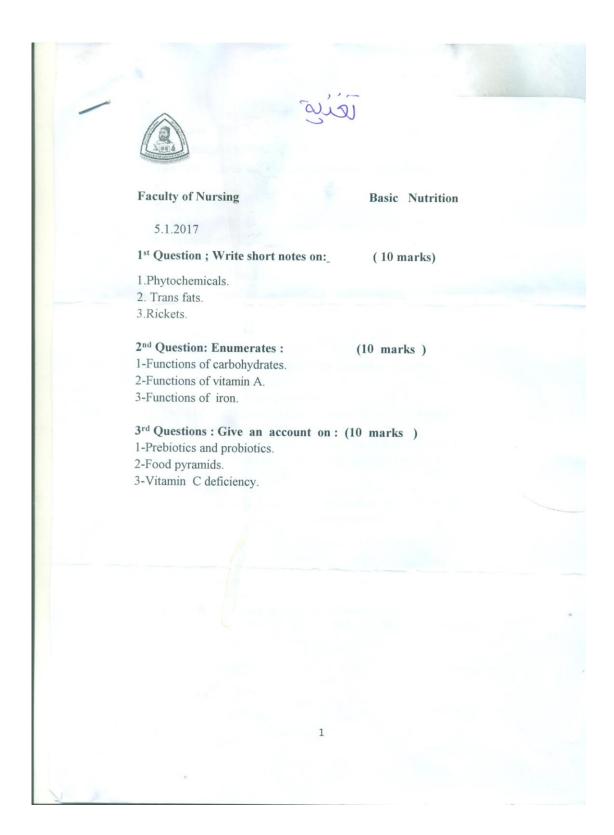
## امتحانات الفرقة الأولى تغذية لعام 2016.2017



4th Question MCQs chose the correct answer for seven	(10 marks)
1. The best source of mono-unsaturated fatty acids are:	
<ul> <li>a) Fish oil</li> <li>b) Vegetable oil</li> <li>c) Olive oil</li> <li>d) Meat</li> <li>2. Cholesterol is found in :</li> </ul>	
<ul><li>a. egg yolk.</li><li>b. brain.</li><li>c. liver.</li></ul>	
d. all of the above  3-Dietary fibre has all the following fu  a) reduce constipation b) increases bowel motility c) decreases absorption of dieta d) generates sensation of fullnes e) increase absorption of dietary  4- All of the followings are high quality a) meat b) liver c) eggs d) vegetable  5.Vitamin K is essential for form a) clotting factors b)haeme	ry fat and cholesterol ss 7 fat and cholesterol r protein Except ? proteins nation of:
c)protein d)muco	polysaccharides
6 - BMI =	
9- Essential fatty acids are GOOD LUCK	
- Wall	