

Course Specification

Health education for Elderly (Master degree 3rd term)

1- Basic information

Code : 489 Health education for Elderly **Level :** master 3rd semester
(Master degree 3rd term)

Credit hours : 0 **Theoretical :**30 **Practical :** 0

Program(s) on which the course is given : Master Program (Gerontological nursing)

Major or minor element of program : Minor

Department offering the program : Gerontological nursing Department

Department offering the course : Gerontological nursing Department

Date of specification approval : 2020

Academic year : 2020-2021

2- Overall Aims of Course:

At the end of this course students will acquire the essential knowledge and skills related to health education for elderly, Identify different terminology and theories in health education and be able to develop health education program for elderly persons in different community settings.

3- Intended Learning Outcomes of Course (ILOs)

a- Knowledge and Understanding :

By the completion of this course the student should be able to

A1- Discuss the Targets of health education for elderly.

A2- Identify the Aims of health education for elderly.

A3- Discuss the principles of health education for elderly including methods of motivation.

A4-Describe principle of learning and factors affecting learning.

A5- Explain the health education for elderly methods and media.

A6- Discuss the process of communication skills.

A7-Explain the components of health education program for elderly.

A8-Discuss Ethical Issues in Health Education.

b- Intellectual Skills

By the completion of this course the student should be able to

B1-Assess elderly health needs and their characteristics.

B2- Develop program objective.

B3-Plan teaching program for elderly person.

B4-Use teaching methods appropriate to elderly learning objectives.

B5-Implement teaching program for elderly person in different health settings.

B6-Demonstrate motivation techniques.

B7-Evaluate the outcomes of teaching program for elderly.

B8-Empoly Ethical Issues in Health Education.

c- Professional and practical skills

By the completion of this course the student should be able to

C1- Provide health education and counseling based on updated according the needs of elderly people.

d- General and transferable skills

By the completion of the course the student should be able to

D1- Work productively in a team.

D2- Search effectively in websites relevant to certain subjects.

D3- Manage effectively time, resources and set priorities

D4- Demonstrate effective communication with older adults and their families

D5- Develop critical thinking abilities.

e- Attitude

By the completion of the course the student should be able to

E1- Obtain a comprehensive history in a friendly manner.

E2- Protect and promote elderly patient rights to autonomy, respect, privacy, and dignity.

E3- Contribute to safe, supportive, and professional practice environment.

E4- Communicate with elderly with a respect for different values, cultures, intellectual levels and emotional state.

E5- Suggest the students about the educational methods and materials.

E6- Counsel elderly patients to find solutions to their problems.

4- Course Contents:

Weeks	Topics	No. of hours	
		Lecture 30 hours	practical 0 hours
1 2	Unit1: Introduction of health education for elderly <ul style="list-style-type: none">AimsPrinciples	2 2	-
3 4	Unit 2: Health and Human behavior <ul style="list-style-type: none">FactorsCulture	2 2	-
5 6	Unit 3: Health communication <ul style="list-style-type: none">Typesstages	2 2	-

7 8	Unit 4: Methods of health education for elderly <ul style="list-style-type: none"> Teaching methods Media methods 	3 3	-
9 ١٠	Unit 5: Training <ul style="list-style-type: none"> Types process 	2 2	-
1١ 1٢ ١٣ ١٤	Unit 6: Health education for elderly <ul style="list-style-type: none"> Assessment Planning Implementation Evaluation 	4	-
1٥ 1٦	Unit 7: - Ethical Issues in Health Education <ul style="list-style-type: none"> principles Responsibilities 	2 2	-
1٧	Oral-exam		
1٨	Final Exam		

5- Teaching and learning methods :

5.1 Lectures, Seminars, Class presentation

5.2 Brain storming

5.3 Semester work (Self learning via research papers presentation, report writing)

6- Student Assessment :

A- Assessment Method

A.1 Class presentation

A.2 Semester work

A.3 Oral Examination

A.4 Final term Examination

B- Time Schedule

class presentations	Week : through semester
Semester work	Week : through semester
oral Examination	Week : 14
Final - term Examination	Week : 15

C- Grading system

Class presentations	% 10
Oral Examination	% 20
Semester work	% 10
Final - term Examination	% 60

7- List of References

A - Course Note: Handouts: prepared by the candidate master degree of the course.

B -Required Books: **Murray, R.B., Zentner, J.P., Pangman, V., & Pangman, C. (2009).** Health promotion strategies through the lifespan (2nd Ed.). Pearson Prentice Hall: Toronto.

Forster, D . And Pike, s. (2006): Health Promotion for all New York, The African Medical and Research Foundation.

Green L.W., Ottoson J.M. (2008). Public health education and health promotion. In L.F. Novick, C.B. Morrow, & G.P. Mays (eds.). Public Health Administration: Principles for Population-Based Management. Boston: Jones & Bartlett Publishers, pp. 589-62

C-Recommended Books: **Green L.W., Ottoson J.M. (2008).** Public health education and health promotion. In L.F. Novick, C.B. Morrow, & G.P. Mays (eds.). Public Health Administration: Principles for Population-Based Management. Boston: Jones & Bartlett Publishers, pp. 589-62

**D-Periodicals,
Web Sites, ...etc**

- ✓ Health education web sites.
- ✓ journal of health education
- ✓ Health education quarterly
- ✓ Journal of clinical effectiveness
- ✓ WWW.Pubmed.com
- ✓ Journal of evidence based medicine
- ✓ Journal of effective health care
- ✓ Wwww. Cinahi.com
- ✓ Wwww. Guidelines. gov
- ✓ <http://ebn.bni.com>

8- Facilities required for teaching and learning

Computer and Data show.

Course Coordinator: Prof. Eman Shokry Abd Allah

Head of Department Prof. Eman Shokry Abd Allah

Date: / /