychiatric Mental Health Nursing Model (12)**

**Knowledge and skills matrix benefiting from the Studied course**

Course Name	<b>Nursing Seminars in area of specific psychiatric nursing (3) 2020-2021</b>
Code Name	449

<b>Course Content</b>	<b>Study Week</b>	<b>Knowledge</b>	<b>Intellectual Skills</b>	<b>Professional skills</b>	<b>Transferable and General skills</b>	<b>Attitudes skills</b>
<b>1- Mood disorders</b>	1-2-3	A3,A4, A5	B1,B2, B3	C1,C2,C3	D1,D2	E1-E2-E3
<b>2- Substance abuse</b>	4-5-6	A3,A4	B1,B2, B3	C1,C2,C3	D1,D2	E1-E2-E3
<b>3- Sleeping disorder</b>	7-8-9	A2,A4,A5	B1,B2, B3	C2,C3,C4	D2,D2	E1-E2-E3
<b>4- Eating disorder</b>	10-11	A1,A2,A4	B1,B2, B3	C1,C3	D1, D2	E1-E2-E3
<b>5- Cognitive impairments</b>	12-13	A2,A4, A5	B1,B2, B3	C3,C6	D2,D2	E1-E2-E3
<b>6- Amnestic disorder</b>	14-15	A2,A4,A5	B1,B2, B3	C2,C3	D1, D2	E1-E2-E3

**Professor of Course:**  
**Dr: Hanaa Hamdy Ali**

**Head of Department:**  
**Dr: Hanaa Hamdy Ali**

## Course Specifications

### 1- Basic information

<b>Code :</b> 448	<b>Title :</b> research and psychological problems in Semester Egypt	<b>Level :</b> 3 <sup>rd</sup> master
<b>Credit hours :</b> ---	<b>Theoretical :</b> 30hrs	<b>Practical :</b> ---
<b>Program(s) on which the course is given :</b> Master degree in psychiatric and mental health nursing		
<b>Major or minor element of program :</b> Major		
<b>Department offering the program :</b> Psychiatric and mental health medicine department		
<b>Department offering the course :</b> Psychiatric and mental health medicine staff		
<b>Date of specification approval :</b> 2019		
<b>Academic year :</b> 2019-2020		

**2- Overall Aims of Course** This course aims to enable students to keep with international update standards of patients care of psychiatric disorders by mastering high levels of clinical skills, bedside patient care skills, in addition to update nursing knowledge as well as clinical experience and competence in the area of common, infrequent, and rare psychiatric disorders. Common, infrequent and rare psychological problems in Egypt.

- Introducing the student to the basics of scientific nursing research.

### 3- Intended Learning Outcomes of Course (ILOs)

#### a- Knowledge and Understanding :

**By the completion of this course the student should be able to**

- a1- Discuss types of sleeping.
- a2- Be aware of signs and symptoms of amnestic disorders
- a3- Describe causes and managements of eating disorders.
- a4- Explain causes and path physiology of Sexua disorders.
- a5- Recognize the causes, assessment and managements of cognitive disorder .

#### b- Intellectual Skills

**By the completion of this course the student should be able to**

- b1- Formulate the assessment of patients with sleeping disorders
- b2- Identify differential diagnosis pertaining to cognitive disorder .
- b3- Show in an algorism the protocols of managements in eating



**c- Professional and practical skills**

**By the completion of this course the student should be able to**

c1- The course has no practical hours.

**d- General and transferable skills**

**By the completion of the course the student should be able to**

d1- Adopt self learning and continues self evaluation.

d2- Enhance working with a team spirit and lead effectively.

d3- use informed and formal methods of teaching appropriate to patient learning ability.

d4- Manage effectively time, resources and set priorities.

d5- Develop patient education plan to enhance social skills.

	<b>e-</b>	<b>Attitude skills</b>	
		<b>By the completion of the course the student should be able to</b>	
		E1-	Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information
		E2-	E2-values her role as a model for less experienced nursing care providers and nursing students.
		E3-	E3-respects and encourages the patients participation in decision about health care services.

**4- Course Contents:**

Week	Topic	No. of hours		Tutorial/Practical
		Lecture 30 hrs	Practical --	
1 -2-3	1- Amnestic disorders	2 hrs	-	---

	<ul style="list-style-type: none"> <li>– Types</li> <li>– Signs and symptoms</li> <li>– Treatment</li> </ul>	2 hrs 2 hrs		
4-5-6	<b>2- Sexual violence</b> <ul style="list-style-type: none"> <li>– Types</li> <li>– Epidemiology</li> <li>– Treatment</li> </ul>	2 hrs 2 hrs 2 hrs	-	---
7-8-9	<b>3- Eating disorder</b> <ul style="list-style-type: none"> <li>– Anorexia nervosa</li> <li>– Bulimia nervosa</li> <li>– Obesity</li> </ul>	2 hrs 2 hrs 2 hrs	-	---
10-11-12	<b>4- Sleeping disorder</b> <ul style="list-style-type: none"> <li>– Types</li> <li>– Signs and symptoms</li> <li>– Treatment</li> </ul>	2 hrs 2 hrs 2 hrs	-	---
13-14	<b>5- Substance dependent</b> <ul style="list-style-type: none"> <li>- Clients</li> <li>– Types</li> <li>– prophylaxis</li> </ul>	2 hrs 2 hrs	-	---
15	<b>6- Cognitive disorder</b>	2 hrs	-	---
	Oral exam			
	Final Exam			

## 5- Teaching and learning methods :

### 5.1 Lecture

## 6- Student Assessment :

**A- Assessment Method**

A.1 Oral Examination

A.2 Final - term Examination

**B- Time Schedule**

Oral Examination	At the end of semester
Final - term Examination	At the end of semester

**C- Grading system**

Final - term Examination 60%

Oral Examination 40%

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Total 100%**7- List of References**

A - Concise text book of psychology

B - Sadaock and Kaplan , synopsis of  
psychiatry.

C - Recommended Books

D - Periodicals, Web Sites, ..etc

**Course Coordinator:****Dr. Nagda Mohamed El-Masry****Head of Department****Prof . Dr/ Amal El dakhakhney****Date:**     /     /

**University / Academy: Zagazig**  
**Faculty / Institute: Nursing**  
**Department :Psychiatric Mental Health Nursing**

<b>Course Name</b>	: Research and Psychological problems in Egypt 3 ٢٠٢١-٢٠٢٠
<b>Code Name</b>	<b>448</b>

**Model (12)**  
**Knowledge and skills matrix benefiting from the Studied course**

<b>Course Content</b>	<b>Study weeks</b>	<b>Knowledge</b>	<b>Intellectual Skills</b>	<b>Professional skills</b>	<b>Transferable and General skills</b>	<b>Attitude skills</b>
<b>1- Amnestic disorder</b>	1-2-3	A1	B1,3	C2,4	D1,D2	E1-E2-E3
<b>2- Mood disorder</b>	4-5-6	A2	B2,3	C2	D1,D2	E1-E2-E3
<b>3- Eating disorder</b>	7-8-9	A3	B2,3	C4	D1	E1-E2-E3
<b>4- Sleeping disorder.</b>	10-11-12	A4	B2,3,4	C1,2,3	D2	E1-E2-E3
<b>5- Substance dependent clients.</b>	13-14	A5	B2,3	C2,3	D1,D2	E1-E2-E3
<b>6- Cognitive disorder.</b>	15	A6	B1,2,3	C1,C2,C3	D1,D2	E1-E2-E3

**Professor of Course:**  
**Dr: Eman Fathy**

**Head of Department :**  
**Dr: Hanaa Hamdy Ali**

## Course Specifications

### 1- Basic information

<b>Code : 447</b>	<b>Title : Psychological physiology</b>	<b>Level : 3<sup>rd</sup> Master degree</b>
<b>Credit hours : --</b>	<b>Theoretical : 30hrs</b>	<b>practical :--</b>
<b>Program(s) on which the course is given</b>	<b>: Master degree of psychiatric and mental health nursing</b>	
<b>Major or minor element of program</b>	<b>: Major</b>	
<b>Department offering the program</b>	<b>: Psychiatric and mental health medicine department</b>	
<b>Department offering the course</b>	<b>: Psychiatric and mental health medicine staff</b>	
<b>Date of specification approval</b>	<b>: 2019</b>	
<b>Academic year</b>	<b>: 2019/2020</b>	

2- **Overall Aims of Course** This course aims: At the end of the course, the student will be able to deal with essence of psychophysiology and the cognitive and the affective aspects of human behavior.

### 3- Intended Learning Outcomes of Course (ILOs)

#### a- Knowledge and Understanding :

By the completion of this course the student should be able to

- a1- Discuss the component of cognitive, affective and psychomotor aspects of human behavior and integration among them.
- a2- Mention detailed principles of the fields of psychology
- a3- Clarify types and characteristics of personality.
- a4- Describe types of human emotions.
- a5- Explain sleep and biological rhythm
- a6- Discuss types of learning.

#### b- Intellectual Skills

By the completion of this course the student should be able to

- b1- Evaluate different patterns of emotions and personality.
- b2- Differentiate between different types of learning.
- b3- Correlates the facts of physiology with clinical reasoning, diagnosis and management of common diseases related to emotional disorders.
- B4- Analyze causes of sleep disorders.
- B5- Differentiate between different types of emotional disorders.

#### c- Professional and practical skills

By the completion of this course the student should be able to

- c1- None practical skills

**d- General and transferable skills**

**By the completion of the course the student should be able to**

**d1- Communicates patient values ,preferences and expressed needs to other members of health care team**

**d2- Use recognized professional standards of practice**  
**III**

**e- Attitude skills**

**By the completion of the course the student should be able to**

**E1- Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information**

**E2- values her role as a model for less experienced nursing care providers and nursing students.**

**E3- respects and encourages the patients participation in decision about health care services.**

**4- Course Contents:**

Week	Topic	No. of hours		Tutorial/Practical
		Lecture 30 hrs	Practical --	
1 , 2 , 3	1. Learning .	2 hrs 2 hrs 2 hrs	--	---
4, 5, 6, 7	2. Sleep and biological rhythm.	2 hrs 2 hrs 2 hrs 2 hrs	--	---
8, 9, 10	3. Control of movement	2 hrs 2 hrs 2 hrs	--	---
11, 12 ,13	4. Emotions	2 hrs 2 hrs 2 hrs	--	---
14, 15	5- personality	2 hrs 2 hrs	--	---
	Oral Exam			
	Final Exam			

**5- Teaching and learning methods :**

**5.1 Lecture**

**5.2 Group discussion**

### 5.3 Seminar

#### 6- Student Assessment :

##### A- Assessment Method

###### A.1 Written Examination

###### A.2 Oral Examination

##### B- Time Schedule

Written Examination	At the end of semester
Oral Examination	

##### C- Grading system

Written Examination	60%
Oral Examination	40%
Total	100%

#### 7- List of References

##### A - Course Note

##### B - Required Books (Text Books)

- 1- Sadock B.J., and Sadock V.A. (2005): eds. Kaplan & Sadock' s Comprehensive Textbook of Psychiatry. 8th ed. Philadelphia, Pa: Lippincott Williams & Wilkins.
- 2-Guyton textbook of physiology. Guyton AC, Hall JE: Textbook of medical physiology, 11<sup>th</sup> ed. Saunders, 2006.

##### C - Recommended Books

- 1- Mohr W.K. (2003): Psychiatric Mental Health Nursing, Fifth Edition, Lippincott comp. Philadelphia New York.

##### D – Journals

- American Journal of Physiology.
- Journal of applied Physiology.

Course Coordinator:

Dr/yomna khalil

Head of Department

Prof . Dr/ Hanaa Hamdy

Date:     /     /

University / Academy: Zagazig  
 Faculty / Institute: Nursing  
 Department :Psychiatric Mental Health Nursing

Course Name	<b>Psychological physiology 3 (2021-2020)</b>
Code Name	<b>: 447</b>

Model (12)

**Knowledge and skills matrix benefiting from the Studied course**

<b>Course Content</b>	<b>Study Week</b>	<b>Knowledge</b>	<b>Intellectual Skills</b>	<b>Professional skills</b>	<b>Transferable and General skills</b>	<b>Attitudes skills</b>
<b>1-learning.</b>	1-2-3	A.1,A6	B2	---	D1,D2	E1,E2,E3
<b>2- perception</b>	4-5-6-7	A.1,A5	B4	---	D1,D2	E1,E2,E3
<b>3- memory</b>	8-9-10	A1,A2	B3,B4	---	D2,D2	E1,E2,E3
<b>4-personality</b>	14-15	A1,A3	B1	----	D1,D2,	E1,E2,E3

**Professor of Course:**  
**Dr/ Dina Sleem**

**Head of Department :**  
**Prof . Dr/Hanaa Hamdy Ali**



<b>1-Basic information</b>		
<b>Level :</b> 3 <sup>rd</sup> Master degree	<b>Title:</b> English Language	<b>Code:</b> 432
<b>Theoretical :30</b>		<b>Practical :-</b>
<b>Major or minor element of program</b>		Minor
<b>Department offering the program</b>		Several
<b>Department offering the course</b>		General
<b>Date of specification approval</b>		
<b>Academic year</b>		<b>2019-2020</b>

<p>This course provides the candidate with theoretical knowledge &amp; skills in meeting the language demands of their major study, advanced course assignments include writing, speaking, reading tasks for academic and communication purposes, &amp; emphasis is on basic nursing word structure, prefixes, suffixes, combining forms, and pronunciation.</p>	<b>2-Overall Aims of Course</b>
<p><b>3-Intended Learning Outcomes of Course (ILOs)</b> by the end of this course the graduate will be able to:</p>	
<p>A1- Define technical terms and vocabulary related to the reading passages studied. A2- Identify the uses of Affixes.  A3- Explain the key concept and meaning of reciprocal verbs.  A4- Identify the structure of the passive clauses.  A5- Discuss the different techniques of paragraph development.  A6- Describe the functions of prepositions.  A7- Mention the role of contextual references.</p>	<b>a- Knowledge and Understanding</b>

B1-Use of the English language in their own specialization. B2- Use technical terms correctly. B3- Analyze a given text coherently with ease. B4- Write a paragraph cohesively and coherently. B5- Solve grammatical and vocabulary puzzles in time. B6- Apply authentic English materials relevant to the topics discussed. B7- Write paragraphs developed by techniques, such as cause and effects, examples, etc.	<b>b- Intellectual Skills</b>
<b>Not applicable</b>	<b>c- Professional and practical skills</b>

<p><b>D1- Communication:</b> Communicate relevant and effective ideas, information, and arguments using an appropriate register, style and format.</p> <p><b>D2- IT Skills:</b> Use appropriate computational tools and software to obtain, store or process information electronically and (where required) produce materials in electronic form.</p> <p><b>D3- Problem Solving:</b> Analyze complex data, materials or behavior, using appropriate specialized techniques, formulating and testing research hypotheses, identifying problems and evaluating solution.</p> <p><b>D4-Self Learning:</b> Work autonomously showing organization, self – discipline and time management, responding constructively to feedback and learning new material and techniques.</p>	<b>d- General and transferable skills</b>
<p><b>E1-</b> Appreciates and promotes patient \ client rights to autonomy, respect, Privacy, dignity, and access to information.</p> <p><b>E2-</b> Values her role as a model for less experienced nursing Care Providers and nursing students.</p> <p><b>E3-</b> Respects and encourages the patients participation in decision about health care and services.</p>	<b>E- Attitude</b>

#### 4- Course Contents:

weeks	Topic	Theory	practical	Total No. of hours	Methods of teaching
1-2-3	<b>Unit one:</b> - Meditation	2 hrs 2hrs 2hrs		4	Group discussion
4-5-6	<b>Unit two:</b> - Comprehension	2 hrs 2hrs 2hrs	-	2	lecture
7-8-9	<b>Unit three:-</b> -Reading	2 hrs 2hrs 2hrs	-	4	Group discussion

10- 11-12	<b>Unit four</b> - listening	2 hrs 2hrs 2hrs	-	2	lecture
13-14	<b>Unit five:</b> - Nursing Glossary	2 hrs 2hrs		4	lecture
15	<b>Unit six:</b> - English Grammar	2 hrs		4	Group discussion
	<b>Total</b>	<b>30</b>	<b>-</b>	<b>30</b>	

<p>-A combination of delivery methods are used to facilitate learner and faculty communication including:</p> <p><b>Internet</b> Internet resources are used as an integral part of the instruction.</p> <p><b>Electronic Mail</b> Allows learners to freely interact on an individual or group level with other learners and the instructor.</p>	<b>5-Teaching and learning methods :</b>
Not applicable	<b>6-learning methods for special needs</b>
<p>Assessment 1: Brainstorming Activity exercise</p> <p>Assessment 2: Practical Application1</p> <p>Assessment 3: Group work written assignment</p> <p>Assessment 4: Internet search assignment</p>	<b>7-Student Assessment :</b>
<ul style="list-style-type: none"> <li>▪ Attendance</li> <li>▪ Participation</li> <li>▪ Seminars</li> </ul>	<b>a-Assessment Method</b>

<ul style="list-style-type: none"> <li>▪ Oral examination</li> <li>▪ Written examination</li> </ul>	
- oral exam : (16 week)  - Second assessment: at the end of the course (17 week)	<b>b- Time Schedule</b>
Score <ul style="list-style-type: none"> <li>▪ oral examination      40</li> <li>▪ Final write exam      60</li> </ul> <p style="text-align: right;"><b>Total      100</b></p>	<b>c- Grading system</b>
	<b>8- List of References</b>
	<b>A - Course Note</b>
	<b>B- Required Books (Text Books)</b>
	<b>C - Recommended Books</b>
<a href="http://www.netplaces.com/new-nurse/why-become-a-nurse/the-nursing-shortage.htm">http://www.netplaces.com/new-nurse/why-become-a-nurse/the-nursing-shortage.htm</a> <a href="http://www.ehow.com/about_6657303_rural-nursing-theory.html#ixzz1aP3p5c9L">http://www.ehow.com/about_6657303_rural-nursing-theory.html#ixzz1aP3p5c9L</a> <a href="http://www.ehow.com/about_6657303_rural-nursing-theory.html#ixzz1aP3p5c9L">http://www.ehow.com/about_6657303_rural-nursing-theory.html#ixzz1aP3p5c9L</a> <a href="http://www.medi-smart.com/nursing-resources/glossary">http://www.medi-smart.com/nursing-resources/glossary</a> <a href="http://www2.ivcc.edu/rambo/eng1001/sentences.htm">http://www2.ivcc.edu/rambo/eng1001/sentences.htm</a>	<b>D - Periodicals, Web Sites, ..etc</b>
<b>Course Coordinator:</b>	<b>Prof . Dr /Mohamed Ahmed</b>

**Head of department**

**Date    \    \**

**Psychiatric Mental Health Nursing**  
**Knowledge and Skills matrix benefiting from the studied course**  
**(English 3<sup>rd</sup> term)**  
**Code: 432**

<b>Course Content</b>	<b>Knowledge</b>	<b>Intellectual skills</b>	<b>Professional skills</b>	<b>Transferable and General skills</b>	<b>Attitudes skills</b>
- <b>Meditation</b>	A1-A2-A3-A4-A5-A6-A7	B1-B2-B3-B4-B5-B6-B7	-	D1-D2-D3-D4	E1-E2-E3
- <b>Comprehension</b>	A1-A2-A3-A4-A5-A6-A7	B1-B2-B3-B4-B5-B6-B7	-	D1-D2-D3-D4	E1-E2-E3
- <b>Reading</b>	A1-A2-A3-A4-A5-A6-A7	B1-B2-B3-B4-B5-B6-B7	-	D1-D2-D3-D4	E1-E2-E3
- <b>Listening</b>	A1-A2-A3-A4-A5-A6-A7	B1-B2-B3-B4-B5-B6-B7	-	D1-D2-D3-D4	E1-E2-E3
- <b>Nursing Glossary</b>	A1-A2-A3-A4-A5-A6-A7	B1-B2-B3-B4-B5-B6-B7	-	D1-D2-D3-D4	E1-E2-E3
- <b>English Grammar</b>	A1-A2-A3-A4-A5-A6-A7	B1-B2-B3-B4-B5-B6-B7	-	D1-D2-D3-D4	E1-E2-E3

**Course coordinator**  
**Prof . Dr /Mohamed Ahmed**  
**Head of department**

**Date**

