



***Clinical psychiatric
Nursing procedures
Teaching Plan
Credit Hours***

**Second year
2nd semester**

2025/2026

Clinical psychiatric Nursing Course

Course Title: clinical psychiatric Nursing

Course description

This course provides opportunities to develop competencies necessary to meet the needs of individuals with psychiatric and mental health throughout the lifespan in a safe, legal, and ethical manner using the nursing process. Students learn concepts and theories fundamental to psychiatric and mental health care. The role of the nurse as a member of the healthcare team is emphasized. Students are introduced to the concepts of client needs, safety, communication, teaching/learning, critical thinking, ethical-legal, cultural diversity, nursing history, and the program's philosophy of nursing. Additionally, this course introduces nursing skills needed to assist psychiatric patient in meeting basic human needs. Skills necessary for maintaining mental and psychological safety are introduced along with skills needed in therapeutic interventions. At the conclusion of this course students demonstrate competency in performing basic nursing skills for provide care with common health alterations.

Course objectives:

Upon completion of this course, the student will be able to:

- 1.** Identify types of delusion.
- 2.** Use therapeutic communication with delusional clients.
- 3.** . Differentiate types of hallucinations.
- 4.** . Apply strategies to manage clients with hallucinations.
- 5.** Explain anxiety's effects and classifications.
- 6.** . Implement interventions to manage anxiety.
- 7.** . Recognize symptoms and effects of depression.
- 8.** . Develop care plans for clients with depression.
- 9.** . Identify symptoms of schizophrenia.
- 10.** Promote treatment adherence and quality of life.
- 11.** . Describe ECT indications and side effects.
- 12.** . Provide pre- and post-ECT care.

Course policies:

1. Students are expected to prepare for lecture by reading assigned materials.
2. Attendance of lecture is a requirement and students should be on time student who miss more than seven lecture hour without excuse will be dismissed from the course.
3. Student should be dressed in the assigned dress code.
4. Students unable to take the scheduled exam should follow the proper university regulation otherwise he/she will get zero in their exam.

Clinical psychiatric nursing staff

<u>STAFF</u>
Dr/ Naira Abdelmoaty Mohammed
Dr/ Sally Hashim Hashim.

Teaching plan

Second term Credit Hours (2025-2026)

Day	Time	End	Class
	9:00 -12:00 Am		

Schedule of 2nd year lectures (2nd term)

Week	Day/ Date	Time	Topic	Academic Staff
1	12/2/2025	9.00-12.00Am	Psychotic features	Dr/ Naira
2	13/2/2025	9.00-12.00Am	Depression	Dr/Sally
	19/2/2025	9.00-12.00Am	Revsion	Dr/ Naira/ Dr/Sally
3	20/2/2025	9.00-12.00Am	Exam	Dr/ Naira/ Dr/Sally
4	26/2/2025	9.00-12.00Am	Anxiety	Dr/ Naira
5	27/2/2025	9.00-12.00Am	Mania	Dr/ Naira/ Dr/Sally
6	5/3/2025	9.00-12.00Am	Revsion	Dr/ Sally
7	6/3/2025	9.00-12.00Am	Exam	Dr/ Naira/ Dr/Sally
8	12/3/2025	9.00-12.00Am	Schizophrenia	Dr/ Naira
9	13/3/2025	9.00-12.00Am	ECT	Dr/ Sally
10	19/3/2025	9.00-12.00Am	Revsion	Dr/ Naira/ Dr/Sally
11	20/3/2025	9.00-12.00Am	Exam	Dr/ Naira/ Dr/Sally

Formative evaluation sheet

Student's name:

Group No:

Evaluation of area	Assigned mark	Obtained mark				
		1st	2nd	3rd	4th	5th
Attendance 10						
Appearance & attitude 5						
Class activity 5						
Communication skill 5						
Practical exam 6 subjects 30						
Team 5						
Area total 60						
Mid term 20						
Oral exam 20						
Final Practical exam						

Student's Signature: