



Zagazig University



Faculty of Nursing

الكلية معتمدة من الهيئة القومية لضمان الجودة والاعتماد يناير 2017

Course specification of Psychiatric and Mental Health Nursing

**(Master degree)
2020-2022**

الرسالة:

تلتزم كلية التمريض – جامعة الزقازيق بتقديم تعليم تمريضي يستوفي معايير الجودة و بحث على احترام أخلاقيات المهنة ويلبي احتياجات المؤسسات الصحية وإنتاج أبحاث علمية تساهم في رفع كفاءة الرعاية الصحية وتوفير خدمات مجتمعية لتنمية البيئة المحلية في إطار من الحداثة و التنافسية.

الرؤية:

تطمح كلية التمريض - جامعة الزقازيق أن تكون مؤسسة تعليمية وبحثية و مساهمة في التنمية المجتمعية بكفاءة تنافسية مع كليات التمريض علي المستوى المحلي والإقليمي .

Second-term

(Master degree)

2020-2022

Code	Course Title
427	Psychological physiology
428	Research and Psychological problems in Egypt
414	English language
429	Seminars in Psychiatric and Mental Health Nursing

Course Specification

1- Basic information

Code : 427

Title :Psychological physiology

Level : 2nd master degree

Credit hours : --

Theoretical : 30hrs

practical :--

Program(s) on which the course is given : Master degree of psychiatric and mental health nursing

Major or minor element of program : Major

Department offering the program : Psychiatric and mental health medicine department

Department offering the course : Psychiatric and mental health medicine staff

Date of specification approval : 2016 – 2017

Academic year : 2020-2022

2- **Overall Aims of Course** This course aims: at the end of the course, the student will be able to deal with essence of psychophysiology and the cognitive and the affective aspects of human behavior.

3- Intended Learning Outcomes of Course (ILOs)

a- Knowledge and Understanding:

By the completion of this course the student should be able to

A1- Discuss the component of cognitive, affective and psychomotor aspects of human behavior and integration among them.

A2- Describe Theory of motivation.

A3- Clarify the meaning of intelligence.

A4- Mention factors that affect attention.

A5- Explain Types of thinking

A6- Define attention process.

A7- Explain forms of thought disorders.

B- Intellectual Skills

By the completion of this course the student should be able to

B1- Differentiate between Drives & instincts

B2- Utilize different methods for measuring intelligence.

B3- Show causes that disturb attention.

B4- Analyze Thinking & language

B5- Differentiate between different types of thought disorders.

B6- Analyze types of intelligence

B7- Show different classification of motivation.

C- Professional and practical skills

By the completion of this course the student should be able to

C1- Develop appropriate professional skills to enhance process of attention.

C2- Assess patients having different psychological disorders.

- C3- Demonstrate cognitive, affective and psychomotor nursing skills when delivering patient care.
 C4- Perform specialist assessment of patients with thought disorder.
 C5- Use creative thinking effectively.
 C6- Display neutral attitude toward patient's behaviors, feelings and actions.

D- General and transferable skills

By the completion of the course the student should be able to

- D1- Manage effectively time, resources and set priorities.
 D2- Value self-learning and continues self-evaluation.
 D3- Appreciate working with a team spirit.
 D4- Values communication with others successfully.

E- Attitude skills : By the completion of the course the student should be able to	
E1-	Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information
E2-	Values her role as a model for less experienced nursing care providers and nursing students.
E3-	Respects and encourages the patients' participation in decision about health care services.

4- Course Contents:

Week	Topic	No. of hours		Methods of Teaching
		Lecture 30 hrs	Practical --	
1 , 2 , 3,4,5	1- intelligence – Definition – types – measuring intelligence	2hrs 2hrs 2hrs 2hrs 2hrs	--	1.Blended learning 2. Electronic learning 3. Lectures
6,7,8,9	2- attention – definition – factors affect attention – disturbance of attention	2hrs 2hrs 2hrs 2hrs	--	
10,11,12	3- Motivation – Drives & instincts – Theory of motivation – Classification of motivation	2hrs 2hrs 2hrs	--	
13,14,15	4- Thinking (thought disorders) – Definition of thinking – Type of thinking – Thinking disorder – Thinking & language	2hrs 2hrs 2hrs	--	
Total		30 hrs	-	
16	Final written exam			
	Oral-exam			

5- Teaching and learning methods :

- 5.1 Blended learning
- 5.2 Electronic learning
- 5.3 Lectures

6- Student Assessment :

A- Assessment Method

- A.1 Semester work (interactive presentation)
- A.2 Final Written Exam
- A.3 Oral Exam

B- Time Schedule

Final Written Exam	At the week 16
Oral Exam	

C- Grading system

Assessment method	Grades	Percentage
Semester work (Interactive presentation)	20	20 %
Final written Exam	60	60 %
Oral Exam	20	20%
Total	100	100 %

7- List of References

- A - Course Note** Handouts for all prepared contents by the master students of the course
- B - Required Books** (Text Books)
- 1- Sadock B.J., and Sadock V.A. (2015): eds. Kaplan & Sadock's Comprehensive Textbook of Psychiatry. 8th ed. Philadelphia, Pa: Lippincott Williams & Wilkins.
 - 2- Guyton textbook of physiology. Guyton AC, Hall JE: Textbook of medical physiology, 11th ed. Saunders, 2016.
- C - Recommended Books**
- 1- Mohr W.K. (2017): Psychiatric Mental Health Nursing, Fifth Edition, Lippincott comp. Philadelphia New York.
- D –Journals**
- American Journal of Physiology.
 - Journal of applied Physiology.

Course Coordinator:
Head of Department

Dr/HebaAbdelsalam
Assist. Prof .Dr/Hanaa Hamdy Al zeiny

Date: //

Course Name	Psychological physiology 2 (2020-2022)
Code Name	427

Department: Psychiatric Mental Health Nursing

Model (12)

Knowledge and skills matrix benefiting from the studied course

Course Content	Study Week	Knowledge	Intellectual Skills	Professional skills	Transferable and General skills	Attitudes skills
1- Intelligence	1-2-3-4-5	A.1, A3	B2,B6	C3,C5	D1,D2	E1,E2,E3
2- Attention	6-7-8-9	A.1,A4,A6	B3	C1,C2	D1,D2	E1,E2,E3
3- Motivation	10-11-12	A1,A2	B1,B7	C3,C6	D1,D2	E1,E2,E3
4- Thinking (thought disorder)	13-14-15	A1, A5,A7	B4,B5	C2,C3,C4,C5,C6	D1,D2,D3.D4	E1,E2
5-Feeling and emotions		A.1,A3,A6	B1,B3	C2,C3,C4	D3.D4	E2,E3

Professor of Course:
Dr.HebaAbdelsalam
Date: / /

Head of Department:
Assist. Prof .Dr/Hanaa Hamdy Al zeiny

Course Specification

1- Basic information

Code: 428

Title: research and Level: 2nd master
psychological problems in
Egypt

Credit hours : ---

Theoretical: 30 hrs

Practical : ---

Program(s) on which the course is given	: Master degree in psychiatric and mental health nursing
Major or minor element of program	: Major
Department offering the program	: Psychiatric and mental health medicine department
Department offering the course	: Psychiatric and mental health medicine staff
Date of specification approval	: 2016 – 2017
Academic year	: 2020-2022

2- Overall Aims of Course This course aims to enable students to keep with international update standards of patients care of psychiatric disorders by mastering high levels of clinical skills, bedside patient care skills, in addition to update nursing knowledge as well as clinical experience and competence in the area of common, infrequent, and rare psychiatric disorders. Common, infrequent, and rare psychological problems in Egypt.

- Introducing the student to the basics of scientific nursing research.

3- Intended Learning Outcomes of Course (ILOs)

a- Knowledge and Understanding:

By the completion of this course the student should be able to

- a1- Discuss types of schizophrenia
- a2- Be aware of signs and symptoms of schizophrenia.
- a3- Describe causes and managements of dissociative disorders.
- a4- Explain causes and path physiology of somatoform disorders.
- a5- Recognize the causes, assessment and managements of anxiety disorders.
Describe causes and managements of Alzheimer disease
- a6-

b- Intellectual Skills

By the completion of this course the student should be able to

- b1- Analyze differential diagnosis concerning schizophrenia and dissociative disorders.
- b2- Show in an algorithm the protocols of managements in some psychiatric problems.
- b3- Utilize knowledge from nursing and related sciences to identify, prioritize health needs of patients with psychiatric illness.
- b4- employ critical thinking to provide innovative evidence based nursing intervention during the course illness

c- Professional and practical skills

By the completion of this course the student should be able to

c1- The course has no practical hours.

d- General and transferable skills

By the completion of the course the student should be able to

d1- Value self-learning and continues self-evaluation.

d2- Appreciate working with a team spirit and lead effectively.

d3- Use informed and formal methods of teaching appropriate to patient learning ability.

d4- Manage effectively time, resources and set priorities.

d5- Develop patient education plan to enhance social skills.

e- Attitude skills

By the completion of the course the student should be able to

E1- Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information

E2- Values her role as a model for less experienced nursing care providers and nursing students.

E3- Respects and encourages the patient's participation in decision about health care services.

4- Course Contents:

Week	Topic	No. of hours		Methods of Teaching
		Lecture 30hrs	Practical --	
1-2-3	Unit1: Schizophrenia. – Types – Signs and symptoms – Treatment	2 hrs 2 hrs 2 hrs	-	– Lecture – Group discussion – Blended learning – E-learning
4-5-6	Unit2 : Alzheimer disease – definition – causes – management	2 hrs 2 hrs 2 hrs	-	
7-8-9	Unit3: Anxiety disorders. – Definition and types – Signs and symptoms – Treatment	2 hrs 2 hrs 2 hrs	-	
10-11-12	Unit4: Somatoform disorders. - Types and Prevalence - Treatment	2hrs 2hrs 2hrs	-	
13-14-15	Unit 5: Dissociative disorders. - Signs and symptoms - Treatment	2hrs 2hrs 2hrs	-	
Total		30 hrs	-	
16	Final Written Exam			
	Oral Exam			

5- Teaching and learning methods :

- 5.1 Lecture
- 5.2 Group discussion
- 5.3 Blended learning
- 5.4 E- Learning
- 5.5 Semester work (Interactive presentation)

6- Student Assessment :

A- Assessment Method

- A.1 Semester work
- A.2 Final written Exam
- A.3 Oral Exam

B- Time Schedule

Final written Exam At the week 16

Oral Exam

C- Grading system

Assessment method	Grades	Percentage
Semester work (Interactive presentation)	20	20 %
Final written Exam	60	60 %
Oral Exam	20	20%
Total	100	100 %

7- List of References:

A-Notes	Handouts for all prepared contents by the master student of the course
B-Required books	1-Kaplan &Sadock's(2015): Pocket hand book of clinical psychiatry fourth edition Philadelphia, Lippincott Williams &Wikins.
C-Suggested books	1-Boyd M.A. (2018): Psychiatric Nursing: Contemporary Practice. 4 th ed., New York: Wolters Kluwer Health,Williams& Wilkins, pp. 276- 323. 2-Billing D.M., and Halstead J.A. (2018): Teaching in Nursing. London: W.B. Saunders Co, pp. 250- 260.
D-Journals, periodicals, websites, etc	1. Arnetz J.E., and Arnetz B.B. Implementation and evaluation of a practical intervention programme for dealing with violence toward health care workers. Journal of Advanced Nursing.2016; 31(3): 668-680. 2 Berod A.C., Klay M., Santos-Eggimann B., and Paccaud F. Anxiety, depressive, or cognitive disorders in rehabilitation patients: Effect on length of stay. American Journal of Physical Medicine & Rehabilitation. 2017; 79(3): 266– 273. 3 National Institute of mental Health (NIMH). (2018). Suicide. Available at https://www.nimh.nih.gov/health/statistics/suicide.shtml

Professor of Course: **Dr:YomnaKhalil**

Head of Department: **Assist. Prof .Dr/Hanaa Hamdy Al zeiny**

Date: / /

Department: Psychiatric Mental Health Nursing

Course Name	Research and psychological problems in Egypt 2 (2020-2022)
Code Name	428

Model (12)
Knowledge and skills matrix benefiting from the studied course

Course Content	Study Week	Knowledge	Intellectual skills	Professional skills	General skills	Attitudes skills
Unit1: Schizophrenia. – Types – Signs and symptoms – Treatment	1-2-3	A1,A2	B1,B2	C1	D1,D2,D3,D4	E1-E2-E3
Unit2: Alzheimer disease – Definition – Causes – Management	4-5-6	A6	B2	C1	D1,D2,D3,D4	E1-E2
Unit3: Anxiety disorders. – Definition and types – Signs and symptoms – Treatment	7-8-9	A5	B3	C1	D1,D2,D3,D4	E1-E2-E3
Unit4: Somatoform disorders. - Types and Prevalence - Treatment	10-11,12	A4	B2,B3	C1	D1,D2,D3	E2-E3
Unit 5: Dissociative disorders. - Signs and symptoms - Treatment	13-14-15	A3	B1,B3,B4	C1	D1,D2,D4	E1-E2

Professor of Course

Dr:YomnaKhalil

Date: / /

Head of Department

Assist. Prof .Dr/Hanaa Hamdy Al zeiny

Course Specification

1-Basic information		
Level : 2 nd Master degree	Title: English Language	Code: 414
Theoretical :30 hrs		Practical :----
Major or minor element of program		Minor
Department offering the program		Faculty Of Arts-English Department
Department offering the course		Faculty Of Arts-English Department
Date of specification approval		2016- 2017
Academic year		2020-2022

<p>This course Provides the candidate with theoretical knowledge & skills in catering for the language demands of their major study, advanced Course assignments include writing, speaking, reading tasks for academic and communication purposes, & emphasis is on basic nursing word structure, prefixes, suffixes, combining forms, and pronunciation. Students learn standard nursing vocabulary and nursing abbreviations.</p>	2-Overall Aims of Course
<p>3-Intended Learning Outcomes of Course (ILOs) by the end of this course the graduate will be able to:</p>	
<p>A1- Describe students' proficiency in English. A2- Describe students' skills in using English, A3- Provide tomorrow's nursing staff with a plethora of pharmacy glossary and abbreviations. A4- Discuss the students to surf the internet to gain more information about the course topics. A5- Describe radiation safety.</p>	a- Knowledge and Understanding
<p>B1- Analyze students' confidence in speaking, reading and writing in correct English sentences. B2- Utilize critical thinking. B3- Utilize knowledge from nursing and related sciences to identify, prioritize health needs in emergency nursing B4- Increasing students' cultural awareness</p>	b- Intellectual Skills
<p>C1- Exercise students' abilities in the use of the English language in their own specialization</p>	c- Professional and practical skills

C2 -Apply nursing process in emergency nursing C3-Demonstrate increasing effectiveness in using therapeutic relationship skills to produce therapeutic out- come. C4-Document and report the outcome of nursing intervention.	
D1- Design an E-portfolio that contains all the students works during the semester. D2- Implement communication skills, the use of the internet and e-mail for peer evaluation. D3- Utilize team working. D4-Demonstrate cognitive, affective and psychomotor nursing skills for teaching as active learning and reflective teaching	d- General and transferable skills
E1- Appreciates and promotes patient \ client rights to autonomy, respect, Privacy, dignity, and access to information. E2- Values her role as a model for less experienced nursing care Providers and nursing students. E3- respects and encourages the patients' participation in decision about health care and services.	E- Attitude

4- Course Contents:

Weeks	Topic	Theory 30 hrs	Practical ---	Total No. of hours	Methods of Teaching
1, 2	Unit one: The Growth of Men in Nursing	2 hrs 2 hrs	-	4hrs	Group discussion
3 , 4	Unit two: Responsibilities of a Circulating & Scrub Nurse	2 hrs 2 hrs	-	4hrs	lecture
5 , 6	Unit three: Emergency nursing	2 hrs 2 hrs	-	4hrs	Group discussion
7 , 8	Unit four: Rural nurses	2 hrs 2 hrs	-	4hrs	lecture
9 ,10	Unit five: Radiation safety	2 hrs 2 hrs	-	4hrs	lecture

11 , 12	Unit six: Nursing Glossary	2 hrs 2 hrs	-	4hrs	Group discussion
13 , 14 ,15	Unit seven: English Grammar (Tenses, Active and Passive, Direct and indirect speech, Types of sentences)	2 hrs 2 hrs 2 hrs	-	6hrs	Group discussion Blended learning & Electronic learning
	Total	30 hrs	-	30 hrs	
16	Final written exam				
	Oral exam				
-A combination of delivery methods are used to facilitate learner and faculty communication including: Internet Internet resources are used as an integral part of the instruction. Electronic Mail Allows learners to freely interact on an individual or group level with other learners and the instructor. Blended & Electronic learning				5-Teaching and learning methods:	
Not applicable				6-learning methods for special needs	
				7-Student Assessment	
<ul style="list-style-type: none"> ○ Attendance ○ Participation ○ Written exam ○ Oral exam 				a-Assessment Method	
First assessment: Written exam (at the week16) Second assessment: Oral exam (at the week 17)				b- Time Schedule	
<ul style="list-style-type: none"> ○ Semester work ○ Final written exam ○ Oral exam ○ Total 				c- Grading system	
<ul style="list-style-type: none"> • http://www.netplaces.com/new-nurse/why-become-a- 				8- List of References	

<p><u>nurse/the-nursing-shortage.htm</u></p> <ul style="list-style-type: none"> • <u>http://www.ehow.com/about_6657303_rural-nursing-theory.html#ixzz1aP3p5c9L</u> • <u>http://www.ehow.com/about_6657303_rural-nursing-theory.html#ixzz1aP3p5c9L</u> • <u>http://www2.ivcc.edu/rambo/eng1001/sentences.htm</u> • <u>http://www.englishpage.com/verbpage/activepassive.htmlhttp://english-zone.com/grammar/questions2.htm</u> • <u>http://www.netplaces.com/new-nurse/why-become-a-nurse/the-nursing-shortage.htm</u> • <u>http://www.englishclub.com/vocabulary/wh-question-words.htm</u> • <u>http://www.eslgo.com/quizzes/raiderspassive.html</u> 	
Handouts for all prepared contents by the candidate master degree of the course.	A - Course Note
	B-Required books (Text books)
	C-Recommended books
	D-Periodicals, websites, etc

Professor of Course: Prof.Dr/ Mohamed Abd Elsalam

Head of Department: Assist. Prof .Dr/Hanaa Hamdy Al zeiny

Date: / /

Model (12)

Department: Psychiatric Mental Health Nursing

Course Name	English Language2 (2020-2022)
Code Name	414

Knowledge and skills matrix benefiting from the studied course

Course contents	Study Week	Knowledge	Intellectual Skills	Professional skills	General skills	Attitudes skills
Unit one: The Growth of Men in Nursing	1-2	A1,A4	B2	C1	D1,D4	E1,E3
Unit two: Responsibilities of a Circulating & Scrub Nurse	3-4	A1,A3	B1,B2	C1	D1,D3,D4	E2,E3
Unit three: Emergency nursing	5-6	A3,A4	B2,B3	C2	D2,D3,D4	E2-E3
Unit four: Rural nurses	7-8	A3,A4	B2,B3	C3,C4	D2,D3,D4	E1,E2-E3
Unit five: Radiation safety	9-10	A4,A5	B2,B3	C3,c4	D2,D3,D4	E1-E2
Unit six: Nursing Glossary	11-12	A1,A2,A3,A4	B2,B4	C1	D1,D2,D3,D4	E1,E2
Unit seven: English Grammar (Tenses, Active and Passive, Direct and indirect speech, Types of sentences)	13-14-15	A1,A2,A4	B1,B2	C1	D1,D2,D3,D4	E1-E2

Professor of Course

Prof.Dr. Mohamed Abd Elsalam

Date: / /

Head of Department

Assist. Prof .Dr/Hanaa Hamdy Al zeiny

Course Specification

1- Basic information

Code : 429

Title : Seminars in Master degree : 2nd semester
Psychiatric and Mental
Health Nursing

Credit hours : --

Theoretical: 60 hrs

Practical: 180 hrs

Program(s) on which the course is given : Master degree of psychiatric and mental health nursing

Major or minor element of program : Major

Department offering the program : Psychiatric and mental health nursing department

Department offering the course : Psychiatric and mental health nursing staff

Date of specification approval : 2016 – 2017

Academic year : 2020-2022

2- Overall Aims of Course This course aims to acquire the knowledge, attitude and skills of psychiatric nursing to provide high quality care to psychiatric patients.

3- Intended Learning Outcomes of Course (ILOs)

A- Knowledge and Understanding:

By the completion of this course the student should be able to

- A1- Discuss concept of schizophrenia, signs and symptoms, and positive and negative symptoms.
- A2- Identify nursing intervention for dissociative disorders.
- A3- Describe different psychiatric treatment modalities for mental illness
- A4 - Identify cause and different type of anxiety disorders.
- A5- Define different types of somatoform disorders.
- A6- Clarify causes of Alzheimer disease.
- A7- Explain Legal issues of psychiatric nursing.

B- Intellectual Skills

By the completion of this course the student should be able to

- B1- Utilize knowledge from nursing and related sciences to identify, prioritize health needs of patients with psychiatric illness.
- B2- Synthesize the different tools of assessment to collect and interpret data that would benefit in caring of schizophrenic patient during the course of illness.

- B3- Interpret critical thinking to provide innovative evidence based nursing intervention of Alzheimer disease.
- B4-Differentiate between different types of schizophrenia.
- B5- Analyze different types of anxiety disorders.
- B6- Utilize mental health laws.

C- Professional and practical skills

By the completion of this course the student should be able to

- C1- Apply nursing process in care of psychiatric patients.
- C2- Document and report the outcome of nursing intervention.
- C3- Counsel patients about Somatoform disorders.
- C4- Employ nursing process to clients experiencing negative and positive symptoms of schizophrenia.
- C5- Demonstrate increasing effectiveness in using therapeutic relationship skills to produce therapeutic out-come.
- C6- Apply nursing process in caring of anxiety disorders.
- C7-Apply legal and ethical concepts in the therapeutic milieu.

D- General and transferable skills

By the completion of this course the student should be able to

- D1- Values communication with others successfully.
- D2- Appreciate team working.
- D3- Develop patient education plan to enhance social skills.
- D4- Use informed and formal methods of teaching appropriate to patient learning ability.

	E- Attitude skills	By the completion of the course the student should be able to	
		E1-	Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information
		E2-	Values her role as a model for less experienced nursing care providers and nursing students.
		E3-	Respects and encourages the patient's participation in decision about health care services.

4- Course Contents:

Week	Topic	No. of hours		Methods of teaching
		Lecture 60hrs	Practical 180hrs	
1 , 2 ,3	1-Schizophrenia - Positive and negative symptoms - types of schizophrenia - nursing care and treatment	4 hrs 4 hrs 4 hrs	12 hrs 12 hrs 12 hrs	- Lectures - Blended learning - Electronic learning - Group discussion - Interactive presentations - Brainstorming - Clinical practice - Internet search in digital library - Case study - Nursing care plan - Field study
4 , 5 , 6	2-alzheimer disease - definition - causes - management	4 hrs 4 hrs 4 hrs	12 hrs 12 hrs 12 hrs	
7 , 8 , 9	3-Anxiety disorders - generalize anxiety disorder - phobia - post traumatic stress disorder	4 hrs 4 hrs 4 hrs	12 hrs 12 hrs 12 hrs	
10 , 11	4-Somatoform disorders - types of somatoform - nursing care plan and treatment	4 hrs 4 hrs	12 hrs 12 hrs	
12 , 13	5-Dissociative disorders - types of dissociative - nursing care plane and treatment	4 hrs 4 hrs	12 hrs 12 hrs	
14 , 15	6-Legal issues of psychiatric nursing -legal and ethical concept - mental health laws - issues of legal competence	4 hrs 4 hrs	12 hrs 12 hrs	
Total		60 hrs	180 hrs	
16	Final written exam			
	Oral exam			

5- Teaching and learning methods :

- Lectures
- Blended learning
- Electronic learning
- Group discussion
- Interactive presentations
- Brainstorming
- Clinical practice
- Internet search in digital library
- Case study
- Nursing care plan
- Field study

6- Student Assessment :

A- Assessment Method

- Formative assessment: Clinical area evaluation through - Written work tools (nursing care plans, case studies about different psychiatric patients)
- Final Written exam.
- Oral exam.

B- Time Schedule

Final written Exam	At the week 16
Oral Exam	

C- Grading system

Assessment method	Grades	Percentage
Semester work	120	40%
Final written Examination	120	40%
Oral Examination	60	20%
Total	300	100 %

7- List of References

A-Notes	Handouts for all prepared contents by the master student of the course
B-Required books	<ol style="list-style-type: none">1 Kaplan &Sadock's(2015): Pocket hand book of clinical psychiatry fourth edition Philadelphia, Lippincott Williams &Wikins.2 Balzer-Riley J. (2014): Communication in nursing. 5th ed., St. Louis: Mosby.
C-Suggested books	<ol style="list-style-type: none">1. Boyd M.A. (2018): Psychiatric Nursing: Contemporary Practice. 4th ed., New York:

	<p>Wolters Kluwer Health, Williams & Wilkins, pp. 276- 323..</p> <p>2. Billing D.M., and Halstead J.A. (2018): Teaching in Nursing. London: W.B. Saunders Co, pp. 250- 260.</p>
D-Journals, periodicals, websites, etc	<ol style="list-style-type: none"> 1. Arnetz J.E., and Arnetz B.B. Implementation and evaluation of a practical intervention programme for dealing with violence toward health care workers. Journal of Advanced Nursing.2016; 31(3): 668-680. 2. Berkowitz R., and Heintz P. The management of schizophrenic patients: the nurses view. Journal of Advanced Nursing.2016; 9: 23–33. 3. Berod A.C., Klay M., Santos-Eggimann B., and Paccaud F. Anxiety, depressive, or cognitive disorders in rehabilitation patients: Effect on length of stay. American Journal of Physical Medicine & Rehabilitation. 2015; 79(3): 266– 273. 4. Blair D.T., and Romanes V.A. Education as psychiatric intervention: The cognitive-behavioral context. Journal of Psychosocial Nursing.2017; 35(11): 29-36. 5. Childress C.A. Ethical issues in providing psychotherapeutic interventions. Journal of Medical Internet Research. 2018; 2: E5. 6. Centers for Disease Control and Prevention (CDC)(2016). WISQARS Leading Causes of Death Reports, in 2018.available at https://webappa.cdc.gov/sasweb/ncipc/leadcause.html 7. National Institute of mental Health (NIMH). (2017). Suicide. Available at https://www.nimh.nih.gov/health/statistics/suicide.shtml

8-Facilities required for teaching and learning

Computer
Data show

Course coordinator: Assist. Prof .Dr/Hanaa Hamdy Al zeiny

Head of department: Assist. Prof .Dr/Hanaa Hamdy Al zeiny

Date: / /

Department: Psychiatric Mental Health Nursing

Course Name	Seminars Psychiatric and Mental Health Nursing (2) (2020-2022)
Code Name	429

Model (12)
Knowledge and skills matrix benefiting from the studied course

Course Content	Study Week	Knowledge	Intellectual Skills	Professional skills	Transferable and General skills	Attitudes skills
1-Schizophrenia	1-2-3	A.1, A3	B1,B2, ,B4	C1,C2,C4,C5	D1,D2,D3,D4	E1-E2
2- Alzheimer disease	4-5-6	A3,A6	B1, B3	C1,C2, C5	D1,D2,D4	E1-E2-E3
3- Anxiety disorder	7-8-9	A3,A4	B1,B5	C1,C2,C5,C6	D1,D2	E1-E2-E3
4- somatoform disorder	10-11	A3,A5	B1	C1,C2,C5	D1,D2	E1-E2-E3
5- Dissociative disorder	12-13	A2,A3	B1	C1,C2,C5	D1,D2,D4	E1-E2-E3
6- Legal issues of psychiatric nursing	14-15	A7	B6	C5,C7	D1,D2	E1 -E3

Professor of Course

Assist. Prof .Dr/Hanaa Hamdy Al zeiny

Date: / /

Head of Department

Assist. Prof .Dr/Hanaa Hamdy Al zeiny

Third-term

(Master degree)

2020-2022

Code	Course Title
447	Psychological physiology
448	Research and Psychological problems in Egypt
432	English language
449	Seminars in Psychiatric and Mental Health Nursing

Course Specification

1- Basic information

Code : 447	Title : Psychological physiology	Level : 3rd level degree
Credit hours : --	Theoretical : 30hrs	practical :-----
Program(s) on which the course is given	: Master degree of psychiatric and mental health nursing	
Major or minor element of program	:	Major
Department offering the program	: Psychiatric and mental health medicine department	
Department offering the course	: Psychiatric and mental health medicine staff	
Date of specification approval	:	2016 – 2017
Academic year	:	2020-2022

2- Overall Aims of Course This course aims: At the end of the course, the student will be able to deal with essence of psychophysiology and the cognitive and the affective aspects of human behavior.

3- Intended Learning Outcomes of Course (ILOs)

a- Knowledge and Understanding:

By the completion of this course the student should be able to

- a1- Discuss the component of cognitive, affective and psychomotor aspects of human behavior and integration among them.
- a2- Mention detailed principles of the fields of psychology
- a3- Clarify types and characteristics of personality.
- a4- Describe types of human emotions.
- a5- Explain sleep and biological rhythm
- a6- Discuss types of learning.

b- Intellectual Skills

By the completion of this course the student should be able to

- b1- Evaluate different patterns of emotions and personality.
- b2- Differentiate between different types of learning.
- b3- Correlates the facts of physiology with clinical reasoning, diagnosis and management of common diseases related to emotional disorders.
- B4- Analyze causes of sleep disorders.
- B5- Differentiate between different types of emotional disorders.

c- Professional and practical skills

By the completion of this course the student should be able to

- c1- None practical skills

d- General and transferable skills

By the completion of the course the student should be able to

d1- Communicates patient values ,preferences and expressed needs to other members of health care team

d2- Use recognized professional standards of practice

e- Attitude skills

By the completion of the course the student should be able to

E1- Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information

E2- Values her role as a model for less experienced nursing care providers and nursing students.

E3- Respects and encourages the patient's participation in decision about health care services.

4- Course Contents:

Week	Topic	No. of hours		Methods of teaching
		Lecture 30 hrs	Practical --	
1 , 2 , 3	1. Learning	2 hrs 2 hrs 2 hrs	--	Lecture Group discussion Blended learning E- learning
4, 5, 6, 7	2. Sleep and biological rhythm.	2 hrs 2 hrs 2 hrs 2 hrs	--	
8, 9, 10	3. Control of movement	2 hrs 2 hrs 2 hrs	--	
11, 12 ,13	4. Emotions	2 hrs 2 hrs 2 hrs	--	
14, 15	5- Personality	2 hrs 2 hrs	--	
Total		30 hrs	-	
16	Final written Exam			
	Oral Exam			

5- Teaching and learning methods :

- 5.1** Lecture
- 5.2** Group discussion
- 5.3** Blended learning
- 5.4** E- learning

6- Student Assessment :

A- Assessment Method

- A.1** Semester work
- A.2** Final Written Exam
- A.3** Oral Exam

B- Time Schedule

Written Exam

At the week 16

Oral Exam

C- Grading system

Assessment method	Grades	Percentage
Semester work (Interactive presentation)	20	20 %
Final written Exam	60	60 %
Oral Exam	20	20%
Total	100	100 %

7- List of References

A - Course Note

B - Required Books (Text Books)

1- Sadock B.J., and Sadock V.A. (2015): eds. Kaplan &Sadock's Comprehensive Textbook of Psychiatry. 8th ed. Philadelphia, Pa: Lippincott Williams & Wilkins.

2-Guyton textbook of physiology. Guyton AC, Hall JE: Textbook of medical physiology, 11th ed. Saunders, 2018.

C - Recommended Books

1- Mohr W.K. (2017): Psychiatric Mental Health Nursing, Fifth Edition, Lippincott comp. Philadelphia New York.

D – Journals

- American Journal of Physiology.**
- Journal of applied Physiology.**

**Course Coordinator:
Head of Department**

**Dr/Heba Ahmed
Assist. Prof .Dr/Hanaa Hamdy Al zeiny**

Date: / /

University / Academy: Zagazig
Faculty / Institute: Nursing
Department: Psychiatric Mental Health Nursing

Course Name	Psychological physiology 3 (2020 -2022)
Code Name	447

Model (12)

Knowledge and skills matrix benefiting from the studied course

Course Content	Study Week	Knowledge	Intellectual Skills	Professional skills	Transferable and General skills	Attitudes skills
1-learning	1-2-3	A.1,A6	B2	---	D1,D2	E1,E2,E3
2-Perception	4-5-6-7	A.1,A5	B4	---	D1,D2	E1,E2,E3
3-Memory	8-9-10-11	A1,A2	B3,B4	---	D2,D2	E1,E2,E3
4-Personality	12-13-14-15	A1,A3	B1	----	D1,D2,	E1,E2,E3

Professor of Course
Dr/ Heba Ahmed

Head of Department
Assist. Prof .Dr/Hanaa Hamdy Al zeiny

Date: / /

Course Specification

1- Basic information

Code: 448	Title : research and psychological problems in Egypt	Level: 3 rd level
Credit hours : ---	Theoretical : 30hrs	Practical : ---
Program(s) on which the course is given	: Master degree in psychiatric and mental health nursing	
Major or minor element of program	: Major	
Department offering the program	: Psychiatric and mental health medicine department	
Department offering the course	: Psychiatric and mental health medicine staff	
Date of specification approval	: 2016 – 2017	
Academic year	: 2020-2022	

- 2- Overall Aims of Course** This course aims to enable students to keep with international update standards of patients care of psychiatric disorders by mastering high levels of clinical skills, bedside patient care skills, in addition to update nursing knowledge as well as clinical experience and competence in the area of common, infrequent, and rare psychiatric disorders. Common, infrequent, and rare psychological problems in Egypt.
- Introducing the student to the basics of scientific nursing research.

3- Intended Learning Outcomes of Course (ILOs)

a- Knowledge and Understanding:

By the completion of this course the student should be able to

- a1- Discuss types of sleeping.
- a2- Be aware of signs and symptoms of amnesic disorders
- a3- Describe causes and managements of eating disorders.
- a4- Explain causes and path physiology of Sexual disorders.
- a5- Recognize the causes, assessment and managements of cognitive disorder.

b- Intellectual Skills

By the completion of this course the student should be able to

- b1- Formulate the assessment of patients with sleeping disorders
- b2- Identify differential diagnosis pertaining to cognitive disorder
- b3- Show in an algorism the protocols of managements in eating

c- Professional and practical skills

By the completion of this course the student should be able to

c1- The course has no practical hours.

d- General and transferable skills

By the completion of the course the student should be able to

- d1- Adopt self-learning and continues self-evaluation.
- d2- Enhance working with a team spirit and lead effectively.
- d3- Use informed and formal methods of teaching appropriate to patient learning ability.
- d4- Manage effectively time, resources and set priorities.
- d5- Develop patient education plan to enhance social skills.

	e-	Attitude skills By the completion of the course the student should be able to	
		E1-	Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information
		E2-	E2-values her role as a model for less experienced nursing care providers and nursing students.
		E3-	E3-respects and encourages the patients participation in decision about health care services.

4- Course Contents:

Week	Topic	No. of hours		Methods of teaching
		Lecture 30 hrs	Practical --	
1 -2-3	1- Amnestic disorders – Types – Signs and symptoms – Treatment	2 hrs 2 hrs 2 hrs	-	Lecture Blended learning Electronic learning
4-5-6	2- Mood disorders – Types – Epidemiology – Treatment	2 hrs 2 hrs 2 hrs	-	
7-8-9	3- Eating disorder – Anorexia nervosa – Bulimia nervosa – Obesity	2 hrs 2 hrs 2 hrs	-	
10-11-12	4- Sleeping disorder – Types – Signs and symptoms – Treatment	2 hrs 2 hrs 2 hrs	-	

13-14	5- Substance dependent - Clients – Types – Prophylaxis	2 hrs 2 hrs	-	
15	6- Cognitive disorder	2 hrs	-	
Total		30 hrs	-	
16	Final written Exam			
	Oral exam			

5- Teaching and learning methods :

- 5.1 Lecture
- 5.2 Blended learning
- 5.3 Electronic learning

6- Student Assessment :

A- Assessment Method

- A.1 Semester work
- A.2 Final written Exam
- A.3 Oral Exam

B- Time Schedule

Final written exam

Oral Exam

At the week 16

C- Grading system

Assessment method	Grades	Percentage
Semester work (Interactive presentation)	20	20 %
Final written Exam	60	60 %
Oral Exam	20	20%
Total	100	100 %

7- List of References

A - Course Note

Handouts for all prepared contents by the master students of the course

B - Required Books (Text Books)

- 1- Sadock B.J., and Sadock V.A. (2015): eds. Kaplan & Sadock's Comprehensive Textbook of Psychiatry. 8th ed. Philadelphia, Pa: Lippincott Williams & Wilkins.
- 2- Guyton textbook of physiology. Guyton AC, Hall JE: Textbook of medical physiology, 11th ed. Saunders, 2016.

C - Recommended Books

1- Mohr W.K. (2015): Psychiatric Mental Health Nursing, Fifth Edition, Lippincott comp. Philadelphia New York.

D –Journals

- American Journal of Physiology.
- Journal of applied Physiology.

Course Coordinator:

Dr. Yomna Khalil

Head of Department

Assist. Prof .Dr/Hanaa Hamdy Al zeiny

Date: / /

University / Academy: Zagazig
 Faculty / Institute: Nursing
 Department: Psychiatric Mental Health Nursing

Course Name	: Research and Psychological problems in Egypt 3 (2020-2022)
Code Name	448

Model (12)
Knowledge and skills matrix benefiting from the studied course

Course Content	Study weeks	Knowledge	Intellectual Skills	Professional skills	Transferable and General skills	Attitude skills
1- Amnestic disorder	1-2-3	A1	B1,3	C2,4	D1,D2	E1-E2-E3
2- Mood disorder	4-5-6	A2	B2,3	C2	D1,D2	E1-E2-E3
3- Eating disorder	7-8-9	A3	B2,3	C4	D1	E1-E2-E3
4- Sleeping disorder.	10-11-12	A4	B2,3,4	C1,2,3	D2	E1-E2-E3
5- Substance dependent clients.	13-14	A5	B2,3	C2,3	D1,D2	E1-E2-E3
6- Cognitive disorder.	15	A6	B1,2,3	C1,C2,C3	D1,D2	E1-E2-E3

Professor of Course
Dr: Yomna Khalil

Head of Department
Assist. Prof .Dr/Hanaa Hamdy Al zeiny

Date: / /

Course Specification

1-Basic information		
Level : 3 rd Master degree	Title: English Language	Code: 432
Theoretical :30 hrs		Practical :--
Major or minor element of program		Minor
Department offering the program		Faculty of Arts- English department
Department offering the course		Faculty of Arts- English department
Date of specification approval		2016-2017
Academic year		2020-2022

This course provides the candidate with theoretical knowledge & skills in meeting the language demands of their major study, advanced course assignments include writing, speaking, reading tasks for academic and communication purposes, & emphasis is on basic nursing word structure, prefixes, suffixes, combining forms, and pronunciation.		2-Overall Aims of Course
3-Intended Learning Outcomes of Course (ILOs) by the end of this course the graduate will be able to:		
A1- Define technical terms and vocabulary related to the reading passages studied. A2- Identify the uses of Affixes. A3- Explain the key concept and meaning of reciprocal verbs. A4- Identify the structure of the passive clauses. A5- Discuss the different techniques of paragraph development. A6- Describe the functions of prepositions. A7- Mention the role of contextual references.		a- Knowledge and Understanding
B1-Use of the English language in their own specialization. B2- Use technical terms correctly. B3- Analyze a given text coherently with ease. B4- Write a paragraph cohesively and coherently. B5- Solve grammatical and vocabulary puzzles in time. B6- Apply authentic English materials relevant to the topics discussed. B7- Write paragraphs developed by techniques, such as cause and effects, examples, etc.		b- Intellectual Skills
Not applicable		c- Professional and practical skills

<p>D1- Communication: Communicate relevant and effective ideas, information, and arguments using an appropriate register, style and format.</p> <p>D2- IT Skills: Use appropriate computational tools and software to obtain, store or process information electronically and (where required) produce materials in electronic form.</p> <p>D3- Problem Solving: Analyze complex data, materials or behavior, using appropriate specialized techniques, formulating and testing research hypotheses, identifying problems and evaluating solution.</p> <p>D4-Self Learning: Work autonomously showing organization, self – discipline and time management, responding constructively to feedback and learning new material and techniques.</p>						d- General and transferable skills
<p>E1- Appreciates and promotes patient \ client rights to autonomy, respect, Privacy, dignity, and access to information.</p> <p>E2- Values her role as a model for less experienced nursing Care Providers and nursing students.</p> <p>E3- Respects and encourages the patients' participation in decision about health care and services.</p>						E- Attitude
4- Course Contents:						
weeks	Topic	Theory 30 hrs	Practical ---	Total No. of hours	Methods of teaching	
1-2-3	Unit one: - Meditation	2 hrs 2hrs 2hrs	-	6hrs	Group discussion Blended learning Electronic learning	
4-5-6	Unit two: - Comprehension	2 hrs 2hrs 2hrs	-	6hrs	Lecture Blended learning Electronic learning	
7-8-9	Unit three: -Reading	2 hrs 2hrs 2hrs	-	6hrs	Group discussion	
10- 11-12	Unit four - listening	2 hrs 2hrs 2hrs	-	6hrs	Lecture Blended learning Electronic learning	

13-14	Unit five: - Nursing Glossary	2 hrs 2hrs	-	4hrs	Lecture Blended learning Electronic learning
15	Unit six: - English Grammar	2 hrs	-	2 hrs	Group discussion Blended learning Electronic learning
	Total	30hrs	-	30hrs	
16	Final written exam				
	Oral exam				
<p>-A combination of delivery methods are used to facilitate learner and faculty communication including:</p> <p>Internet Internet resources are used as an integral part of the instruction.</p> <p>Electronic Mail Allows learners to freely interact on an individual or group level with other learners and the instructor.</p> <p>Blended & Electronic learning</p>					5-Teaching and learning methods :
Not applicable					6-learning methods for special needs
Assessment 1: Brainstorming Activity exercise Assessment 2: Practical Application1 Assessment 3: Group work written assignment Assessment 4: Internet search assignment					7-Student Assessment :
<ul style="list-style-type: none"> ▪ Attendance ▪ Participation ▪ Written exam ▪ Oral exam 					a-Assessment Method
Score <ul style="list-style-type: none"> ▪ Semester work 20 ▪ Final write exam 60 ▪ Oral exam 20 					c- Grading system

Total	100	
		8- List of References
Not applicable		A - Course Note
http://www.netplaces.com/new-nurse/why-become-a-nurse/the-nursing-shortage.htm http://www.ehow.com/about_6657303_rural-nursing-theory.html#ixzz1aP3p5c9L http://www.ehow.com/about_6657303_rural-nursing-theory.html#ixzz1aP3p5c9L http://www.medi-smart.com/nursing-resources/glossary http://www2.ivcc.edu/rambo/eng1001/sentences.htm		B - Periodicals, Web Sites, ...etc

Course Coordinator: Prof .Dr /Mohamed Ahmed

Head of department: Assist. Prof .Dr/Hanaa Hamdy Al zeiny

Date: / /

Psychiatric Mental Health Nursing
Knowledge and Skills matrix benefiting from the studied course
(English 3rd term) (2020-2022)
Code: 432

Course Content	Study weeks	Knowledge	Intellectual Skills	Professional skills	Transferable and General skills	Attitudes skills
- Meditation	1-2-3	A1-A2-A3-A4-A5-A6-A7	B1-B2-B3-B4-B5-B6-B7	-	D1-D2-D3-D4	E1-E2-E3
- Comprehension	4-5-6	A1-A2-A3-A4-A5-A6-A7	B1-B2-B3-B4-B5-B6-B7	-	D1-D2-D3-D4	E1-E2-E3
- Reading	7-8-9	A1-A2-A3-A4-A5-A6-A7	B1-B2-B3-B4-B5-B6-B7	-	D1-D2-D3-D4	E1-E2-E3
- Listening	10-11-12	A1-A2-A3-A4-A5-A6-A7	B1-B2-B3-B4-B5-B6-B7	-	D1-D2-D3-D4	E1-E2-E3
- Nursing Glossary	13-14	A1-A2-A3-A4-A5-A6-A7	B1-B2-B3-B4-B5-B6-B7	-	D1-D2-D3-D4	E1-E2-E3
- English Grammar	15	A1-A2-A3-A4-A5-A6-A7	B1-B2-B3-B4-B5-B6-B7	-	D1-D2-D3-D4	E1-E2-E3

Course coordinator: Prof. Dr /Mohamed Ahmed

Head of department: Assist. Prof .Dr/Hanaa Hamdy Al zeiny

Date: / /

Course Specification

1- Basic information

Code: 449	Title : seminars in psychiatric and mental health nursing	Master degree :3 rd level
Credit hours : --	Theoretical: 60 hrs	Practical: 180 hrs
Program(s) on which the course is given	: Master degree of psychiatric and mental health nursing	
Major or minor element of program	: Major	
Department offering the program	: Psychiatric and mental health nursing department	
Department offering the course	: Psychiatric and mental health nursing staff	
Date of specification approval	: 2016 – 2017	
Academic year	: 2020-2022	

2- Overall Aims of Course This course aims to acquire knowledge, attitude and skills of psychiatric nursing to provide high quality care to psychiatric patients.

3- Intended Learning Outcomes of Course (ILOs)

a- Knowledge and Understanding:

By the completion of this course the student should be able to

- A1- Discuss concept of eating disorders.
- A2- Discuss different psychiatric treatment modalities for mental
- A3- illness
- A4- Identify cause and different type of substance and mood disorders.
Describe psychoanalytic and psychosocial theory.
- A5 Identify components of nursing process appropriate to psychiatric patients.

b- Intellectual Skills

By the completion of this course the student should be able to

- B1- Analyze knowledge from nursing and related sciences to identify, prioritize health needs of patients with psychiatric illness.
- B2- - Formulate different tools of assessment to collect and interpret data that would benefit in caring of patient during the course of illness.
- B3- Utilize critical thinking to provide innovative evidence based nursing intervention during the course illness

c- Professional and practical skills

By the completion of this course the student should be able to

- C1- Apply nursing process in care of psychiatric patients
- C2- Accurately document and report the outcome of nursing and other intervention.
- C3- Counsel patients about psychotherapy modalities.
- C4- Implement nursing intervention to clients experiencing sleep disorder.
- C5- Demonstrate increasing effectiveness in using therapeutic relationship skills to produce therapeutic outcome.
- C6- Apply nursing process in caring for with cognitive disorders.

d- General and transferable skills

By the completion of the course the student should be able to

- D1- Communicates patient values preferences and expressed needs to other members of health care team
- D2- Seeks information from appropriate sources on behalf of patient

E- Attitude skills

By the completion of the course the student should be able to

- E1- Appreciate and promotes patient rights to autonomy ,respect ,privacy ,dignity and access to information
- E2- E2-values her role as a model for less experienced nursing care providers and nursing students.
- E3- E3-respects and encourages the patients participation in decision about health care services.

4- Course Contents:

Week	Topic	No. of hours		Methods of teaching
		Lecture 60 hrs	Practical 180 hrs	
1 , 2 ,3	1. Mood disorders	4 hrs	12 hrs	– - Lectures – Blended learning – E-learning – Group discussion – Interactive presentations – Brainstorming – Clinical practice – Internet search in digital library – Case study – Nursing care plan – Field study
		4 hrs	12 hrs	
		4 hrs	12 hrs	
4 , 5 , 6	2. Substance abuse	4 hrs	12 hrs	
		4 hrs	12 hrs	
		4 hrs	12 hrs	
7 , 8 , 9	3. Sleeping disorders	4 hrs	12 hrs	
		4 hrs	12 hrs	
		4 hrs	12 hrs	
10 , 11	4. Eating disorders	4 hrs	12 hrs	
		4 hrs	12 hrs	
12 , 13	5. Cognitive impairment	4 hrs	12 hrs	
		4 hrs	12 hrs	
14 , 15	6. Amnestic disorders	4 hrs	12 hrs	
		4 hrs	12 hrs	
Total		60 hrs	180 hrs	
16	Final written Exam			
	Oral Exam			

5- Teaching and learning methods :

- Lectures
- Blended learning
- E- learning
- Group discussion
- Interactive presentations
- Brainstorming
- Clinical practice
- Internet search in digital library
- Case study
- Nursing care plan
- Field study

6- Student Assessment :

A- Assessment Method

- Formative assessment: Clinical area evaluation through - Written work tools (nursing care plans, case studies about different psychiatric patients).
- Final Written Exam
- Oral Exam

B- Time Schedule

Oral Exam

Final - term Exam At the week 16

C- Grading system

Assessment method	Grades	Percentage
Semester work	120	40%
Final written Exam	120	40%
Oral Exam	60	20%
Total	300	100 %

7- List of References

A-Notes	Handouts for all prepared contents by the master students of the course
B-Required books	<ol style="list-style-type: none">1 Kaplan & Sadock's (2015): Pocket hand book of clinical psychiatry fourth edition Philadelphia, Lippincott Williams & Wilkins.2 Balzer-Riley J. (2018): Communication in nursing. 5th ed., St. Louis: Mosby.
C-Suggested books	<ol style="list-style-type: none">1. Boyd M.A. (2018): Psychiatric Nursing: Contemporary Practice. 4th ed., New York: Wolters Kluwer Health, Williams & Wilkins, pp. 276- 323..2. Billing D.M., and Halstead J.A. (2018): Teaching in Nursing. London: W.B. Saunders Co, pp. 250- 260.
D-Journals, periodicals, websites, etc	<ol style="list-style-type: none">1. Arnetz J.E., and Arnetz B.B. Implementation and evaluation of a practical intervention programme for dealing with violence toward health care workers. Journal of Advanced Nursing. 2017; 31(3): 668-680.2 Berkowitz R., and Heintz P. The management of schizophrenic patients: the nurses view. Journal of Advanced Nursing. 2017; 9: 23–33.3 Berod A.C., Klay M., Santos-Eggimann B., and Paccaud F.

	<p>Anxiety, depressive, or cognitive disorders in rehabilitation patients: Effect on length of stay. American Journal of Physical Medicine & Rehabilitation. 2018; 79(3): 266– 273.</p> <p>4 Blair D.T., and RomanesV.AEducation as psychiatric intervention: The cognitive-behavioral context. Journal of Psychosocial Nursing.2017; 35(11): 29-36.</p> <p>5 Childress C.A. Ethical issues in providing psychotherapeutic interventions. Journal of Medical Internet Research. 2017; 2: E5.</p>
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8-Facilities required for teaching and learning

Computer

Data show

Course coordinator: Assist. Prof .Dr/Hanaa Hamdy Al zeiny

Head of department: Assist. Prof .Dr/Hanaa Hamdy Al zeiny

Date: / /

Department: Psychiatric Mental Health Nursing

Course Name	Nursing Seminars in area of specific psychiatric nursing (3) (2020-2022)
Code Name	449

Model (12)

Knowledge and skills matrix benefiting from the studied course

Course Content	Study Week	Knowledge	Intellectual Skills	Professional skills	Transferable and General skills	Attitudes skills
1- Mood disorders	1-2-3	A3,A4, A5	B1,B2, B3	C1,C2,C3	D1,D2	E1-E2-E3
2- Substance abuse	4-5-6	A3,A4	B1,B2, B3	C1,C2,C3	D1,D2	E1-E2-E3
3- Sleeping disorder	7-8-9	A2,A4,A5	B1,B2, B3	C2,C3,C4	D2,D2	E1-E2-E3
4- Eating disorder	10-11	A1,A2,A4	B1,B2, B3	C1,C3	D1, D2	E1-E2-E3
5- Cognitive impairments	12-13	A2,A4, A5	B1,B2, B3	C3,C6	D2,D2	E1-E2-E3
6- Amnestic disorder	14-15	A2,A4,A5	B1,B2, B3	C2,C3	D1, D2	E1-E2-E3

Professor of Course

Assist. Prof .Dr/Hanaa Hamdy Al zeiny

Date: / /

Head of Department

Assist. Prof .Dr/Hanaa Hamdy Al zeiny