



***Fundamental Nursing
Teaching Plan
Credit Hours***

***First year
1st semester***

2022/2023

Fundamental Nursing Course

Course Title: Fundamental Nursing

Course description

This course provides opportunities to develop competencies necessary to meet the needs of individuals throughout the lifespan in a safe, legal, and ethical manner using the nursing process. Students learn concepts and theories basic to the art and science of nursing. The role of the nurse as a member of the healthcare team is emphasized. Students are introduced to the concepts of client needs, safety, communication, teaching/learning, critical thinking, ethical-legal, cultural diversity, nursing history, and the program's philosophy of nursing. Additionally, this course introduces psychomotor nursing skills needed to assist individuals in meeting basic human needs. Skills necessary for maintaining microbial, physical, and psychological safety are introduced along with skills needed in therapeutic interventions. At the conclusion of this course students demonstrate competency in performing basic nursing skills for individuals with common health alterations.

Course objectives:

Upon completion of this course, the student will be able to:

- 1.** Identify types of asepsis.
- 2.** Explain medical and surgical aseptic procedures including isolation.
- 3.** Explain the chain of infection.
- 4.** Explain the infectious process.
- 5.** Explain the consequences of infection.
- 6.** Explain the inflammatory process.
- 7.** Identify standard precautions
- 8.** Identify measures that ensure a secure environment.
- 9.** Define documentation processes for safety and security
- 10.** Provide needs-based care according to Maslow's Hierarchy.
- 11.** Administer medication through tubes.
- 12.** Maintain oxygenation

Course policies:

1. Students are expected to prepare for lecture by reading assigned materials.
2. Attendance of lecture is a requirement and students should be on time student who miss more than seven lecture hour without excuse will be dismissed from the course.
3. Student should be dressed in the assigned dress code.
4. Students unable to take the scheduled exam should follow the proper university regulation otherwise he/she will get zero in their exam.

Medical Surgical Nursing Staff

<u>STAFF</u>
Prof/ Nadia Mohamed Taha
Assist. Prof/Eman Ali Metwaly
Assist. Prof/ Rehab Ragab Bayomi
Dr/ Maha Desoky Sakr
Dr/ Gehan Elsayed Hafez
Dr/ Aida Ahmed Mohamed
Dr/ Naglaa Abd-Elkareem Moghazy
Dr/ Fatma Mohamed Abdel hameed
Instructor/ Doaa Mohammed Sabry
Dr /Amira Mohamed Sabry
Assistants Staff
1. Assist. Lecturer/ Asmaa Mohamed Metwally
2. Assist. Lecturer/ Aya abdelFadeil
3. Assist. Lecturer/ Osama Salah
4. Assist. Lecturer/ Esraa Hanafy
5. Demonstrator/ Abeer Adel
6. Instructor/ Salwa Hassan
7. Instructor/ Asmaa Mohamed Ahmed
8. Instructor/ Tayseer Esam
9. Instructor/ Rasmia
10.Sally Atef
11. Bodoor AbdelRahman

Theoretical lectures of Fundamental Nursing course:

LIST OF CONTENTS

- Introduction of Nursing
- Nursing process
- Health, Wellness and illness
- Basic Human Needs
- Recording & Reporting
- Infection control
- Vital Signs
- Medications
- Immobility
- Oxygenation
- First Aids

- توزيعة محاضرات النظرى حسب المحاضرين للعام الجامعى
(الترم الاول نظام الساعات المعتمدة) ٢٠٢٣/٢٠٢٢

Teaching plan

First term Credit Hours (2022-2023)

Day	Time	Group	Class
Monday	9:00 -12:00 Am	1	Class1
Thursday	9:00 -12:00 Am	2	Class 2

Schedule of 1st year lectures (1st term)

Week	Day/ Date	Time	Topic	Academic Staff
1 st	Monday 3/10/2022	9.00-12.00Am	Introduction of nursing	Prof/ Nadia Mohamed Taha
	Thursday 6/10/2022	9.00-12.00Am	Introduction of nursing	Dr. Maha Desoky
2 nd	Monday 10/10/2022	9.00-12.00Am	Nursing Process	Dr. Amira Sabry
	Thursday 13/10/2022	9.00-12.00Am	Nursing Process	Dr. Amira Sabry
3 rd	Monday 17/10/2022	9.00-12.00Am	Health, Wellness and illness	Dr. Gehan Elsayed
	Thursday 20/10/2022	9.00-12.00Am	Health, Wellness and illness	Dr. Gehan Elsayed
4 th	Monday 24/10/2022	9.00-12.00Am	Basic Human Needs	Dr. Aida Mohamed
	Thursday 27/10/2022	9.00-12.00Am	Basic Human Needs	Dr. Aida Mohamed
5 th	Monday 31/10/2022	9.00-12.00Am	Recording and reporting	Dr. Naglaa abdelkareem
	Thursday 3/11/2022	9.00-12.00Am	Recording and reporting	Dr. Naglaa abdelkareem
6 th	Monday 7/11/2022	9.00-12.00Am	Infection control	Assist. Prof/ Eman Ali
	Thursday 10/11/2022	9.00-12.00Am	Infection control	Assist. Prof/ Eman Ali
7 th	Monday 14/11/2022	9.00-12.00Am	Vital Signs	Dr. Fatma Mohamed
	Thursday 17/11/2022	9.00-12.00Am	Vital Signs	Dr. Fatma Mohamed
8 th	Monday 21/11/2022	9.00-12.00Am	Medication	Dr. Doaa Sabry

	Thursday 24/11/2022	9.00-12.00Am	Medication	Dr. Doaa Sabry
9th	Monday 28/11/2022	9.00-12.00Am	Immobility	Assist. Prof/ Rehab Ragab
	Thursday 1/12/2022	9.00-12.00Am	Immobility	Assist. Prof/ Rehab Ragab
10th	Monday 5/12/2022	9.00-12.00Am	Oxygenation	Dr. Fatma Mohamed
	Thursday 8/12/2022	9.00-12.00Am	Oxygenation	Dr. Fatma Mohamed
11th	Monday 12/12/2022	9.00-12.00Am	First aids	Dr. Naglaa abdelkareem
	Thursday 15/12/2022	9.00-12.00Am	First aids	Dr. Naglaa abdelkareem
12th	Monday 19/12/2022	9.00-12.00Am	First aid	Dr. Aida Mohamed
	Thursday 22/12/2022	9.00-12.00Am	First aid	Dr. Aida Mohamed
13th	Monday 26/12/2022	9.00-12.00Am	First aid	Dr/ Gehan
	Thursday 29/12/2022	9.00-12.00Am	First aid	Dr/ Gehan
14th	Monday 2/1/2023	9.00-12.00Am	First aid	Dr/ Amira Sabry
	Thursday 5/1/2023	9.00-12.00Am	First aid	Dr/ Amira Sabry

Clinical Fundamental Nursing

- LIST OF CONTENTS

NO	Content
1	Asepsis
2	Bed making
3	Wound Care
4	Medication
5	Vital Signs
6	Cardio pulmonary Resuscitation
7	Urinary Catheterization
8	Enema

توزيعة الطلاب لشرح العملي بالكلية للعام الجامعي
(الترم الاول – ساعات معتمدة) ٢٠٢٣/٢٠٢٢

**Clinical Practice Rotation for 1st student 1st semester 2022/2023
(Sunday & Monday)**

№		١G	٢G	٣G	٤G	٥G	٦G	٧G	٨G
١	١٠/١٥	Dr/ Aya Dr/Osama	Dr/Abeer Dr/Sally	/Dr Rasm ia	Dr/Asma a Mohamed Dr/ Bodoor	Dr/Esraa	Dr/Tayser	Dr/Salw a Hassan	Asmaa /Dr metwally
		Asepsis, Catheterization				Wound Care & Bed making			
٢	١١/٥	١G	٢G	٣G	٤G	٥G	٦G	٧G	٨G
		Dr/Esraa	Dr/Taysee r	Dr/Salw a	/Dr Asmaa Metwally	Dr/ Aya Dr/Osam a	Dr/Abeer Dr/Sally	/Dr Rasm ia	Asmaa /Dr Dr/ Mohamed Bodoor
Bed making, Wound Care					Asepsis, Catheterization				
٣	١١/٢٦	١G	٢G	٣G	٤G		٦G	G ٧	٨G
		Dr/ Aya Dr/Osam a	Dr/Abeer Dr/Sally	/Dr Rasmi a	Dr/Asma a Mohame Dr/ d Bodoor	Dr/Esraa	Dr/Taysee r	Dr/Salw a Hassan	Asmaa /Dr Metwally
CPR & Medications					Vital signs , enema				
٤	١٢/١٧		٢G	٣G	٤G	٥G	٦G	٧G	٨G
		Dr/Esraa	Dr/Taysee r	Dr/Salw a	/Dr Asmaa Metwally	Dr/ Aya Dr/Osam a	Dr/Abeer Dr/Sally	/Dr Rasm ia	Dr/Asmaa Mohamed Dr/ Bodoor
Vital Signs , Enema					CPR & Medications				

**Clinical Practice Rotation for 1st year
student 1st semester 2022/2023
(Tuesday & Thursday)**

		٩G	١٠G	١١G	١٢G	١٣G	١٤G	١٥G	١٦G
١	١٠/١٨	Dr/ Aya Dr/Osama	Dr/Abeer Dr/Sally	/Dr Rasmia	Dr/Asmaa Mohamed Dr/ Bodoor	Dr/Esraa	Dr/Tayser	Dr/Salwa	Asmaa /D metwally
		Asepsis, catheterization				Bed making, Wound Care			
٢	١١/٨	٩G	١٠G	١١G	١٢G	١٣G	١٤G	١٥G	١٦G
		Dr/Esraa	Dr/Tayser	Dr/Salwa	Asmaa /Dr Metwally	Dr/ Aya Dr/Osama	Dr/Abeer Dr/Sally	/Dr Rasmia	Dr/Asmaa Mohamed Dr/ Bodoor
		Bed making, Wound Care				Asepsis, Catheterization			
٣	١١/٢٩	٩G	١٠G	١١G	١٢G	١٣G	١٤G	١٥G	١٦G
		Dr/ Aya Dr/Osama	Dr/Abeer Dr/Sally	/Dr Rasmia	Dr/Asmaa Mohamed Dr/ Bodoor	Dr/Esraa	Dr/Tayser	Dr/Salwa	/Dr Asmaa Metwally
		CPR , Medications				Vital Signs , Enema			
٤	١٢/٢٠	٩G	١٠G	١١G	١٢G	١٣G	١٤G	١٥G	١٦G
		Dr/Esraa	Dr/Tayser	Dr/Salwa	Asmaa /Dr Metwally	Dr/ Aya Dr/Osama	Dr/Abeer Dr/Sally	/Dr Rasmi a	Dr/Asmaa Mohamed Dr/ Bodoor
		Vital Signs , Enema				CPR , Medication			



Formative Evaluation sheet

Formative evaluation sheet

Student's name:

Group No:

Evaluation of area	Assigned mark	Obtained mark				
		1st	2nd	3rd	4th	5th
Attendance	10					
Appearance & attitude	5					
Class activity	5					
Practical exam	10					
Written exam	10					
Total	40					
Area total	200					
Mid term						
Oral exam						
Final Practical exam						

Student's Signature: