

امتحان تمريض صحة المجتمع ترم أول الفرقة الرابعة



كلية مجتمع



Zagazig University/ College / faculty of nursing Band / fourth year Department / community health nursing Date / 31/12/ 2016 First Semester	Theoretical exam Subject / community health nursing Time / 3 Hours Total Score / 120 Number of questions / 6 Questions Number of questions paper: 6
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Answer all of the following questions:

I- Choose THE BEST ANSWERS

(25 Marks)

- 1- What is the role of the workplace's occupational health and safety representative (OH&S) ?
 - a. To represent the workers' views and concerns on the workplace's OH&S practices to the employer
 - b. To document the workplace's OH&S policies and practices
 - c. To check on whether all workers are complying with the workplace's OH&S policies and practices
 - d. To train and assess all workers in their knowledge of the workplace's OH&S policies and practices
- 2- "The school nurse is discussing ways to prevent an outbreak of hepatitis A with a group of high school teachers. Which action is the most important intervention that the school nurse must explain to the school teachers?"
 - a. Do not allow students to eat or drink after each other.
 - b. Drink bottled water as much as possible.
 - d. Encourage protected sexual activity.
 - d. Thoroughly wash hands.
- 3- For an infant who is choking, you would perform....
 - a. The Heimlich maneuver.
 - b. CPR
 - c. Back blows and chest thrusts.
 - d. Hold the infant upside down and strike between the shoulder blades.

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- 4- **A code of ethics is best defined as :**
- a. A set of values to which one is personally committed.
 - b. Formal guidelines and standards for professional actions.
 - c. A statement of minimum standards of competent practice.
 - d. Guidelines to which members of the profession are legally bound.
- 5- **Child shouldn't get a vaccine if:**
- a. He is taking antibiotics
 - b. He has a simple cold
 - c. He has a severe allergic after previous dose of vaccine
 - d. He has a diarrhea
- 6- **Your client has recently returned from major surgery with general anesthesia. You intend to turn him but decide not to because it would cause him great pain. You are functioning under the principle of :**
- a. Veracity.
 - b. Nonmaleficence.
 - c. Beneficence.
 - d. Advocacy.
- 7- **A nurse is caring for a client who is dying and is a potential organ donor. The nurse reviews the client's medical record and identifies a contraindication to organ donation if which of the following were documented in the client's record?**
- a. Age of 38 years
 - b. Hepatitis B infection
 - c. Allergy to penicillin type antibiotics
 - d. Negative rapid plasma reagin (RPR) laboratory result
- 8- **When caring for a choking infant, what position is the infant held in?**
- a. Upside down by the ankles and shoulders.
 - b. Face up on a flat surface.
 - c. Face down on your forearm with head lower than the body.
 - d. Face down on your knee, with head lower than the body.
- 9- **An 85-year-old man is refusing dialysis for his kidney failure. The primary ethical principal involved is :**
- a. Autonomy.
 - b. Beneficence.
 - c. Nonmaleficence.
 - d. Justice.
- 10- **If the mother miss one or more of her child's sets of shots of vaccine , she will need to:**
- a. start all over
 - b. Get an extra set as booster to make up for the ones she missed
 - c. Get the missed shot as the next visit
 - d. None of above

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- 11- Which priority teaching information should the nurse discuss with the client to help prevent contracting hep. A?**
- Explain the importance of good hand washing.
 - Tell the client to take the hepatitis B vaccine in three (3) doses.
 - Tell the client not to ingest unsanitary food or water.
 - Discuss how to implement standard precautions.
- 12- The nurse is performing an assessment on a client being evaluated for viral hepatitis. Which symptom will the nurse most likely assess on this client?**
- Arthralgia
 - Excitability
 - Headache
 - Polyphagia
- 13- The physician has determined that the client with hepatitis has contracted the infection from contaminated food. The nurse understands that this client is most likely experiencing what type of hepatitis?**
- Hep-A
 - Hep-B.
 - Hep-C.
 - Hep-D
- 14- Nurses can best improve the quality of their ethical decisions by :**
- Thinking in advance about such dilemmas and how they might handle them.
 - Taking college or continuing education ethics courses.
 - Reading and following the ANA Code of Ethics.
 - Knowing and obeying state laws and hospital policies.
- 15- A client is suspected of having hepatitis. Which diagnostic test result will assist in confirming this diagnosis ?**
- Elevated hemoglobin level
 - Elevated serum bilirubin level
 - Elevated blood urea nitrogen level
 - Decreased erythrocytes sedimentation rate
- 16- Which of these factors can cause hepatitis?**
- Viruses
 - Drugs and alcohol
 - Malfunctioning immune system
 - All of the above
- 17- A person, who is unconscious, not breathing, has a weak pulse, needs:**
- CPR
 - Heimlich maneuver.
 - Rescue breathing.
 - Back blows and chest thrusts.
- 18- What is the gold standard to diagnose acute hepatitis A ?**
- A history of recent ingestion of raw shellfish
 - Detectable IgM anti-HAV
 - Alanine aminotransferase > 1.000U/L
 - Detectable total anti-HAV (IgG & IgM)

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- 19- A homeless patient with severe anorexia, fatigue, jaundice, and hepatomegaly is diagnosed with viral hepatitis and has just been admitted to the hospital. In planning care for the patient, the nurse assigns the highest priority to the patient outcome of:
- Maintaining adequate nutrition
 - Establishing a stable home environment
 - Increasing activity level
 - Identifying the source of exposure to hepatitis
- 20- The term beneficence means :
- Do no harm.
 - Fairness.
 - Doing good.
 - Personal liberty.
- 21- Which of the following vaccines usually aren't given until the child first birthday:
- MMR
 - DPT
 - OPV
 - Influenza
- 22- All of the followings are common injuries in the hospitality industry except:
- Sprains and strains
 - Being hit by falling objects
 - Falls
 - Sun-related injuries
- 23- Despite the substantial differences between developing and developed countries, a high priority health care issue in rural areas is:
- Public health infrastructure
 - Emergency medical care
 - Access to health care
 - Outreach programs
- 24- Workplace related injuries, illnesses and deaths impose costs upon?
- Employers
 - Employees
 - The community
 - All of the above
- 25- A client's cancer is very advanced. She has decided not to have surgery or chemotherapy. Her nurse believes that, as a rule, everything possible should be done to preserve life. However, once the client has decided, the nurse supports her decision. Which moral principle provides the best basis for the nurse's actions ?
- Respect for autonomy
 - Nonmaleficence
 - Beneficence
 - Justice

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**II- Circle (T) if The Statement is true and (F) is the statement is false and
CORRECT the false one. (10 Mark)**

- 26- Mothers put their newborn to sleep on their abdomen to reduce sudden infant death syndrome. (T) (F)
- 27- Physical education is considered one of the main components of the traditional model of a school health program. (T) (F)
- 28- MMR is preferable for pregnant woman. (T) (F)
- 29- Profoundly mentally retarded individuals have IQ scores 20-40 (T) (F)
- 30- Providing anticipatory guidance is an important function of school nurse as a counselor. (T) (F)

III- Match each term below to its correct definition (10 marks)

1- Blastoma	a. Several adults and children living together.
2- Geography	b. A community health problems influenced by climate.
3- Epidemiology	c. Ability to intervene and solve problems.
4- Role model	d. Causal thinking.
5- Social and culture function	e. Behavior that is learned by others.
6- Embryo hazard	f. Utero exposure.
7- Ergonomics	g. Value, attitudes and culture.
8- Acquired handicapping	h. Improper work station design.
9- Communal family	i. Accident and injuries.
10- Community organization	j. Embryonic tissue.

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IV- Apply the role of community health nurse in: (15 marks)

- a) Occupational health setting.
- b) Handicapping area.

V- Situation (1) (25 marks)

A client with diabetes may face two serious emergencies; diabetic coma (Hypo & Hyperglycemia).

In the light of the above statement compare between both problems:

- 1- Mention the onset of each problem.
- 2- Enumerate the signs of each problem.
- 3- Discuss the immediate first aid for each one.
- 4- Select the role of CHN that appropriately fit.
- 5- Apply the three levels of prevention on diabetes mellitus.

VI- Situation (2) (35 marks)

Certain health problems outbreak has occurred in a rural area due to water pollution, spread of flies and insanitary environment; consequently efforts are needed to ensure that the community works together to achieve the goal.

In the light of the above statement answer the following questions:

- 1- List the common health problems (at least two) that might be occurred.
- 2- Describe the model that can relate the risk factors, and give some details for each risk factor.
- 3- Determine the anticipated complications.
- 4- What is the most appropriate community assessment method that can be used? Why?
- 5- What is the most ethical principle that could be applied in this situation?
- 6- Select the role of CHN that appropriately fit.

End

**Wishing good luck and success
Dr. /Amany sorour**