

امتحان تمرير مسنين ترم أول الفرقة الرابعة لعام 2017/ 2018م



حاصلين



Zagazig University College: Faculty of Nursing Fourth Year Exam. Department: Gerontological Nursing Department Date: 4 / 1 / 2017 First Semester 2016/ 2017	Final Theoretical Exam Subject: Gerontological Nursing Time: 3 hours Total Score: 60 marks Number of questions: 6 Number of papers: 3 (sided papers)
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Dear Students, this part of questions should be answered in the electronic correction paper

I- Choose the correct answer: (15 Marks/ 1 for each)

- 1- Musculoskeletal System age related changes include all the following Except:
 - A. Height decreases
 - B. Decline in muscle mass and strength.
 - C. Weight increases after 60.
 - D. Relapse of cartilage and joints.
- 2- Physical benefits of exercise on Neuropsychological health all the following Except:
 - A. Improves mood state
 - B. Improves quality of sleep
 - C. Improves short-term memory
 - D. Improve intellectual performance
- 3- A family caregiver can do all the following to decrease stress and burnout Except:
 - A. Asking for help from others
 - B. Taking care of own health
 - C. Taking a break through neglecting the care receiver
 - D. Take a pause and crying
- 4- Why are frail elderly people more likely to be abused?
 - A. They are not able to defend themselves
 - B. They are weak and independent
 - C. They are able to report the abuse
 - D. Both A and B
- 5- The ethical Principle in which a professional gerontological nurse strives to assure those vulnerable clients' individual choices are maximized to the greatest extent possible.
 - A. Promoting benefit and avoiding harm
 - B. Respect for clients' rights and dignity
 - C. Justice
 - D. Loyalty and responsibility
- 6- As a gerontological nurse, when you communicate with elderly Person with, allow the elderly person to see your lips.
 - A. Deafness
 - B. Impaired hearing
 - C. Impaired vision
 - D. Alzheimer disease

the environmental factors affecting aging include the following Except:

- A. Ecological influence
- B. Chemical factors
- C. Hereditary factors
- D. Infectious agents

8- Integumentary System age related changes include all the following Except:

- A. Skin becomes thicker and dryer.
- B. Nails grow more slowly.
- C. Nails become thick, tough, and brittle.
- D. Hair becomes gray.

9- Intrinsic factors for falling in older people include all the following Except:

- A. Fear of falling
- B. Getting up or sitting down
- C. Decrease in Muscle strength
- D. Gait disorders

10- The determinants of health that are out of control of individuals include all the following Except

- A. Social circumstances.
- B. Economic conditions.
- C. Personal actions.
- D. Environmental conditions.

11- Which medical condition does NOT cause depression in older adults?

- A. Vitamin B12 deficiency
- B. Heart disease
- C. Parkinson's disease
- D. These can all cause depression

12- The first and most important step toward preventing elder abuse is to:

- A. Educating people about elder abuse
- B. Be aware of that no one should be subjected to harm.
- C. Increasing the availability of respite care
- D. Promote positive attitude toward elderly

13- Urinary System age related changes include all the following Except:

- A. Kidney mass decreases by 25-30 percent
- B. The number of glomeruli decreases by 20 to 30 percent.
- C. Bladder capacity decreases
- D. Increase in residual urine and frequency.

14- Medical conditions that can cause falls include:

- A. Depression
- B. Vascular dementia
- C. Kyphosis
- D. A, C

15- Attitudes are all this item Except:

- A. Not inherited
- B. Acquired or learned
- C. Feeling or behaving
- D. Related to religion

Read the following sentences and put (T) OR (F) (10 Marks/ 1 for each)

16	Change in life-style is a social factor influencing the aging.	
17	With depression, seniors don't notice or don't care about memory problems.	
18	Bladder capacity decreases with age, which leads to frequent urination.	
19	Consequences of ageism contain the elders become independent and unacceptable.	
20	Elder abuse is the infliction of physical harm on an older adult.	
21	Communication process, Is a two way process involving sending and receiving words between peoples	
22	The door handles should be round knobs instead of lever action to maintain elderly safety.	
23	Simple CHO is required to elderly person.	
24	Physical wellbeing depends on psychosocial wellbeing.	
25	In the case of independency of parents grand children must assist their parents in activity of daily living.	

Dear Students, this part of questions should be answered in the same exam paper

III- Write the Scientific Term: (10 Marks/ 1 for each)

	Statements	Scientific Term
1	Use direct statement regarding facts, a good information that is concise, and easily understood by elderly	
2	Is a major concern when working with or providing care to the elderly	
3	Family member forces an elderly person to change their will.	
4	Is influenced by expected life span, economic conditions, social expectations, media, and arts	
5	It Was developed to guide the gerontological nurse to be mindful of, to understand, and to adhere to the highest ethical principles.	
6	Is a result of the interaction between genetic endowment and environmental influences.	
7	Has vitamin, minerals, fibers which help in bowel elimination& decrease bl. cholesterol level.	
8	Condition which an elderly person doesn't know what he is called or remember his purpose.	
9	Resources like advice, support, guidance and day to day assistance.	
10	Type of memory which basically permanent.	

IV- Complete the following: (7 Marks/ 0.5 for each point)

1- Effective verbal communication requires techniques such as: (0.5 for each)

1- 2- 3-

2- Personality characteristics causes of depression include: (0.5 for each)

1- 2-

3- is a chief cause of fractures in elderly women. (0.5 Marks)

Age related kidney changes reduce the ability to , and to (0.5 for each)

5- Community based resources, such as , , or , may be an effective way of preventing or alleviating elder abuse or neglect. (0.5 for each)

6- Measures to increase spiritual well-being of an elderly person include: (0.5 for each)
1 -
2 -
3 -

V- Situation (A): (9 Marks)

Haj Ibrahim is a 73-year-old widow. He and His son, Ali, are living together. A family member has been received a call from Haj Ibrahim and said that Ali had yelled at him, isolated him in dark room, and called him a “stupid”. Haj Ibrahim made the call from his locked bedroom and whispered throughout because he was frightened that his son would hear her voice on the telephone.

1- From the complaints of father, what is the problem facing him? (2 Marks)

2- As a gerontological nurse visiting Haj Ibrahim, how to identify the signs and symptoms of the problem facing him? (2 Marks)

3- As a gerontological nurse, how to prevent the problem facing Haj Ibrahim? (3.5 Marks)

4- In aging families, family functions are modified to address the special needs of the elderly person that should be focused on? (1.5 Marks)

VI- Situation (B):

(9 Marks)

Haja Amina 84 years old, had been receiving treatment for angina for two years. Two years ago she had an appointment to have an operation on a bunion on her big toe. However, because of her angina, she was sent for a heart scan. She said: "They found that it was not angina, but a leaky valve. "She asked if she could have this fixed. Her doctors and nurse said: 'What are you bothered about, at your age?

According to this case

1- Interpret the (behavior) reaction of the doctor and nurse to Haja Amina in scientific term and define it? (2 Marks)

2- What are the results (complications) of doctor and nurse reaction on the community? (2 Marks)

3- What can the gerontological nurse do to change the doctor and nurse reaction (behavior)? (3 Marks)

4- According to ethical principles which principle can support the nurse in caring Haja Amina and explain it? (2 Marks)

Best Wishes.

Prof. Dr. Eman Shokry Abd Allah

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