



Zagazig University



Faculty of Nursing

الكلية معتمدة من الهيئة القومية لضمان الجودة والاعتماد يناير 2017

# Courses specification of Psychiatric and Mental Health Nursing (Doctorate degree) 2020-2022

## الرسالة:

تلتزم كلية التمريض - جامعة الزقازيق بتقديم تعليم تمريضي يستوفي معايير الجودة و يحث على احترام أخلاقيات المهنة ويلبي احتياجات المؤسسات الصحية وإنتاج أبحاث علمية تساهم في رفع كفاءة الرعاية الصحية وتوفير خدمات مجتمعية لتنمية البيئة المحلية في إطار من الحداثة و التنافسية.

## الرؤية:

تطمح كلية التمريض - جامعة الزقازيق أن تكون مؤسسة تعليمية وبحثية و مساهمة في التنمية المجتمعية بكفاءة تنافسية مع كليات التمريض علي المستوى المحلي والإقليمي .

# **First-term**

## **(Doctorate degree)**

**2020-2022**

<b>Code</b>	<b>Course Title</b>
<b>455</b>	<b>Issues &amp; recent trends in nursing</b>
<b>461</b>	<b>Nursing seminar in the area of general specialty</b>
<b>467</b>	<b>Nursing seminar in the area of specific specialty</b>

# Course Specification

## 1- Basic information

Code :455

Title :Issues & recent trends in nursing Level :1<sup>st</sup>

Credit hours :

Theoretical : 48 hrs

Practical : ---

Program(s) on which the course is given : Issues & recent trends in nursing

Major or minor element of program : Major

Department offering the program : Psychiatric and mental health nursing.

Department offering the course : Psychiatric and mental health nursing.

Date of specification approval : 2016-2017

Academic year : 2020-2022

2- **Overall Aims of Course** This course aims: Providing the students with necessary knowledge, skills & attitudes that enable them to provide quality nursing care and to be aware of the new trends in nursing education, practice, and research.

## 3- Intended Learning Outcomes of Course (ILOs)

### a- Knowledge and Understanding :

**By the completion of this course the student should be able to**

- A1- - Identify types of plagiarism.
- A2- - Discuss principles of research ethics.
- A3- Identify Stages of motivational interviewing.
- A4- - Explain Health belief model and self-concept.
- A5- - Enumerate Steps in avoid plagiarism.
- A6- - Discuss Principles of milieu therapy.
- A7- - Explain importance of psychosocial rehabilitation and health belief model.

### b- Intellectual Skills

**By the completion of this course the student should be able to**

- B1- Differentiate between research ethics concepts
- B2- Discuss self-concept and health belief model.
- B3- Support the Uses for milieu therapy.
- B4- Interpret Skills of psychosocial rehabilitation.
- B5- Discuss hazards of plagiarism

### c- Professional and practical skills

**By the completion of this course the student should be able to**

- C1- Formulate Holistic Approaches to Care and the Integration of Knowledge.
- C2- Demonstrate the Challenges of avoiding plagiarism.

- C3- Assist with the management of psychosocial rehabilitation for mentally ill patients  
 C4- Interpret the health belief model in psychiatric nursing.  
 C5- Apply Challenges of implementing research ethics.  
 C6- Select and apply skills to rise of self-concept.

**d- General and transferable skills**

**By the completion of the course the student should be able to**

- D1- -Use of effective and different methods of communication skills in providing palliative care to dying patients.  
 D2- -Enhance working with a team spirit and lead them effectively.  
 D3 - Demonstrate Skills of motivational interviewing

**E- Attitude skills**

**By the completion of the course the student should be able to**

- E1-Appreciate and promotes patient rights to autonomy, respect, privacy, dignity and access to information  
 E2-Acting as a role model and mentor for less experienced nursing care providers and nursing students.  
 E3-Communicate with patient respectfully regarding their different values, cultures, intellectual levels and emotional state

**4- Course Contents:**

Week	Topic	No. of hours		Methods of teaching
		Lecture	practical	
1-3	Health belief model	3hrs 3hrs 3hrs	-	– Lecture – Group discussion – Blended learning – Electronic learning – Case study – Nursing care plan.
4-6	Plagiarism	3hrs 3hrs 3hrs		
7-10	Psychosocial Rehabilitation	3hrs 3hrs 3hrs 3hrs		
11	Research Ethics	3hrs		
12-15	Self-Concept	3hrs 3hrs 3hrs 3 hrs		
16	Milieu Therapy	3hrs		
Total		48 hrs		
17	Final Written Exam			

## 5- Teaching and learning methods :

- 5.1 Lecture
- 5.2 Group discussion
- 5.3 Blended learning
- 5.4 Electronic learning
- 5.5 Case study
- 5.6 Nursing care plan.

## 6- Student Assessment :

### A- Assessment Method

- A.1 Semester work
- A.3 Final written Exam

### B- Time Schedule

Semester work	During the course
Final written Exam	At the Week : 17

### C- Grading system

Final - term Examination	80%
Semester work	20%
Total	100%

## 7- List of References

- A - Course Note** Handouts for all prepared contents by the doctorate student of the course
- B - Required**
- Books (Text Books)
- 1 **Townsend, M.C. (2017):** Psychiatric mental health nursing- concepts of care. (7<sup>th</sup> ed.). Philadelphia: F.A Davis Company.
  - 2 **LoBiondo-Wood, G., & Haber, J. (2017): Nursing research: Methods and Critical Appraisal for Evidence-Based Practice** (9<sup>th</sup> ed.). Philadelphia: Mosby
  - 3 **Buppert, C. (2012): Nurse Practitioner's Business Practice and Legal Guide.** 4th ed. Sudbury, MA: Jones & Bartlett Publishers.
- C - Recommended**
- Books
- 1- **Sadock B J(2009):** Concise textbook of clinical psychiatry. Cambridge university, united states of America. 3rd ed. (2)698-700.
  - 2- **Dossey BM. 2013:** Nursing: integral, integrative, and holistic—local to global. In: Dossey BM, Keegan L, eds. Holistic Nursing: A Handbook for Practice. 6th ed.
- D –Journals**
- 1 **Miller, W.R. & Rollnick, S. (2009).** Ten things that Motivational Interviewing is not. Behavioral and Cognitive Psychotherapy, 37, 129-- - 140.
  - 2 **Cavazotte, F., Moreno, V., & Hickmann, M. (2012).** Effects of leader intelligence, personality and emotional intelligence on transformational leadership and managerial performance. The Leadership Quarterly, 23, 443-455.

## 8-Facilities required for teaching and learning:

Computer  
Data show

**Professor of the course: Assist. Prof .Dr/Hanaa Hamdy Al zeiny**

**Head of department: Assist. Prof .Dr/Hanaa Hamdy Al zeiny**

**Date: / /**

University / Academy: Zagazig  
 Faculty / Institute: Nursing  
 Department: Psychiatric Mental Health Nursing

<b>Course Name</b>	<b>Issues &amp; recent trends in nursing<sup>1st</sup> term (2020-2022)</b>
<b>Code Name</b>	<b>455</b>

Model (12)

### Knowledge and skills matrix benefiting from the studied course

<b>Course Content</b>	<b>Study weeks</b>	<b>Knowledge</b>	<b>Intellectual Skills</b>	<b>Professional skills</b>	<b>Transferable and General skills</b>	<b>Attitude skills</b>
Health belief model	<b>1-3</b>	A7	B2,	C4	D1,D2, D3	E1 ,E3
Plagiarism	<b>4-6</b>	A1, A5	B5	C2	D1, D3	E2, E3
Psychosocial Rehabilitation	<b>7-10</b>	A7	B4	C3	D1, D2	E1, ,E3
Research Ethics	<b>11</b>	A2	,B1	C5	D1,D3	E1, E2, E3
Self-Concept	<b>12-15</b>	A4	B2	C6	D2, D3	E1 ,E3
Milieu Therapy	<b>16</b>	A6	B3	C1	D2, D1	E2, E3

**Professor of Course**

**Assist. Prof .Dr/Hanaa Hamdy Al zeiny**

**Date: / /**

**Head of Department**

**Assist. Prof .Dr/Hanaa Hamdy Al zeiny**

**Department: Psychiatric Mental Health Nursing**

### Model (12)

## Course specification for Doctorate Degree

<b>1-Course Information</b>		
<b>Code: 461</b>	<b>Course name:</b> Nursing seminars in the area of <u>general psychiatric nursing</u>	<b>Doctorate Degree:</b> First semester
<b>Specialty:</b> Doctorate degree of psychiatric and mental health nursing		<b>Number of studied hours:</b> Theory :   48hs                      practice ---
<b>Academic year</b>		<b>2020-2022</b>
<b>2-Course Aims</b>	Aimed at acquiring advanced Knowledge concerning nursing care for patient with psychiatric disorders.	
<b>3- Intended Learning Outcomes of Course (ILOs)</b>		
<b>A-Knowledge and understanding</b>	A.1.Discuss human response to CBT A.2. Enumerate the various theories that involved over the years to describe family therapy. A.3. Explain recent trends in CBT. A.4. Discuss different types of stress management. A.5.Describe recent trends in the management of psychiatric problems. A.6.Identify techniques of motivational interviewing. A.7.Describe appropriate management of holistic care.	
<b>B-Intellectual skills</b>	B.1 Classify types of psychotherapy. B.2. Select the plan of management used in common psychiatric disorder. B.3. Analyze methods of solving psychiatric problems.	
<b>C-Professional skills</b>	C. 1- show in presentation the recent modalities used in management of common psychiatric condition. C. 2- Demonstrate the ability to establish effective working relationships with others and observe and evaluate working practices. C.3 Analyze multidisciplinary planning and the implementation of nursing intervention related to stress. C.4 Provide psycho education for psychiatric patients.	
<b>D-General skills</b>	D.1. Manage changes and responds to changing demands. D.2. Enhance working with a team spirit. D.3. Demonstrate appropriate professional attitude and behavior in different health settings.	

<b>E- Attitude skills</b>	By the completion of the course the student should be able to E1- Appreciate and promotes patient rights to autonomy, respect, privacy, dignity and access to information E2- Values her role as a model for less experienced nursing care providers and nursing students. E3 -Respects and encourages the patients' participation in decision about health care services.
<b>4-Course content</b>	1- Cognitive Behavior Therapy 2- Emotional intelligence 3- Family therapy 4- Holistic Approach in Care 5- Motivational Interviewing 6- Stress Management

Week	Topic	No. of hours		Methods of teaching
		Lecture	Practical	
1-3	Cognitive behavior therapy	3hrs 3hrs 3hrs	-	- Group discussion - Lectures - Blended learning - Electronic learning
4-6	Emotional intelligence	3hrs 3hrs 3hrs		
7-10	Family therapy	3hrs 3hrs 3hrs 3hrs		
11	Holistic Approach in care	3hrs		
12-15	Motivational interviewing	3hrs 3hrs 3hrs 3 hrs		
16	Stress Management	3hrs		
Total		48 hrs		
17	Final Written Exam			



<b>5-Teaching and learning methods</b>	<ul style="list-style-type: none"><li>- Group discussion</li><li>- Lectures</li><li>- Blended learning</li><li>- Electronic learning</li></ul>		
<b>6-Teaching and learning methods of disables</b>	Not applicable		
<b>7- Student evaluation</b>			
<b>A-Methods of evaluation</b>	Semester work Final written exam		
<b>Time</b>	At the week 17		
<b>Marks distribution</b>		score	%
	Semester work	20	%
	Final written Exam	80	%
<b>8-List of studied books and references</b>			
<b>A-Notes</b>	Not applicable		
<b>B-Required books</b>	<b>1-Beck JS. (2011):</b> Cognitive Behavior Therapy: Basics and Beyond. 2nd ed. New York, NY: Guilford Press. <b>2- Wanda. K.M. (2015):</b> Johnson’s Psychiatric Mental Health Nursing. 6th ed., Lippincott, Williams and Wilkins, New York. <b>3- Boyd, M.A., &amp;Nihart, M.A. (2016):</b> Psychiatric Nursing. PhiladelphiaNew York. Lippincott comp.		
<b>C-Suggested books</b>	<b>1- Carlat DJ. (2011):</b> The Psychiatric Interview. 3rd ed. Philadelphia, PA: Lippincott Williams & Wilkins.		
<b>D-Journals</b>	<b>1 Lehman AF, et al. (2014).</b> Practice guideline for the treatment of patients with schizophrenia, second edition. <u>American Journal of Psychiatry</u> , 161(2, Suppl): 1-56. <b>2 American Nurses Association (ANA). (2011):</b> Nursing world website. Online Health & Safety Survey. <b>3 Hamilton, S., &amp; Irving, P. (2013):</b> Can counseling take place in acute clinical mental health?. Nursing Times.net. <b>4 Harris, K.J., Kacmar, K.M., &amp;Zivnuska, S. (2017):</b> An investigation of abusive supervision as a predictor of performance and the meaning of work as a moderator of the relationship. <u>Leadership Quarterly</u> , 18, 252– 263. <b>5 Gallagher, S. (2015):</b> Stress management. <u>Vitality Magazine</u> , 27 June. Located at: <a href="http://www.arthritis.org/">http://www.arthritis.org/</a>		
<b>E-Facilities for learning</b>	<b>1-Computer.</b> <b>2-Data show.</b>		

**Professor of the course: Assist. Prof .Dr/Hanaa Hamdy Al zeiny**

**Head of department: Assist. Prof .Dr/Hanaa Hamdy Al zeiny**

**Date: / /**

University / Academy: Zagazig  
 Faculty / Institute: Nursing  
 Department: Psychiatric Mental Health Nursing

<b>Course Name</b>	<b>Nursing seminars in the area of <u>general</u> psychiatric nursing 1<sup>st</sup> term (2020-2022)</b>
<b>Code Name</b>	<b>461</b>

Model (12)

**Knowledge and skills matrix benefiting from the studied course**

<b>Course Content</b>	<b>Study weeks</b>	<b>Knowledge</b>	<b>Intellectual Skills</b>	<b>Professional skills</b>	<b>Transferable and General skills</b>	<b>Attitude skills</b>
1- Cognitive Behavior Therapy	<b>1-3</b>	A1,A3,A5	B1,B2,	C1,C2	D1,D2	E1 ,E2,E3
2- Emotional intelligence	<b>4-6</b>	A3, A5	B3	C2	D1, D3	E2, E3
3- Family therapy	<b>7-9</b>	A2	B1	C1, C2	D1, D2	E1,E2 ,E3
4- Holistic Approach in Care	<b>10-12</b>	A7	B3	C1, C2	D1,D3	E1, E2, E3
5- Motivational Interviewing	<b>13-14</b>	A6	B3	C1, C2	D2, D3	E1 ,E2,E3
6- Stress Management	<b>15-16</b>	A4	B2	C3, C4	D2, D1	E1 ,E2,E3

**Professor of Course**

**Assist. Prof .Dr/Hanaa Hamdy Al zeiny**

**Date: / /**

**Head of Department**

**Assist. Prof .Dr/Hanaa Hamdy Al zeiny**

## Course Specification

### 1- Basic information

Code : 467

Title : nursing seminars in the area of specific specialty      Level :1<sup>st</sup> Doctorate degree

Credit hours :

Theoretical: 48 hrs

Practical : ---

Program(s) on which the course is given : psychiatric medicine

Major or minor element of program : Major

Department offering the program : psychiatric medicine

Department offering the course : psychiatric medicine

Date of specification approval : 2016-2017

Academic year : 2020-2022

2- Overall Aims of Course This course aims to Providing the students with necessary knowledge and attitude concerning patient with psychiatric disorders and recent trends in treatment modalities.

### 3- Intended Learning Outcomes of Course (ILOs)

#### a- Knowledge and Understanding :

By the completion of this course the student should be able to

A1- Identify the different types of schizophrenic disorder.

A2- Describe advanced modalities in assessment of patient with schizophrenia.

A3- Discuss anxiety and ADHD disorders.

A4 Explain ADHD disorders, recognize its causes; categorize its types and treatment modalities.

#### b- Intellectual Skills

By the completion of this course the student should be able to

B1- Understand differential diagnosis in MOOD disorders and schizophrenic disorder.

B2- Classify types, causes anxiety disorders and schizophrenic disorder.

B3- Summarize recent modalities in management of ADHD

B4- Classify OCD disorder.

B5- Discuss trends in AUTISM treatment.

#### c- Professional and practical skills

By the completion of this course the student should be able to

c1- The course has no practical hours; however, student could present algorithm in recent modality of assessment and management of some psychiatric disorders.

c2- Determine advanced instruments or tools that are used in patient assessment.

#### d- General and transferable skills

By the completion of the course the student should be able to

- d1- Use of effective and different methods of Communication skill when dealing with patient with psychiatric disorders.
- D2 Manage changes and responds to changing demands.
- D3 Collaborate effectively with other colleagues in management of psychiatric disorders.
- D4 Act as advocate for client, families and groups in psychiatric mental health setting.
- Attitude skills**
- E- **By the completion of the course the student should be able to**
- E1 Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information
- E2 Values her role as a model for less experienced nursing care providers and nursing students.
- E2 Respects and encourages the patient's participation in decision about health care services.
- E3

### 3- Course Contents:

Week	Topic	No. of hours		Methods of teaching
		Lecture	Practical	
1-3	SCHIZOPHREIA	3hrs 3hrs 3hrs	-	Case- based seminars, films, assignments Lectures Blended learning Electronic learning
4-6	ANXIETY DISORDERS	3hrs 3hrs 3hrs	-	
7-9	AUTISM SPECTRUM DISORDER	3hrs 3hrs 3hrs	-	
10-12	ADHD	3hrs 3hrs 3hrs	-	
13-15	OCD	3hrs 3hrs 3hrs	-	
16	MOOD DISORDERS	3hrs	-	
Total		48 hrs	-	
17	Final written Exam			

## **5- Teaching and learning methods :**

- 5.1 Blended learning
- 5.2 Electronic learning
- 5.3 Case- based seminars
- 5.4 Films, assignments
- 5.5 Lectures

## **6- Student Assessment :**

### **A- Assessment Method**

- A.1 Semester work
- A.3 Final written Exam

### **B- Time Schedule**

- |                   |                         |
|-------------------|-------------------------|
| Semester work     | Week : through semester |
| Final - term Exam | Week : 17               |

### **C- Grading system**

- |                    |      |
|--------------------|------|
| Semester work      | 20%  |
| Final written Exam | 80%  |
| Total              | 100% |

## **7- List of References**

- A - Course Note** - Not applicable
- B - Required Books (Text Books)**
  - Varcarolis ,M.E. (2008). Foundation of psychiatric Mental Health Nursing (3rd ed.) London : Saunders Comp .
  - Fortinash, K.M. &Holoday-Worret, P.A., (2009). Psychiatric Mental Health Nursing. (2nd ed.), St. Louis, Boston, London, Tokyo: Mosby Comp
- C - Recommended Books**
  - Tasman AG, Toldfinger C and Kaufamann D (2009): Review of psychiatry. American Psychiatric Press, Washington.
  - Akil,H .,Owen, c.,Gutstein,H., Taylor,L., And Watson, S.(2006) .Overview and current issues.Drug Alcohol Depend . New York.
  - Cardena E and Spiegel D (2009): Dissociative reactions. OxfordUniversity Press.
- D - Periodicals, Web Sites, ...etc**
  - www.psychatric medicine.com
  - www. American Journal of psychiatry.com

## **8-Facilities required for teaching and learning**

### **1. Computer.**

### **2. Data show.**

**Course Coordinator: Assist .Prof .Dr/ Nelly Raafat**

**Head of department: Assist. Prof .Dr/Hanaa Hamdy Al zeiny**

**Date: / /**

University / Academy: Zagazig  
 Faculty / Institute: Nursing  
 Department: Psychiatric Mental Health Nursing

<b>Course Name</b>	<b>Nursing seminars in the area of specific specialty 1<sup>st</sup> term (2020-2022)</b>
<b>Code Name</b>	<b>467</b>

Model (12)

**Knowledge and skills matrix benefiting from the studied course**

<b>Course Content</b>	<b>Study weeks</b>	<b>Knowledge</b>	<b>Intellectual skills</b>	<b>Professional skills</b>	<b>Transferable and General skills</b>	<b>Attitude skills</b>
• SCHIZOPHREIA	<b>1-3</b>	A1,A2	B1,B2,	C1,C2	D1,D2, D4	E1 ,E3
• ANXIETY DISORDERS	<b>4-6</b>	A3	B2,	C1, C2	D1, D3	E2, E3
• AUTISM SPECTRUM DISORDER	<b>7-9</b>	A4	B5	C1, C2	D1, D2	E1, ,E3
• ADHD	<b>10-12</b>	A3, A4	,B3	C1, C2	D1,D3	E1, E2, E3
• OCD	<b>13-15</b>	A3	B4	C1, C2	D2, D4	E1 ,E3
• MOOD DISORDERS	<b>16</b>	A2	B1	C1, C2	D2, D1	E2, E3

**Professor of Course**

**Assist. Prof .Dr/Nelly Rafaat**

**Date: / /**

**Head of Department**

**Assist. Prof .Dr/Hanaa Hamdy Al zeiny**

# **Second-term**

## **(Doctorate degree)**

**2020-2022**

<b>Code</b>	<b>Course Title</b>
<b>473</b>	<b>Nursing seminar in the area of general specialty</b>
<b>479</b>	<b>Nursing seminar in the area of specific specialty</b>

University / Academy: Zagazig  
 Faculty / Institute: Nursing  
 Department: Psychiatric Mental Health Nursing

Model (12)

### Course specification for Doctorate Degree

1-Course Information		
Code : 473	Course name: Nursing seminars in the area of general specialty	Doctorate Degree: Second semester
Specialty: Doctorate degree of psychiatric and mental health nursing	Number of studied hours: Theory : 48hrs practice ---	
Academic year	2020-2022	
2-Course Aims	Aimed at acquiring advanced Knowledge concerning nursing care for patient with psychiatric disorders.	
3- Intended Learning Outcomes of Course (ILOs)		
A-Knowledge and understanding	A.1.Discuss human response to crisis A.2. Enumerate the various theories that involved over the years to describe different psychiatric disorders. A.3. Discuss different types of personality disorders. A.4.Describe recent trends in the management of aggression. A.5.Identify orem's theory. A.6.Describe appropriate management for personality disorders.	
B-Intellectual skills	B.1 Classify types, causes and measures of assessment of aggressive behavior among psychiatric patients B.2. Select the plan of management used for patients with Personality disorders and crisis B.3. Analyze psychiatric problems identification, solving and behave wisdom in urgent situation.	
C-Professional skills	C. 1 show in presentation the recent modalities used in Crisis. C. 2 Demonstrate the ability to establish effective working relationships with others and observe and evaluate working practices. C.3 Apply nursing theories in care of mentally ill patients, C.4 Provide psycho education for patients with Personality disorders.	
D-General skills	D.1. Manage changes and responds to changing demands. D.2. Enhance working with a team spirit. D.3. Demonstrate appropriate professional attitude and behavior in different health settings.	



E- Attitude skills	By the completion of the course the student should be able to E1- Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information E2- Values her role as a model for less experienced nursing care providers and nursing students. E3 -Respects and encourages the patients' participation in decision about health care services.				
4-Course content	1- Assertiveness 2- aggression 3- Crisis intervention 4- Orem theory 5- Peplau's theory 6- Personality disorders				
week	Topic	No. of hours		Methods of teaching	
		Lecture	Practical		
1-3	Assertiveness	3hrs 3hrs 3hrs	-----	<ul style="list-style-type: none"><li>- Group discussion</li><li>- Lectures</li><li>- Blended learning</li><li>- Electronic learning</li></ul>	
4-6	Aggression	3hrs 3hrs 3hrs			
7-10	Crisis intervention	3hrs 3hrs 3hrs 3hrs			
11	Orem theory	3hrs			
12-15	Peplau theory	3hrs 3hrs 3hrs 3 hrs			
16	Personality disorders	3hrs			
Total		48hrs			---
17	Final Written Exam				
5-Teaching and learning methods	<ul style="list-style-type: none"><li>- Group discussion</li><li>- Lectures</li><li>- Blended learning</li><li>- Electronic learning</li></ul>				
6-Teaching and learning methods of	Not applicable				

disables			
7- Student evaluation			
A-Methods of evaluation	Semester work Final written exam		
Time	At the week 17		
Marks distribution		score	%
	Semester work	20	%
	Final written Exam	80	%
8-List of studied books and references			
A-Notes	Not applicable		
B-Required books	<b>1 Beck JS. (2011):</b> Cognitive Behavior Therapy: Basics and Beyond. 2nd ed. New York, NY: Guilford Press. <b>2 Wanda. K.M. (2015):</b> Johnson’s Psychiatric Mental Health Nursing. 6th ed., Lippincott, Williams and Wilkings, New York. <b>3 Boyd, M.A., &amp;Nihart, M.A. (2014):</b> Psychiatric Nursing. PhiladelphiaNew York. Lippincott comp.		
C-Suggested books	<b>1 Carlat DJ. (2016):</b> The Psychiatric Interview. 3rd ed. Philadelphia, PA: Lippincott Williams & Wilkins.		
D-Journals	<b>1 Lehman AF, et al. (2014).</b> Practice guideline for the treatment of patients with schizophrenia, second edition. <u>American Journal of Psychiatry</u> , 161(2, Suppl): 1-56. <b>2 American Nurses Association (ANA). (2011):</b> Nursing world website. Online Health & Safety Survey. <b>3 Hamilton, S., &amp; Irving, P. (2013):</b> Can counseling take place in acute clinical mental health?. Nursing Times.net. <b>4 Harris, K.J., Kacmar, K.M., &amp;Zivnuska, S. (2017):</b> An investigation of abusive supervision as a predictor of performance and the meaning of work as a moderator of the relationship. Leadership Quarterly, 18, 252– 263. <b>5 Gallagher, S. (2015):</b> Stress management. Vitality Magazine, 27 June. Located at: <a href="http://www.arthritis.org/">http://www.arthritis.org/</a>		
E-Facilities for learning	<b>1-Computer.</b> <b>2-Data show.</b>		

**Professor of the course: Assist. Prof .Dr/Hanaa Hamdy Al zeiny**

**Head of department: Assist. Prof .Dr/Hanaa Hamdy Al zeiny**

**Date: / /**

University / Academy: Zagazig  
 Faculty / Institute: Nursing  
 Department: Psychiatric Mental Health Nursing

Course Name	Nursing seminars in the area of <u>general</u> specialty 2 <sup>nd</sup> term (2020-2022)
Code Name	473

Model (12)

**Knowledge and skills matrix benefiting from the Studied course**

Course Content	Study weeks	Knowledge	Intellectual skills	Professional skills	Transferable and General skills	Attitude skills
1- assertiveness	<b>1-3</b>	A2,A5	B3	C2	D1, D2, D3	E1 ,E2,E3
2- aggression	<b>4-6</b>	A4	B1	C2	D1, D2, D3	E2, E3
3- Crisis intervention	<b>7-9</b>	A1	B2	C1, C2	D1, D2, D3	E1,E2 ,E3
4- Orem theory	<b>10-12</b>	A2	B3	C2, C3	D2, D3	E1, E2, E3
5- Peplau's theory	<b>13-14</b>	A2	B3	C2, C3	D2, D3	E1 ,E3
6- Personality disorders	<b>15-16</b>	A3,A6	B2	C4	D1, D2, D3	E1 ,E2,E3

**Professor of Course**

**Assist. Prof .Dr/Hanaa Hamdy Al zeiny**

**Date: / /**

**Head of Department**

**Assist. Prof .Dr/Hanaa Hamdy Al zeiny**

## Course Specification

### 1- Basic information

**Code :** 479

**Title :** nursing seminars in the area of specific specialty      **Level :** 2<sup>nd</sup> Doctorate degree

**Credit hours :**

**Theoretical :** 48hs

**Practical :** -

**Program(s) on which the course is given :** psychiatric medicine

**Major or minor element of program :** Major

**Department offering the program :** psychiatric medicine

**Department offering the course :** psychiatric medicine

**Date of specification approval :** 2016-2017

**Academic year :** 2020-2022

**2- Overall Aims of Course** This course aims to Providing the students with necessary knowledge and attitude concerning patient with psychiatric disorders and recent trends in treatment modalities.

### 3- Intended Learning Outcomes of Course (ILOs)

#### a- Knowledge and Understanding :

**By the completion of this course the student should be able to**

A1- Identify the different cognitive disorders in old age.

A2- Describe advanced modalities in assessment of patient with common eating disorders.

A3- Discuss amnestic disorders.

A4 Explain impulse control disorders, recognize its causes; categorize its types and treatment modalities.

A5 Describe assessment, diagnosis and treatment of complex mental disorders uniquely occurring in late life.

#### b- Intellectual Skills

**By the completion of this course the student should be able to**

B1- Understand differential diagnosis in amnestic disorders.

B2- Classify types, causes cognitive disorders.

B3- Summarize recent modalities in management of common eating disorders

B4- Classify different psycho geriatric and impulse control disorders

B5- Discuss trends in geriatric psychiatry.

#### c- Professional and practical skills

**By the completion of this course the student should be able to**

C1- The course has no practical hours; however, student could present algorithm in recent modality of assessment and management of some psychiatric disorders.

C2- Determine advanced instruments or tools that are used in patient assessment.

**d- General and transferable skills**

**By the completion of the course the student should be able to**

- D1- Use of effective and different methods of Communication skill when dealing with patient with psychiatric disorders.
- D2 Manage changes and responds to changing demands.
- D3 Collaborate effectively with other colleagues in management of psychiatric disorders.
- D4 Act as advocate for client, families and groups in psychiatric mental health setting.

**E Attitude skills**

**By the completion of the course the student should be able to**

- E1 Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information
- E2 Values her role as a model for less experienced nursing care providers and nursing students.
- E3 Respects and encourages the patient's participation in decision about health care services.

**4- Course Contents:**

Week	Topic	Number of hours		Methods of teaching
		Lecture	Practical	
1-3	Cognitive disorders	3hrs 3hrs 3hrs	--	– Blended learning – Electronic learning – Case- based seminars – Films, assignments – Lectures
4-6	Amnestic disorders	3hrs 3hrs 3hrs	--	
7-10	Eating disorders	3hrs 3hrs 3hrs	--	
11-13	Geriatric psychiatry	3hrs 3hrs 3hrs	--	
14-16	Impulse control disorders	3hrs 3hrs 3hrs	--	
Total		48 hrs	--	
17	Final written Exam			

## 5- Teaching and learning methods :

- 5.1 Blended learning
- 5.2 Electronic learning
- 5.3 Case- based seminars
- 5.4 Films, assignments
- 5.5 Lectures

## 6- Student Assessment :

### A- Assessment Method

- A.1 Semester work
- A.3 Final written Exam

### B- Time Schedule

Semester work	Through semester
Final written Exam	Week : 17

### C- Grading system

Semester work	20%
Final written Exam	80%
Total	100%

## 7- List of References

A - Course Note - Not applicable

B - Required 1 Sadock, B. J., Sadock, V. A., & Ruiz, P. (2015). Kaplan & Sadock's synopsis of psychiatry: Behavioral sciences/clinical psychiatry (Eleventh edition.). Philadelphia: Wolters Kluwer.

Books (Text Books) 2 Fortinash, K.M. & Holoday-Worret, P.A., (2011). Psychiatric Mental Health Nursing. (5<sup>th</sup> ed.), St. Louis, Boston, London, Tokyo: Mosby Comp

C - 1 Tasman AG, Toldfinger C and Kaufmann D (2009): Review of psychiatry. American Psychiatric Press, Washington.

Recommended 2 Akil, H., Owen, C., Gutstein, H., Taylor, L., And Watson, S. (2006). Overview and current issues. Drug Alcohol Depend. New York.

Books 3 Cardena E and Spiegel D (2009): Dissociative reactions. Oxford University Press.

D - Periodicals, - www.psychiatric medicine.com

Web Sites, ...etc - www. American Journal of psychiatry.com

## 8-Facilities required for teaching and learning

### 1. Computer

### 2. Data show

Course Coordinator: Assist. Prof. Dr/Amira Fouad

Head of department: Assist. Prof. Dr/Hanaa Hamdy Al zeiny

Date: / /

University / Academy: Zagazig  
 Faculty / Institute: Nursing  
 Department: Psychiatric Mental Health Nursing

<b>Course Name</b>	<b>Nursing seminars in the area of specific specialty 2<sup>nd</sup> term (2020-2022)</b>
<b>Code Name</b>	<b>479</b>

Model (12)

**Knowledge and skills matrix benefiting from the studied course**

<b>Course Content</b>	<b>Study weeks</b>	<b>Knowledge</b>	<b>Intellectual Skills</b>	<b>Professional skills</b>	<b>Transferable and General skills</b>	<b>Attitude skills</b>
<b>1.</b> Cognitive disorders	<b>1-3</b>	A1	B2,	C1,C2	D1,D2, D4	E1 ,E3
<b>2.</b> Amnestic disorders	<b>4-6</b>	A3	B1,	C1, C2	D1, D3	E2, E3
<b>3.</b> Eating disorders	<b>7-10</b>	A2	B3	C1, C2	D1, D2	E1, ,E3
<b>4.</b> Geriatric psychiatry	<b>11-13</b>	A5	,B4, B5	C1, C2	D1,D3	E1, E2, E3
<b>5.</b> Impulse control disorders	<b>14-16</b>	A4	B4	C1, C2	D2, D4	E1 ,E3

**Professor of Course**

**Assist. Prof .Dr/ Amira Fouad**

**Date: / /**

**Head of Department**

**Assist. Prof .Dr/Hanaa Hamdy Al zeiny**