



First term – 2024/2025

Theoretical lectures of Gerontological Nursing course

Lecture Name	Time	Staff
Unit One		
An overview of gerontological Nursing	2 hours	Prof. Eman Shokry
Aging Process and Aging changes	2 hours	Dr. Safia Gomaa
Health Promotion	2 hours	Dr. Safia Gomaa
Environmental Safety & Falls	2 hours	Dr. Reda Abdelrahman
Unit Two		
Communication with the elderly	2 hours	Prof. Eman Shokry
Attitude toward elderly	2 hours	Prof. Eman Shokry
Family caregiver	2 hours	Dr. Reda Abdelrahman
Elder abuse.	2 hours	Dr. Reda Abdelrahman
End of life Care	2 hours	Dr. Noha Gamal
Unit Three		
Cardiovascular Problems Hypertension Coronary heart disease Heart failure Anemia	4 hours	Dr. Safia Gomaa
Respiratory Problems Pneumonia COPD	4 hours	Dr. Noha Gamal
Unit Four		
Endocrine Problems Diabetes mellitus	2 hours	Prof. Eman Shokry
Gastrointestinal Problems Diarrhea Constipation Fecal impaction Peptic Ulcers	4 hours	Dr. Noha Gamal
Renal System Disorders in Old Age	4 hours	Dr. Reda Abdelrahman



جامعة الزقازيق
كلية التمريض
قسم تمريض المسنين



Urinary Tract Infection Renal Failure Urinary Incontinence		
Unit Five		
Neurological Problems Stroke. Dementia & Alzheimer's Parkinson's disease	4 hours	Dr. Noha Gamal
Psychiatric Problems in Old Age Depression	2 hours	Dr. Safia Gomaa
Sleep Problems in The Elderly	2 hours	
Unit Six		
Musculoskeletal Problems in Old Age Osteoporosis Osteoarthritis	4 hours	Prof. Eman Shokry
Cancer in the elderly Aging and Cancer Prostate Cancer Breast Cancer Colon Cancer	4 hours	Dr. Safia Gomaa
Unit Seven		
Diseases of the Eye in Old Age Cataract Glaucoma	4 hours	Dr. Reda Abdelrahman
Aging and common skin problems Common Skin Problems Pressure Ulcers	4 hours	Prof. Eman Shokry

Lectures will be every Tuesday from each week

المشرف على القسم/
أ.د/ ايمن شكرى عبدالله