



***Clinical Geriatric
Nursing procedures
Teaching Plan
Credit Hours***

**Second year
2nd semester**

2025/2026

Clinical Geriatric Nursing Course

Course Title: clinical Geriatric Nursing

Course description

This course provides opportunities to develop competencies necessary to meet the needs of individuals throughout the lifespan in a safe, legal, and ethical manner using the nursing process. Students learn concepts and theories basic to the art and science of nursing. The role of the nurse as a member of the healthcare team is emphasized. Students are introduced to the concepts of client needs, safety, communication, teaching/learning, critical thinking, ethical-legal, cultural diversity, nursing history, and the program's philosophy of nursing. Additionally, this course introduces psychomotor nursing skills needed to assist geriatric in meeting basic human needs. Skills necessary for maintaining microbial, physical, and psychological safety are introduced along with skills needed in therapeutic interventions. At the conclusion of this course students demonstrate competency in performing basic nursing skills for geriatric with common health alterations.

Course objectives:

Upon completion of this course, the student will be able to:

- 1.** Perform proper oral hygiene to prevent dental problems
- 2.** Educate patient on maintain oral health
- 3.** Measure blood glucose accurately following guidelines .
- 4.** Explain the importance of regular monitoring in diabetes management
- 5.** Assess mobility and fall risk using the TUG test .
- 6.** Use results to plan mobility improvement strategies.
- 7.** Safely administer insulin injection .
- 8.** Teach proper self- injection technique .
- 9.** Identify and reduce fall risks .
- 10.** Assess feet for signs of complications
- 11.** Teach proper foot care to prevent injuries

Course policies:

1. Students are expected to prepare for lecture by reading assigned materials.
2. Attendance of lecture is a requirement and students should be on time student who miss more than seven lecture hour without excuse will be dismissed from the course.
3. Student should be dressed in the assigned dress code.
4. Students unable to take the scheduled exam should follow the proper university regulation otherwise he/she will get zero in their exam.

Clinical Geriatric nursing staff

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|------------------------------|
| STAFF |
| Dr/ Reda Rabea Rashad |
| Dr/ Huda Samy Elsayed |

Teaching plan second term Credit Hours (2025-2026)

| Day | Time | End | Class |
|-----|----------------|-----|-------|
| | 9:00 -12:00 Am | | |

Schedule of 2nd year lectures (2nd term)

| Week | Day/ Date | Time | Topic | Academic Staff |
|-----------|-----------|--------------|--|---------------------------|
| 1 | 12/2/2025 | 9.00-12.00Am | Oral Care | Dr/ Reda |
| 2 | 13/2/2025 | 9.00-12.00Am | Blood Glucose Monitoring | Dr/ Huda |
| 3 | 19/2/2025 | 9.00-12.00Am | Revsion | Dr/ Reda/ Dr/ Huda |
| 4 | 20/2/2025 | 9.00-12.00Am | Exam | Dr/ Reda/ Dr/ Huda |
| 5 | 26/2/2025 | 9.00-12.00Am | The Time Up&Go Test For Risk Assessment | Dr/ Reda |
| 6 | 27/2/2025 | 9.00-12.00Am | Insulin Injection | Dr/ Huda |
| 7 | 5/3/2025 | 9.00-12.00Am | Revsion | Dr/ Reda/ Dr/ Huda |
| 8 | 6/3/2025 | 9.00-12.00Am | Exam | Dr/ Reda/ Dr/ Huda |
| 9 | 12/3/2025 | 9.00-12.00Am | Fall Hazard Prevention | Dr/ Reda |
| 10 | 13/3/2025 | 9.00-12.00Am | Diabetic Foot Care Guidlines | Dr/ Huda |
| 11 | 19/3/2025 | 9.00-12.00Am | Revsion | Dr/ Reda/ Dr/ Huda |
| 12 | 20/3/2025 | 9.00-12.00Am | Exam | Dr/ Reda/ Dr/ Huda |

Formative evaluation sheet

Student's name:

Group No:

| Evaluation of area | Assigned mark | Obtained mark | | | | |
|---|---------------|---------------|-----|-----|-----|-----|
| | | 1st | 2nd | 3rd | 4th | 5th |
| Attendance 10 | | | | | | |
| Appearance & attitude 5 | | | | | | |
| Class activity 5 | | | | | | |
| Communication skill 5 | | | | | | |
| Practical exam 6 subjects 30 | | | | | | |
| Team 5 | | | | | | |
| Area total 60 | | | | | | |
| Mid term 20 | | | | | | |
| Oral exam 20 | | | | | | |
| Final Practical exam | | | | | | |

Student's Signature: