

Guidelines for Authors

1. Cover Letter (indicating message to the Editor-in-Chief)

2. The manuscript should not exceed approximately 5000 words

3. The submitted articles should be divided into the following sections;

- (a) Abstract of approximately 100-300 words describing in clear but briefly about background, methodology, results and statistical analysis use, recent findings and conclusion.
- (b) The key words (3-6).
- (c) Introduction.
- (d) Materials and Methods - Ethical guideline for human or animal study is described.
- (e) Statistical analysis.
- (f) Results.
- (g) Discussion.
- (h) Acknowledgements.
- (i) Conflict of interest, if any.
- (j) References.
- (k) Tables
- (l) Figures legends at the end of the manuscript.

3. Title Page: The title page should include:

- Type of article e.g., research article/review.
- A concise and informative title in capital letters.
- Running title of the manuscript.
- The FULL name(s) of the author(s) in the order of appearance in the manuscript.
- Number of table(s) and figure(s) in the manuscript.
- The affiliation(s) and address(es) of the author(s).
- The e-mail address, telephone and fax numbers of the corresponding author.

4. Text Formatting:

- Only manuscript written and submitted in Word (2007 or later) is acceptable.
- The manuscript is typed double-spaced on the side only of A4 sized white paper with 2.5 cm margin
- Lines should be numbered.
- Use a normal, plain font (e.g., 12-point Times Roman) for text.
- Automatic page numbering (bottom) should be used to number the pages in manuscript.

5. Headings:

Please avoid using more than three levels of displayed headings.

6. Symbols and Abbreviations:

With respect to symbols in the manuscript, System International (SI) should be used. Abbreviations should be defined at first mention and used consistently thereafter.

7. Footnotes:

Footnotes to the text are numbered consecutively; those to tables should be indicated by superscript lower-case letters (or asterisks for significance values and other statistical data).

8. Acknowledgments:

Acknowledgments of people involved, national or international grants and/or funds, etc. should be placed in a separate section (both in regular article and short communications) before the reference list. The names of funding organizations should be written in full, abbreviation should be avoided.

9. Conflict of interest:

This note should be added in a separate section before the reference list after the acknowledgment. If there exist no conflict, the authors should state no conflict of interest. All benefit from a commercial party, either directly or indirectly to the contents of this manuscript or any of the authors/co-authors must be recognized.

10. References: double-spaced

A. In the text, the references should be cited as: Steriti (2010) or (Steriti, 2010), Zhu and Qian (2006) or (Zhu and Qian, 2006), Zovka et al. (2010) or (Zovka et al., 2010).

If there is more than one citation to correspond to author's statement, each reference should be separated as (Zhu and Qian, 2006; Steriti, 2010; Zovka et al., 2010).

B. All the references cited in the text should be written at the end of manuscript and must be arranged alphabetically as follows:

Steriti R (2010). Berberine for Diabetes Mellitus Type 2. *Nat. Med. J.* 2(10): 5 - 6.

Zhu F, Qian C (2006). Berberine chloride can ameliorate the spatial memory impairment and increase the expression of interleukin-1beta and inducible nitric oxide synthase in that model of Alzheimer's disease. *BMC Neurosci.* 7: 78.

Zovko KM, Kremer D, Karlović K, Kosalec I (2010). Evaluation of antioxidant activities and phenolic content of *Berberis vulgaris* L. and *Berberis croatica* Horvat. *Food. Chem. Toxic.* 48(8-9): 2176 - 2180.

Authors are encouraged to avoid citation of books, monographs, proceedings or thesis.

11. Tables and Figures:

- Arabic numerals should be used to number the tables.
- Tables should always be cited in text in consecutive numerical order.
- For each table, please provide a title describing the components of the table.
- Footnotes to tables should be indicated by superscript lower-case letters (or asterisks for significance values and other statistical data) and included beneath the table body.
- **Figures:** should be sent in ppt file with each figure in a separate slide with its corresponding legends.

Best wishes!